



Dear New Parent:

CONGRATULATIONS on the newest addition to your family! Having a baby is one of life's greatest blessings but it can also be a challenge. That's why the H.A.N.D.S. (*Health Access; Nurturing Development Services*) program exists. H.A.N.D.S. is a **voluntary** researched based education program for parents that are interested in learning about their child's brain, motor, social and emotional development and so much more.

H.A.N.D.S. offers:

- Support for your growing family that respects YOUR values
- Activities designed to promote optimal child development targeted to YOUR goals
- Wal-Mart gift card incentives!
- Professional staff that are trained in the most up-to-date parenting techniques
- Developmental screens to make sure your baby is on track
- Opportunities to meet other H.A.N.D.S. families
- And many more learning opportunities!!!

In addition to all of that, participation with our program is **FREE** regardless of income or insurance coverage.

_____ I am either pregnant or my baby is 12 weeks of age or younger. I am interested in knowing more about how the HANDS program can help me and my family. I give consent that someone from the program may contact me soon. If I live outside of Montgomery County, I give permission for this form to be sent to the Health Department in the county in which I reside.

_____ I am a first time parent or my partner is a first time parent. (Have never had a child or have parented them less than one year.

_____ My partner and I have had children and we have parented them a year or longer.

Mom/Baby: EDC/DOB: _____ County Baby Delivered: _____

Parent Name: _____

Parent Signature: _____ Date: _____

Address: _____ City, State, Zip: _____

Phone Number: _____ Alternate Phone Number: _____