

Montgomery County
Health Department



Your partner for a healthy community

2022-2025

COMMUNITY HEALTH ASSESSMENT



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MONTGOMERY COUNTY HEALTH DEPARTMENT

OUR VISION

Your partner for a healthy community.

OUR MISSION

Committed to protecting and improving the health of our community.

OUR VALUES

*Stewardship, Teamwork, **R**espect, **I**ntegrity, **V**ision, **E**xcellence*



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OVERVIEW/METHODOLOGY

WHAT IS A COMMUNITY HEALTH ASSESSMENT?

A community health assessment (CHA) provides the groundwork for setting priorities, planning, program development, policy changes, coordination of community resources, funding applications, and mobilizing community resources and assets to address health issues. The information collected from the CHA leads to the creation of a community health improvement plan (CHIP), which guides the health department, local partners/stakeholders, and policymakers on improving the health of our community.



OVERVIEW/METHODOLOGY

METHODOLOGY - HOW DID WE CREATE THE CHA?

This most recent version of Montgomery County Health Department's CHA was created using multiple data sources and types of data. We collected our own qualitative and quantitative data, researched secondary data from a variety of sources, and utilized elements of NACCHO's* MAPP 2.0.

Mobilizing for Action through Planning and Partnerships (MAPP) version 2.0 is a community-driven strategic planning process used to improve community health and achieve health equity.

DATA DEFINITIONS

This report contains both **Primary Data** and **Secondary Data**.

- Primary Data is information that was collected by MCHD first-hand. Our Primary Data sources include:
 - 2022 Community Health Survey
 - 2025 Photovoice Project on Community Health
 - 2025 MAPP Community Partner Assessment (CPA)
- Secondary Data is data about Montgomery County that was collected by another source.
 - Examples of Secondary Data sources used in this report are:
 - U.S. Census Bureau
 - American Community Survey
 - County Health Rankings
 - Centers for Disease Control and Prevention (CDC)
 - Kentucky Cancer Registry

*NACCHO - National Association of County and City Health Officials

COMMUNITY PARTNERS

THANK YOU TO OUR COMMUNITY PARTNERS!

Our community partners participated in one or more of the following ways:

- Provided us with community health-related information either through:
 - sharing quantitative data
 - sharing qualitative data
 - and/or completing the MAPP CPA
- Helped us reach more participants for our Community Health Survey
- Thank you to **Sterling Health Care**, who helped us develop the Community Health Survey and sponsored our participation prizes

COMMUNITY PARTNERS LIST

- City of Mt. Sterling
- Downtown Athletic Club
- DuBois Community Center
- Gateway Community Action
- Gateway Regional Arts Center
- KDMK, Cabinet Works, Nestle
- Montgomery County ASAP Board
- Montgomery County Department of Community-Based Services
- Montgomery County Farmer's Market
- Montgomery County Fire/EMS
- Montgomery County Fiscal Court
- Montgomery County Homeless Coalition
- Montgomery County Public Library
- Montgomery County Regional Jail
- Montgomery County Schools
- Montgomery County Senior Center
- Montgomery County Sheriff's Office
- Morehead State University (Mt. Sterling Campus)
- Mt. Sterling Clinic
- Mt. Sterling Police Department
- Mt. Sterling/Montgomery County Parks and Recreation
- Pathways, Inc.
- Shepherd's Shelter/Ross Rehab
- Sterling Community Food Coalition
- Sterling Health Care
- Target4 - UK Healthcare
- University of Kentucky College of Public Health
- Walmart, Save-A-Lot, Kroger



MONTGOMERY COUNTY DEMOGRAPHICS

MONTGOMERY COUNTY DEMOGRAPHICS

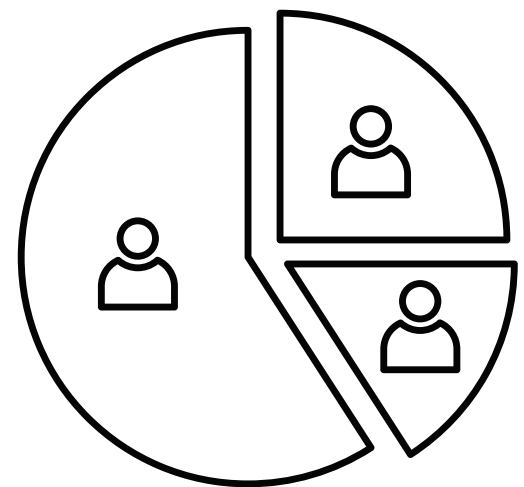
POPULATION

Per the 2020 U.S. Census, Montgomery County, Kentucky had a population of **28,114**.¹

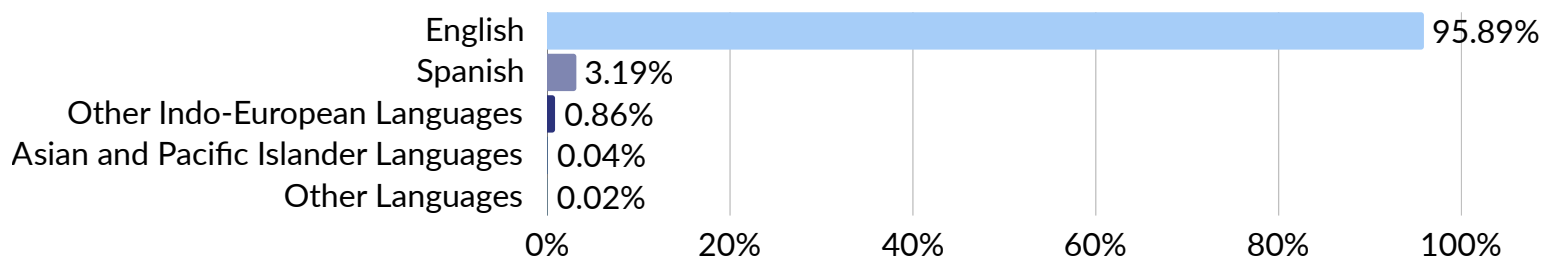
POPULATION BY RACE AND ETHNICITY¹

Race	Percent of Population
White	90.94%
Two or more races	4.46%
Black or African American	2.21%
Some other race	1.66%
Asian	0.52%
American Indian and Alaska Native	0.20%
Native Hawaiian and Other Pacific Islander	< .005%
Total	100%

Ethnicity	Percent of Population
Not Hispanic or Latino	96.71%
Hispanic or Latino	3.29%
Total	100%



LANGUAGES SPOKEN AT HOME²

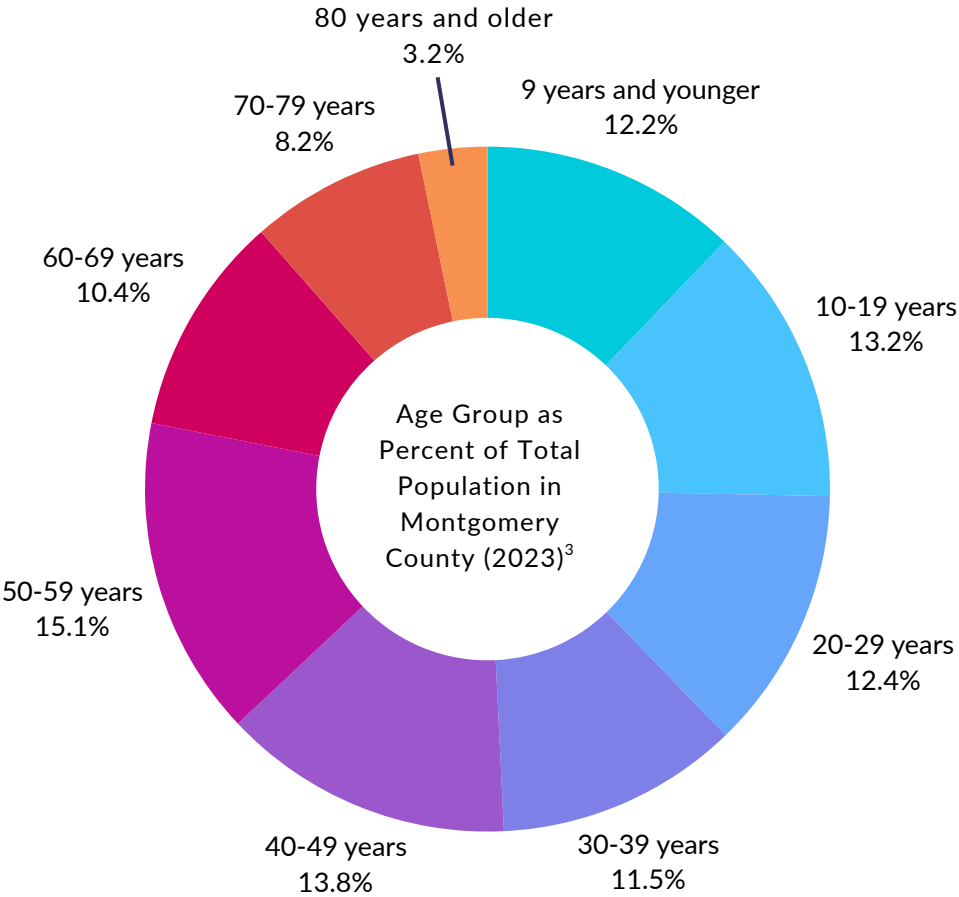


MONTGOMERY COUNTY DEMOGRAPHICS

POPULATION BY AGE

In 2023, the median age in Montgomery County was 40.6 years.³ By comparison, Kentucky's median age was 39.2 years.³ A further breakdown of percent of population by age can be seen in the chart on the right.

17.4% of Montgomery County's population are 65 years old or older.³ For all of Kentucky, 17.8% of the population are 65 years old or older.³

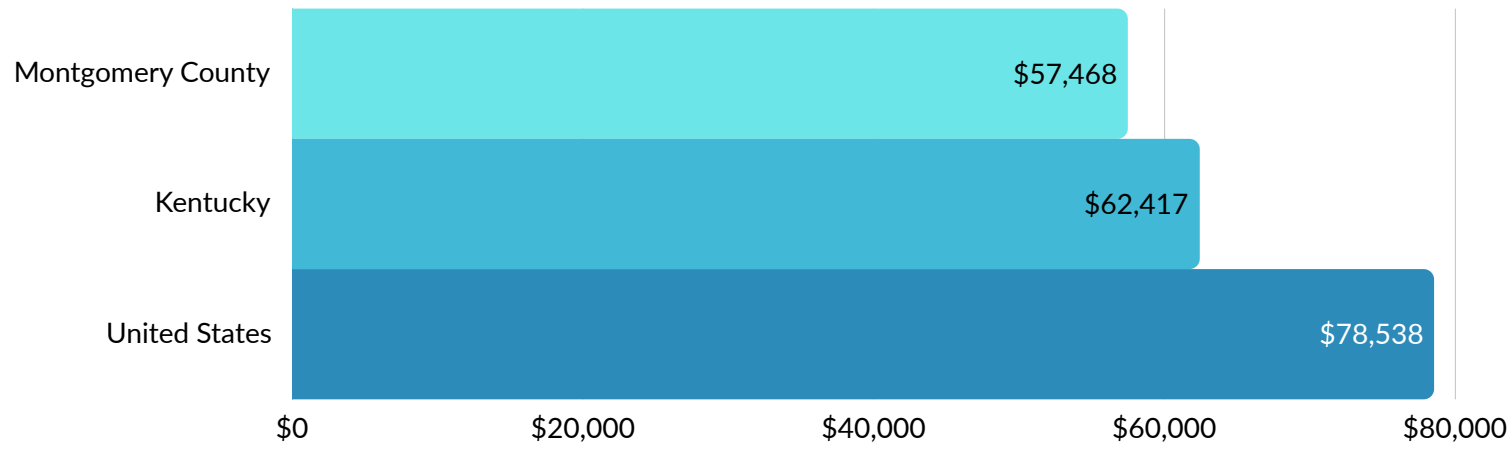


MONTGOMERY COUNTY DEMOGRAPHICS

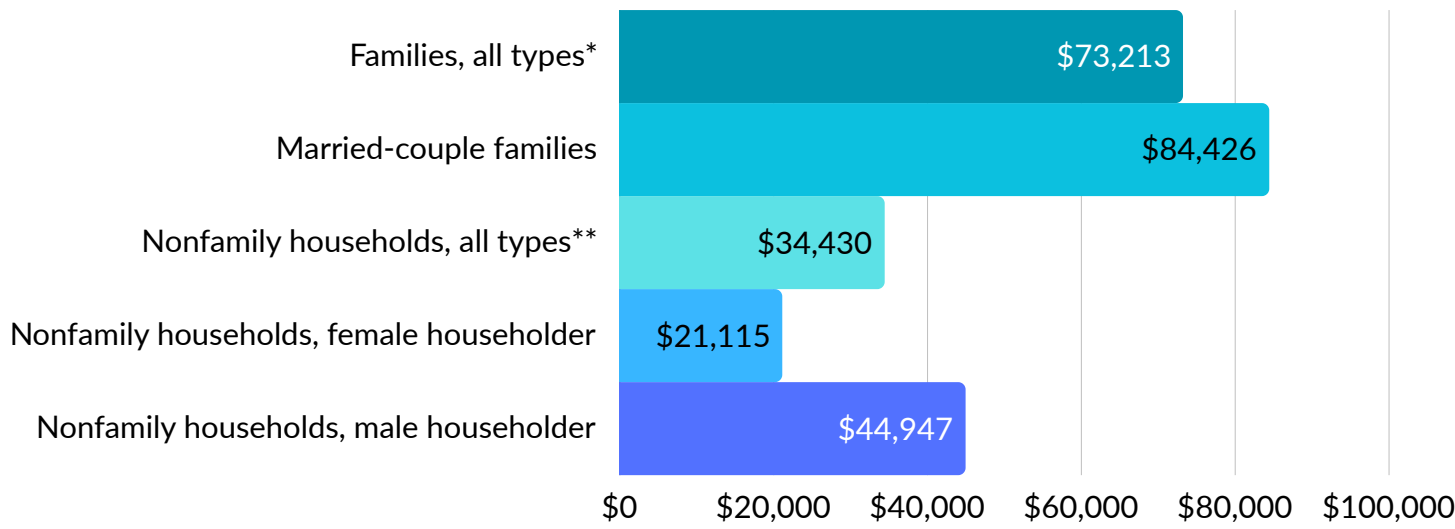
INCOME

The median household income for Montgomery County was **\$57,468** in 2023.⁴ Kentucky’s median household income was **\$62,417**.⁴

Median Household Income (2023)⁴



Median Household Income by Household Type (2023)⁵



*"Families, all types" includes sub-categories of families with own children of householder under 18 years old, families with no own children of householder under 18 years old, married-couple families, female householder with no spouse present, male householder with no spouse present⁵

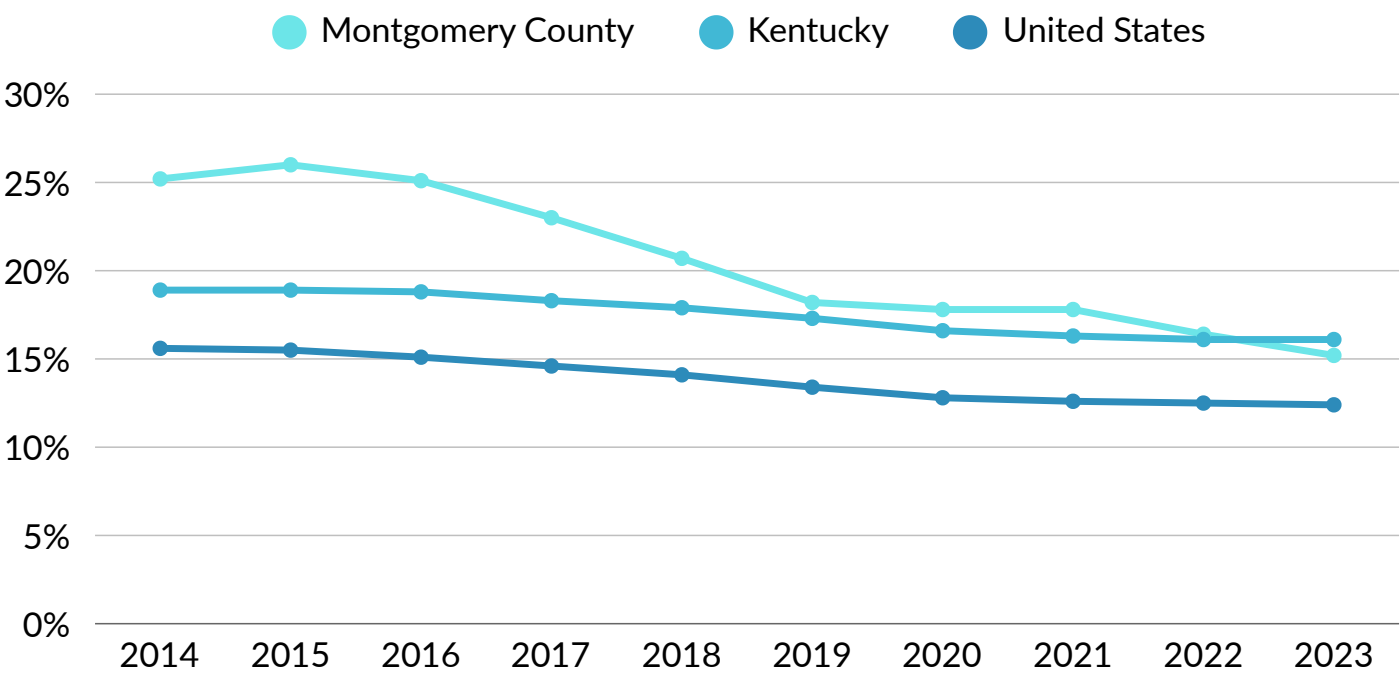
**"Nonfamily households, all types" includes sub-categories of female householders (living alone and not living alone) and male householders (living alone and not living alone)⁵

MONTGOMERY COUNTY DEMOGRAPHICS

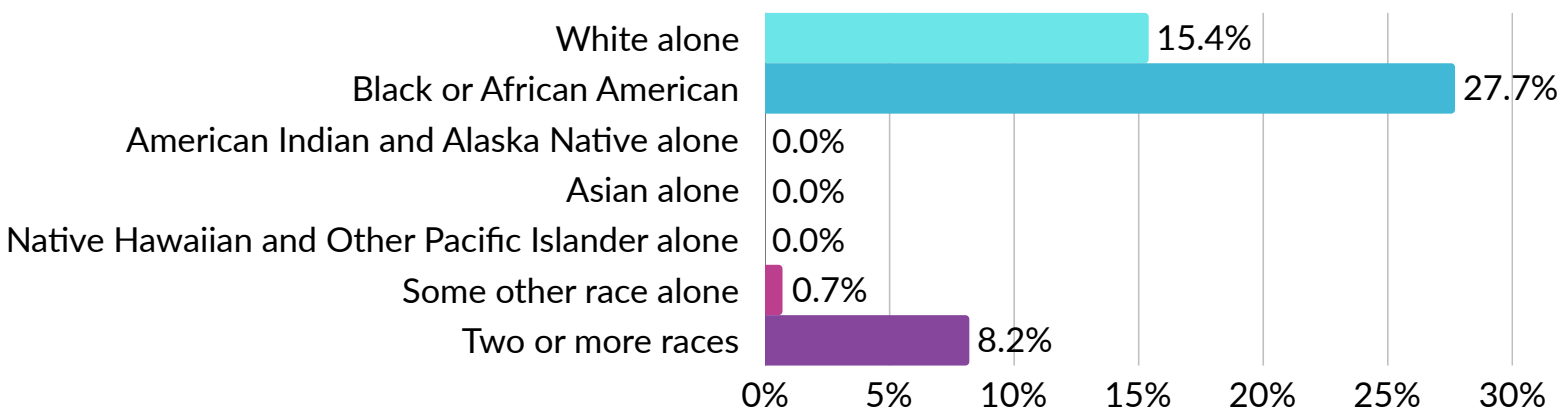
POVERTY

15.2% of Montgomery County’s population were living in poverty in 2023.⁷ There has been a downward trend in Montgomery County’s overall poverty level over the past 10 years between 2014 and 2023.⁷ **15.6%** of children (under 18 yrs) and **17.4%** of seniors (age 65+) in Montgomery County were living in poverty in 2023.⁷

Percent of Population living below poverty level in the last 12 months⁷



Percent of Montgomery County Population in Poverty by Race (2023)⁷



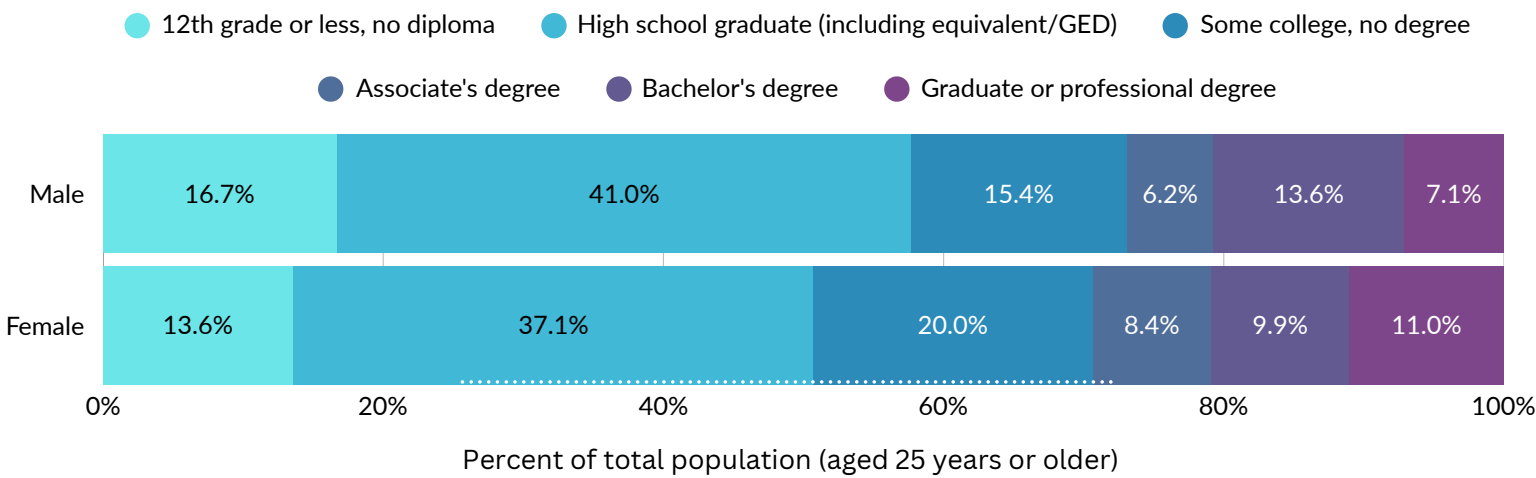
MONTGOMERY COUNTY DEMOGRAPHICS

EDUCATION

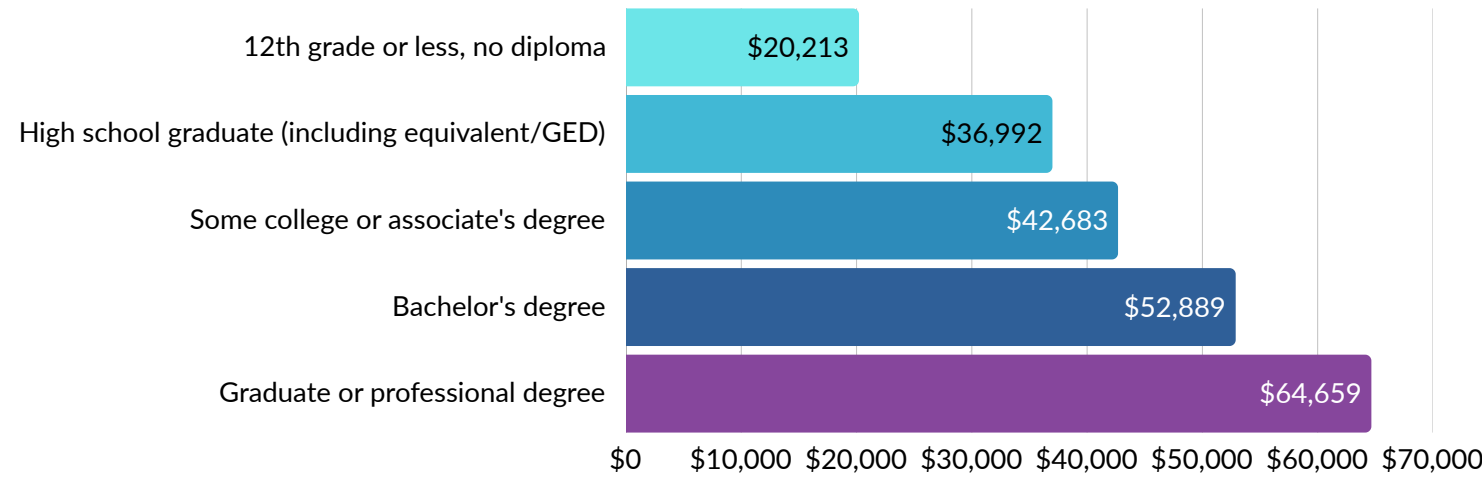
In Montgomery County:

- **83.3%** of males and **86.4%** of females have a high school diploma or higher level of education⁸.
- **92%** of high schoolers graduate in 4 years⁶.
- On standardized testing, third-graders scored a **3.1 on average in reading** and a **3.0 on average in math**⁶. A score of 3.0 means that students performed at grade-level for the subject.

Educational Attainment by Gender (in population aged 25 years or older)⁸



Median Annual Income by Educational Attainment (in population aged 25 years or older)⁸





HOW DOES WHERE YOU LIVE AFFECT YOUR HEALTH?

MONTGOMERY COUNTY HEALTH DATA

MONTGOMERY COUNTY HEALTH DATA

MONTGOMERY COUNTY - COUNTY HEALTH RANKINGS

The following tables show health data for Montgomery County, Kentucky, and the United States from County Health Rankings' 2024 data set.⁶ A blank box indicates that there was unreliable or missing data for the measure.

Health Outcomes	Montgomery County	Kentucky	United States
Length of Life			
Premature Death	12200	11100	8000
Quality of Life			
Poor or Fair Health	22%	21%	14%
Poor Physical Health Days	4.7	4.5	3.3
Poor Mental Health Days	5.5	5.5	4.8
Low Birthweight	9%	9%	8%
Additional Health Outcomes			
Life Expectancy	72.6	74	77.6
Premature Age-Adjusted Mortality	610	540	390
Child Mortality	40	60	50
Infant Mortality	9	6	6

MONTGOMERY COUNTY HEALTH DATA

COUNTY HEALTH RANKINGS DATA (CONT.)

Health Outcomes	Montgomery County	Kentucky	United States
Additional Health Outcomes (cont.)			
Frequent Physical Distress	15%	14%	10%
Frequent Mental Distress	20%	18%	15%
Diabetes Prevalence	11%	12%	10%
HIV Prevalence	127	215	382

Health Factors	Montgomery County	Kentucky	United States
Health Behaviors			
Adult Smoking	24%	20%	15%
Adult Obesity	42%	41%	34%
Food Environmental Index	7.1	6.8	7.7
Physical Inactivity	32%	30%	23%
Access to Exercise Opportunities	32%	70%	84%
Excessive Drinking	15%	15%	18%

MONTGOMERY COUNTY HEALTH DATA

COUNTY HEALTH RANKINGS DATA (CONT.)

Health Factors	Montgomery County	Kentucky	United States
Health Behaviors (cont.)			
Alcohol-Impaired Driving Deaths	11%	26%	26%
Sexually Transmitted Infections	322.5	410.3	495.5
Teen Births	42	26	17
Food Insecurity	15%	13%	10%
Limited Access to Healthy Foods	6%	6%	6%
Drug Overdose Deaths	65	43	27
Insufficient Sleep	39%	39%	33%
Clinical Care			
Uninsured	7%	7%	10%
Primary Care Physicians	2020:1	1600:1	1330:1
Dentists	1890:1	1500:1	1360:1
Mental Health Providers	210:1	340:1	320:1

MONTGOMERY COUNTY HEALTH DATA

COUNTY HEALTH RANKINGS DATA (CONT.)

Health Factors	Montgomery County	Kentucky	United States
Clinical Care (cont.)			
Preventable Hospital Stays	2976	3457	2681
Mammography Screening	42%	42%	43%
Flu Vaccinations	47%	44%	46%
Uninsured Adults	8%	8%	12%
Uninsured Children	4%	4%	5%
Other Primary Care Providers	560:1	550:1	760:1
Social & Economic Factors			
High School Completion	85%	88%	89%
Some College	54%	63%	68%
Unemployment	4.5%	3.9%	3.7%
Children in Poverty	18%	21%	16%
Income Inequality	4.8	4.9	4.9
Children in Single-Parent Households	26%	25%	25%

MONTGOMERY COUNTY HEALTH DATA

COUNTY HEALTH RANKINGS DATA (CONT.)

Health Factors	Montgomery County	Kentucky	United States
Social & Economic Factors (cont.)			
Social Associations	8.2	10.2	9.1
Injury Deaths	114	106	80
High School Graduation	92%	91%	86%
Disconnected Youth		8%	7%
Reading Scores	3.1	3.1	3.1
Math Scores	3.0	3.0	3.0
School Segregation	0.02	0.2	0.24
School Funding Adequacy	-\$966	-\$872	\$634
Gender Pay Gap	0.74	0.79	0.81
Median Household Income	\$55,900	\$59,200	\$74,800
Living Wage	\$36.97	\$40.44	
Children Eligible for Free or Reduced-Price Lunch	56%	57%	51%
Residential Segregation - Black/White	49	62	63

MONTGOMERY COUNTY HEALTH DATA

COUNTY HEALTH RANKINGS DATA (CONT.)

Health Factors	Montgomery County	Kentucky	United States
Social & Economic Factors (cont.)			
Child Care Cost Burden	23%	26%	27%
Child Care Centers	8	6	7
Homicides		7	6
Suicides	14	17	14
Firearm Fatalities	14	18	13
Motor Vehicle Crash Deaths	19	18	12
Juvenile Arrests	11	15	
Voter Turnout	60.4%	63.5%	67.9%
Census Participation	69.8%		65.2%
Physical Environment			
Air Pollution - Particulate Matter	8.1	8.2	7.4
Drinking Water Violations	Yes		
Severe Housing Problems	12%	13%	17%

MONTGOMERY COUNTY HEALTH DATA

COUNTY HEALTH RANKINGS DATA (CONT.)

Health Factors	Montgomery County	Kentucky	United States
Physical Environment (cont.)			
Driving Alone to Work	86%	79%	72%
Long Commute - Driving Alone	38%	31%	36%
Traffic Volume	33	75	108
Homeownership	66%	68%	65%
Severe Housing Cost Burden	11%	12%	14%
Broadband Access	88%	86%	88%

The description of every data measure referenced in this chart can be found here:

[Link: 2024 Montgomery, KY County Health Rankings & Road Maps](https://www.countyhealthrankings.org/health-data/kentucky/montgomery?year=2024)

URL: <https://www.countyhealthrankings.org/health-data/kentucky/montgomery?year=2024>

SOCIAL DETERMINANTS OF HEALTH

WHAT ARE THE SOCIAL DETERMINANTS OF HEALTH (SDOH)?

Social determinants of health are “conditions in the environments where people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks”⁹. SDoH are divided into 5 domains: economic stability, education access and quality, healthcare access and quality, neighborhood and built environment, and social and community context⁹. For more examples of the SDoH and how to measure them, please see [Appendix A](#). This CHA describes several SDoH measures for Montgomery County.

Social Determinants of Health



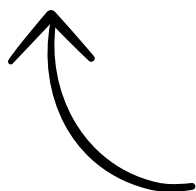
Social Determinants of Health
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 Healthy People 2030

SDOH, NEIGHBORHOODS, AND HEALTH

ZIP CODE AND HEALTH

Research shows that there is a strong correlation between where you live and your health outcomes.^{11,12} **In fact, your zip code is often a stronger predictor of your overall health than other factors, including genetics.**¹² Life expectancy can vary over **20 years** between different neighborhoods, even if they are only a few miles apart.^{11,13} In Jefferson County, KY, for example, there is a 15-year difference in life expectancy between the west end (67 years) and the east end (82 years) of the county.¹³ Your neighborhood is responsible for many of the social determinants of health in your life, such as the quality of the air you breathe, the level of crime you're exposed to, your access to high-quality schools, health care, and healthy foods, among numerous other factors that impact health.

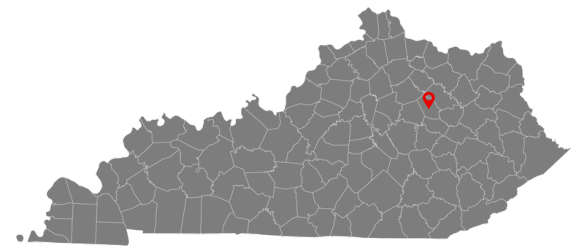


The Robert Wood Johnson Foundation has an online tool where you can enter your zip code (or even your home address) and get information about the life expectancy for your neighborhood, compared to state and national averages.¹⁴ This image shows the results for zip code 40353.

HEALTH AND GEOGRAPHICAL LOCATION

BREAKING DOWN HEALTH DATA BY LOCATION

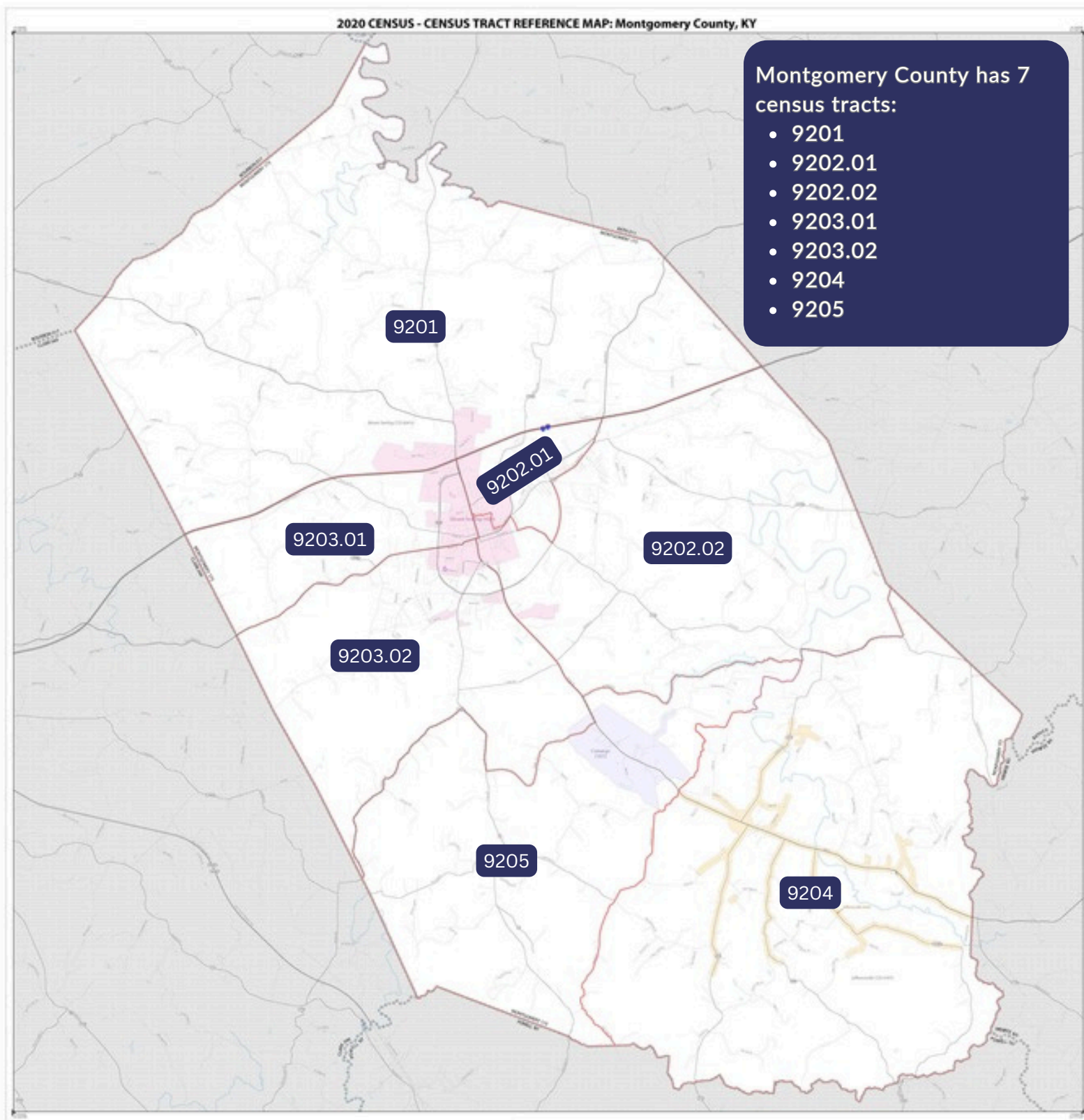
Considering the impact of neighborhood/zip code on health, it can be beneficial to analyze health status, health behaviors, health outcomes, and other SDoH according to geographical location. The U.S. Census Bureau and Centers for Disease Control and Prevention (CDC) collect and share a large quantity of data that is categorized by location, including state, county, and city-level information. This data is even further categorized into census tracts. Comparing health information and SDoH along census tracts can help us better understand what areas of our community could benefit from targeted public health initiatives. If certain census tracts show greater disparities, then we can investigate those regions more closely to determine what can be done to reduce those disparities and improve the health and well-being of our community members.



U.S. CENSUS BUREAU - WHAT ARE CENSUS TRACTS?

Census tracts are small, statistical subdivisions of a county.¹⁷ Census tracts usually include a population between 1,200 and 8,000 people.¹⁷ The physical size of census tracts can vary greatly because census tracts are created based on the density of the population, not the size of the area.¹⁷ Census tracts usually remain the same over long periods of time so that comparisons can be made from census to census.¹⁷ However, census tracts can be split or merged due to changes in population.¹⁷

MONTGOMERY COUNTY CENSUS TRACTS



CENSUS TRACTS AND HEALTH STATUS

HEALTH COMPARISONS

The data points for health status, health behaviors, health outcomes, and certain SDoH elements for the 7 census tracts in Montgomery County are displayed in tables on the upcoming pages. **Red** numbers represent the census tract with the “unhealthiest score” for that measure, while **green** numbers represent the census tract with the “healthiest score” for that measure. *This is a comparison between the Montgomery County census tracts only, and a green “score” does not necessarily indicate an optimal data point for the measure. Likewise, a red “score” does not necessarily indicate a poor data point for the measure.*

UNDERSTANDING THE DATA

The data in the following tables comes from CDC PLACES. PLACES stands for Population Level Analysis and Community ESTimates, and provides estimates of health-related data for smaller areas, such as census tracts.^{19,20} Unless otherwise noted, all the data points in the tables are **crude prevalence rates**, indicated by a “%” symbol in the “Measure” column.

- **Prevalence:** The proportion of a population who have a specific characteristic in a given time period.²¹
 - Example: The number of people who had diabetes in Kentucky in 2020.
- **Crude rate:** The total number of people with a given characteristic, divided by the total number of people living in a specific area/region, and then multiplied by a constant.^{22,23} Constants are a multiple of 10, and typical constants used for public health rates include 100, 1,000, 10,000, or 100,000.^{22,23} **Crude rates are helpful for figuring out the burden of disease,** and/or total number of residents with that specific characteristic.^{22,23} However, crude rates do not account for differences in age or sex. Conditions often occur at different rates among different age groups or different sexes, so *adjusted rates* are often used to see those differences.^{22,23} The CDC PLACES data for census tracts are provided as crude rates.

HEALTH STATUS

WHAT IS HEALTH STATUS?

Health status is a measure of someone's perceived condition of their mental, physical, and/or emotional health and is considered a good assessment of their overall well-being.²⁴ Health status is also a predictor of health outcomes such as mortality, morbidity, and functional status.²⁴ Health status may be rated as *excellent*, *very good*, *good*, *fair*, or *poor*.²⁴ Health status can also be measured at the population level, which includes factors such as life expectancy, birth and death rates, morbidity of specific diseases and conditions, environmental factors, and percent of people who have health insurance coverage, among other factors.²⁵

			Montgomery County Census Tracts (CT)						
Indicator	Measure	Year	CT 9201	CT 9202.01	CT 9202.02	CT 9203.01	CT 9203.02	CT 9204	CT 9205
Health Status	(%) Adults self-rating health status as "fair" or "poor"	2022	18.2	23	28.3	26.6	23.9	24.9	26.1
	(%) Adults reporting mental health was not good for 14 or more days of the past 30 days	2022	15	18.9	20.3	19.2	18.4	19	18.4
	(%) Adults reporting physical health was not good for 14 or more days of the past 30 days	2022	13.3	15.7	18.4	17.5	16.4	17	17.7

^Above measures are data from CDC PLACES.²⁶

HEALTH OUTCOMES AS A MEASURE OF HEALTH STATUS

WHAT ARE HEALTH OUTCOMES?

Health outcomes are a measurable change in health status resulting from an individual's (or population's) lifestyle behaviors, choices, interventions, and/or treatments.²⁷

			Montgomery County Census Tracts (CT)						
Indicator	Measure	Year	CT 9201	CT 9202.01	CT 9202.02	CT 9203.01	CT 9203.02	CT 9204	CT 9205
Health Outcomes	(%) All teeth lost among adults aged >=65 years	2022	15.4	20	22.8	26.4	22.6	20.6	19.4
	(%) Arthritis among adults	2022	32.4	31.7	34.5	35	35.3	34.1	36.3
	(%) Cancer (non-skin) or melanoma among adults	2022	9.3	7.9	7.9	8.9	9.5	8.6	9.2
	(%) Chronic obstructive pulmonary disease among adults	2022	8.8	10.1	12.6	12.4	11.2	11.9	12.8
	(%) Coronary heart disease among adults	2022	7.5	7.3	8.6	9.1	8.6	8.4	9.5
	(%) Current asthma among adults	2022	10.5	11.6	12.1	11.6	11.4	11.7	11.4
	(%) Depression among adults	2022	26	28.7	29.4	28.3	28.2	29.1	28.3

^Above measures are data from CDC PLACES.²⁶

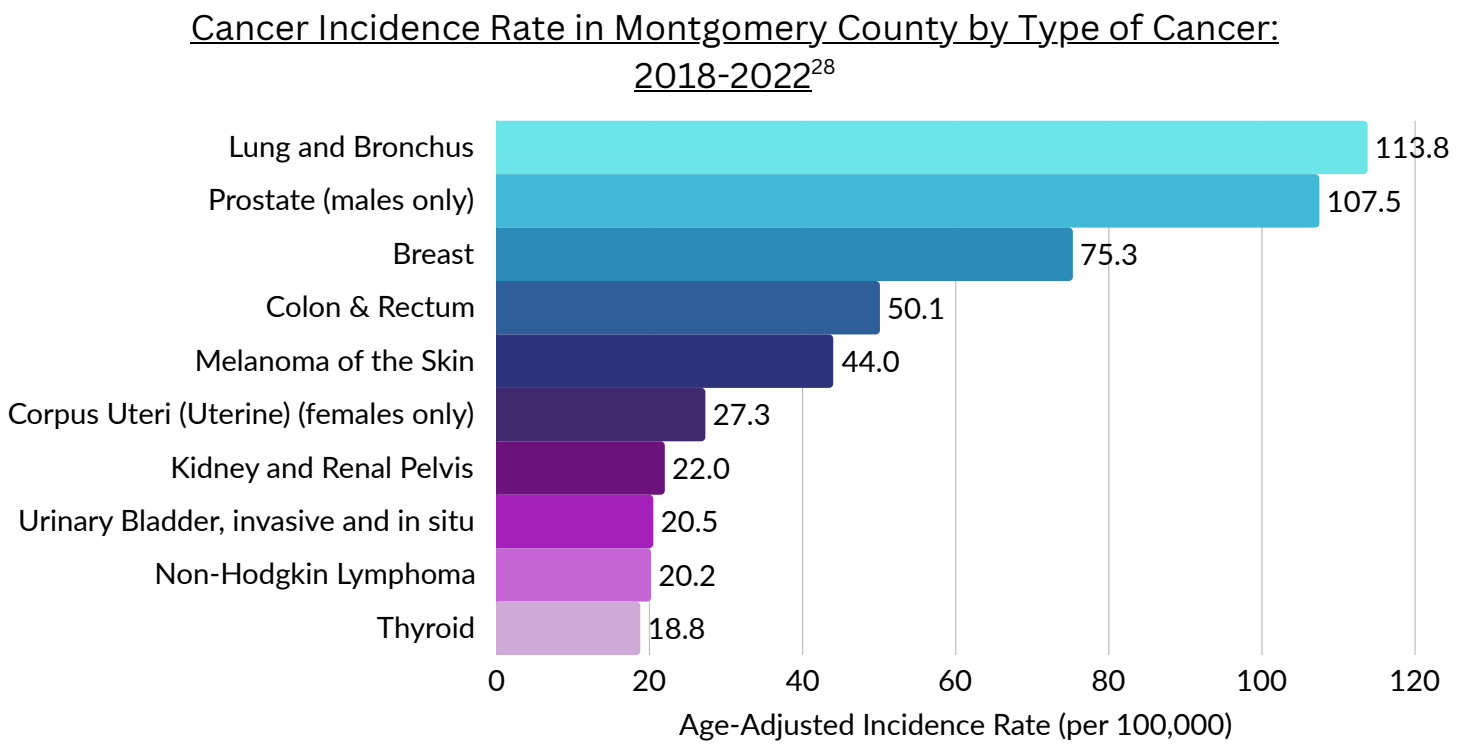
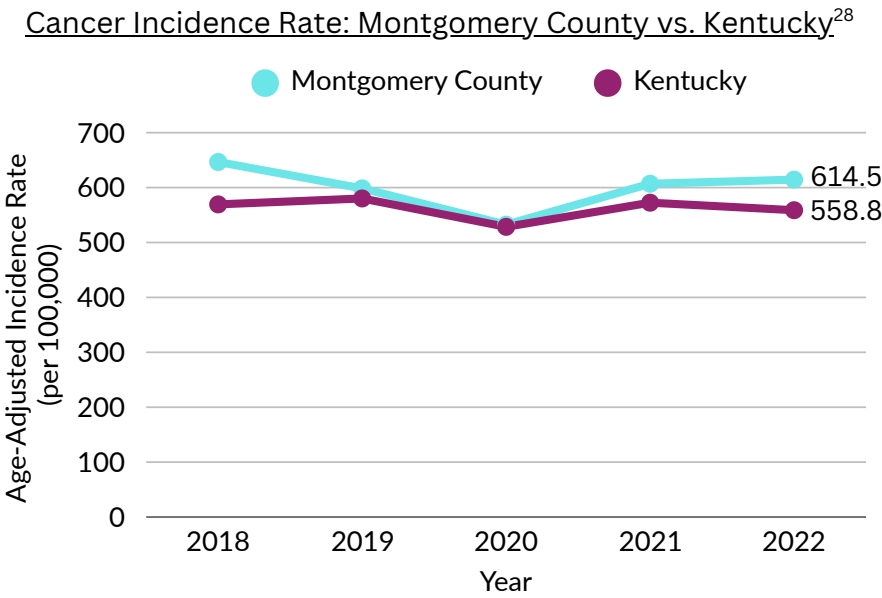
HEALTH OUTCOMES AS A MEASURE OF HEALTH STATUS

			Montgomery County Census Tracts (CT)						
Indicator	Measure	Year	CT 9201	CT 9202.01	CT 9202.02	CT 9203.01	CT 9203.02	CT 9204	CT 9205
Health Outcomes	(%) Diagnosed diabetes among adults	2022	12.3	13	15.2	14.6	14.1	13.9	15.3
	(%) High blood pressure among adults	2021	39.1	39	40.7	40.3	41.6	41.6	42
	(%) High cholesterol among adults who have ever been screened	2021	37.5	36.4	37	37.9	38.7	38.6	39.1
	(%) Obesity among adults	2022	38.9	42.4	45	42.2	42.4	42.5	43.6
	(%) Stroke among adults	2022	3.5	3.7	4.6	4.5	4.2	4.1	4.7

^Above measures are all CDC PLACES data.²⁶

CANCER

Cancer incidence rates in Montgomery County and Kentucky have followed a similar trend during the past 5 years of available data (2018-2022).²⁸ During each of the years shown, Montgomery County had a higher cancer incidence rate than Kentucky. Cancer of the lungs or bronchus have the highest incidence rate in Montgomery County, meaning these cancers made up the largest number of new cancer cases between 2018 and 2022.²⁸ Rates of certain cancers may be correlated with health behaviors, such as smoking or whether someone receives preventive care (health screenings).

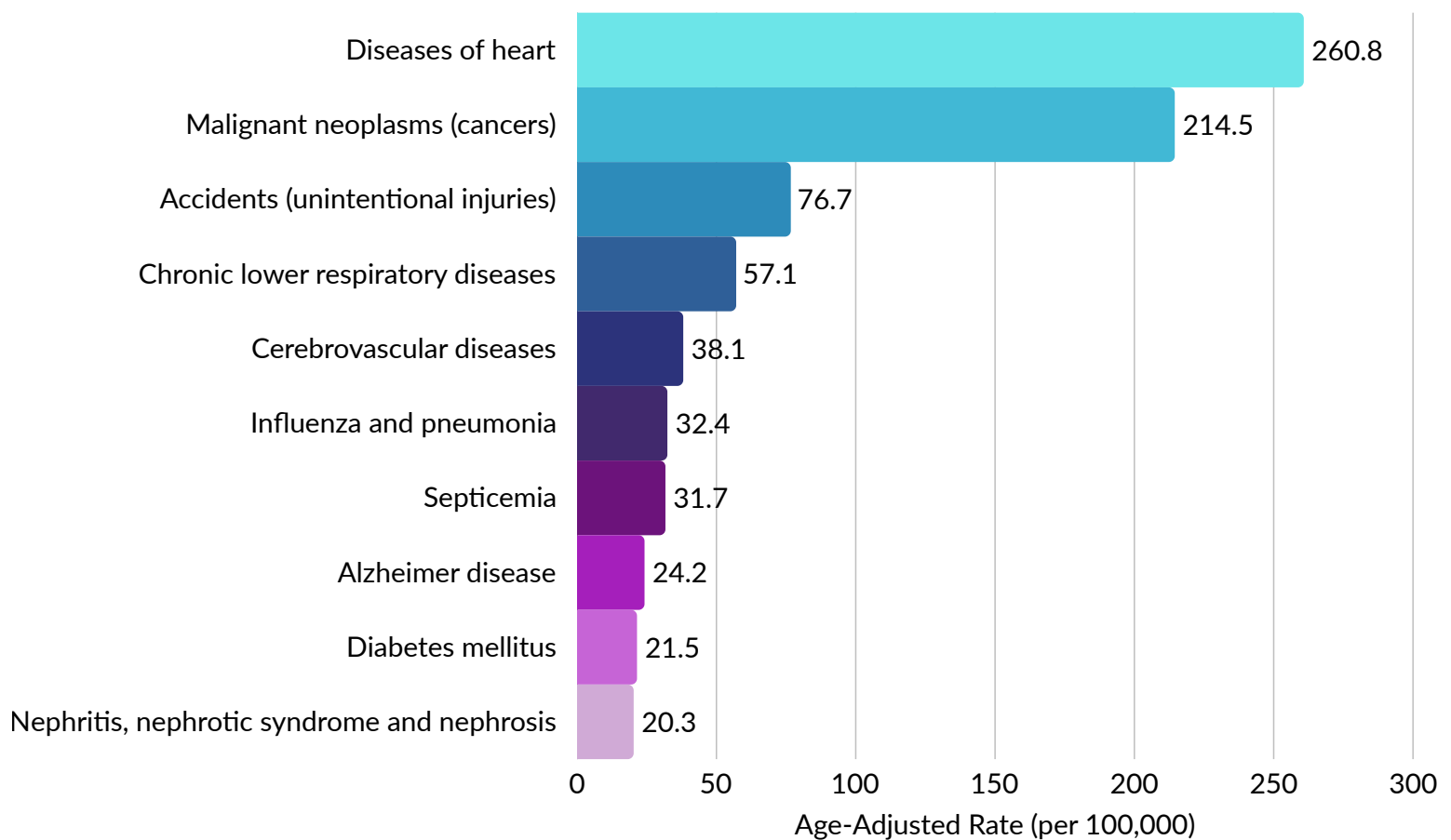


HEALTH OUTCOMES AS A MEASURE OF HEALTH STATUS

TOP 10 LEADING CAUSES OF DEATH

Between 2016 and 2020, **heart diseases** (which encompasses many conditions including, but not limited to: coronary artery disease, heart failure, cardiac arrest, and arrhythmias) were the #1 leading cause of death in Montgomery County, accounting for 260.8 deaths per 100,000 population.²⁹ **Cancers** were the 2nd leading cause of death, and then **accidents** were 3rd, with a much lower rate than heart diseases or cancers.²⁹

Top 10 Leading Causes of Death in Montgomery County, 2016-2020²⁹



HEALTH BEHAVIORS

WHAT ARE HEALTH BEHAVIORS?

Health behaviors are actions taken or choices made by individuals that affect health and/or mortality.³⁰ Health behavior decisions may not always be intentional, and they can have positive or negative effects on health.³⁰

			Montgomery County Census Tracts (CT)						
Indicator	Measure	Year	CT 9201	CT 9202.01	CT 9202.02	CT 9203.01	CT 9203.02	CT 9204	CT 9205
Health Risk Behaviors	(%) Binge drinking among adults	2022	14.3	14.3	12.9	13.2	13.1	13.9	13
	(%) Current cigarette smoking among adults	2022	14.6	20.1	24	22.3	20.3	22.1	22
	(%) No leisure-time physical activity among adults	2022	22.7	27.8	32.7	31.9	29	29.4	30.8
	(%) Sleeping less than 7 hours per night among adults	2022	37.4	41.5	42.9	41.2	40.6	41.1	41
Prevention	(%) Adults who had Cholesterol screening in past 5 years	2021	86.8	81.6	83.1	83.9	83.6	82.2	84.3
	(%) Adults aged 18-64 years without health insurance	2022	5.8	7.5	8	7.9	7.9	7.6	7.7

^Above measures are data from CDC PLACES.²⁶

HEALTH BEHAVIORS

			Montgomery County Census Tracts (CT)						
Indicator	Measure	Year	CT 9201	CT 9202.01	CT 9202.02	CT 9203.01	CT 9203.02	CT 9204	CT 9205
Prevention	(%) Adults aged 45–75 years reporting Colorectal cancer screening*	2022	67.6	64.2	63.8	63.3	65.2	62	62.2
	(%) Women aged 50-74 years reporting Mammography use in past 2 years	2022	74.1	72.2	69.9	72.6	68.2	72.1	68.8
	(%) Adults with high blood pressure currently taking medicine to control high blood pressure	2021	81.7	79.4	81	81.4	82	81.2	82.2
	(%) Adults who visited dentist or dental clinic in the past year	2022	65.9	56.7	50.3	52.7	56.4	55.4	54.4
	(%) Adults who visited to doctor for routine checkup within the past year	2022	79.8	77.5	78	77.7	79.1	77.8	79.1

*Adults aged 45–75 years who report having one of the following: a fecal occult blood test (FOBT) within the previous year, a fecal immunochemical test (FIT)-DNA test within the previous 3 years, a sigmoidoscopy within the previous 5 years, a sigmoidoscopy within the previous 10 years with a FIT in the past year, a colonoscopy within the previous 10 years, or a CT colonography (virtual colonoscopy) within the previous 5 years.³¹

^Above measures are data from CDC PLACES.²⁶

SOCIAL DETERMINANTS OF HEALTH

MEASURING SOCIAL DETERMINANTS OF HEALTH

The chart below contains data points measuring selected elements of the social determinants of health, including income, education, housing costs, food insecurity, and social support.

			Montgomery County Census Tracts (CT)						
Indicator	Measure	Year	CT 9201	CT 9202.01	CT 9202.02	CT 9203.01	CT 9203.02	CT 9204	CT 9205
Income	(\$) Median household income in the past 12 months	2019-2023	\$70,341	\$50,465	\$52,895	\$64,438	\$57,632	\$59,600	\$55,056
	Gini Index of Income Inequality*	2019-2023	0.3947	0.3935	0.3935	0.4186	0.4636	0.3992	0.3842
Education	(%) Population 25 years or older without a high school diploma/ equivalency	2019-2023	11.3	12.9	12.3	15.1	17.5	18.8	13.6
Housing	(%) Occupied housing units with complete plumbing facilities	2019-2023	100	100	100	100	100	100	99.4
	(%) Occupied housing units with complete kitchen facilities	2019-2023	99.4	95.7	100	100	100	99.4	99.4

*The Gini Index is a measure of income inequality.³³ It ranges from 0 to 1, where 0 is perfect equality (everyone receives an equal share of income) and 1 is perfect inequality (only one recipient or group receives all the income).³³

^Above measures are data from the U.S. Census Bureau.^{32,34-36}

SOCIAL DETERMINANTS OF HEALTH

			Montgomery County Census Tracts (CT)						
Indicator	Measure	Year	CT 9201	CT 9202.01	CT 9202.02	CT 9203.01	CT 9203.02	CT 9204	CT 9205
Housing	(%) Occupied housing units with no vehicle available	2019-2023	0	9.7	2.8	9.8	9.1	9.6	4.3
	(\$) Median monthly housing costs for owner-occupied housing units with a mortgage	2019-2023	\$1,420	\$1,188	\$1,266	\$1,295	\$1,098	\$1,144	\$1,145
	Percentage of owner-occupied housing units where monthly housing costs were 30% or more of household's annual income:								
	Household income: Less than \$20,000	2019-2023	8.1	2.2	4	9.1	2.9	5.1	6.3
	Household income: \$20,000 - \$34,999	2019-2023	1.5	0	4.1	1.8	1.6	2.1	3
	Household income: \$35,000 - \$49,999	2019-2023	1.1	4.6	8.9	2.8	2.4	0.8	3.4
	Household income: \$50,000 - \$74,999	2019-2023	1.8	0.6	0.1	0	2.5	1.8	0
	Household income: \$75,000 or more	2019-2023	2.2	0.4	0	0	1.2	0	0

^Above measures are data from the U.S. Census Bureau.³⁶⁻³⁸

SOCIAL DETERMINANTS OF HEALTH

			Montgomery County Census Tracts (CT)						
Indicator	Measure	Year	CT 9201	CT 9202.01	CT 9202.02	CT 9203.01	CT 9203.02	CT 9204	CT 9205
Housing	Percentage of renter-occupied housing units where monthly housing costs were 30% or more of household's annual income:								
	Household income: Less than \$20,000	2019-2023	0	5.9	9.8	2.9	4.4	1	4.7
	Household income: \$20,000 - \$34,999	2019-2023	3.4	3.4	3.3	6.1	2.4	0.7	0.2
	Household income: \$35,000 - \$49,999	2019-2023	0	0	0.4	0	0.7	0.1	0.4
	Household income: \$50,000 - \$74,999	2019-2023	0	0	0	0	0	0	0
	Household income: \$75,000 or more	2019-2023	0	0	0	0	0	0	0
	(#) Households with no internet access	2019-2023	118	118	100	119	340	206	100
Health-related Social Needs	(%) Feeling socially isolated among adults	2022	30.9	34.9	34	33.8	33	34.2	32.1
	(%) Food insecurity in the past 12 months among adults	2022	10.6	18.3	20.9	16.9	16.6	17.4	16.5
	(%) Received food stamps in the past 12 months among adults	2022	9.2	17.3	22.4	15.8	16.1	16.3	17.1

^Above measures are data from the U.S. Census Bureau and CDC PLACES.^{26,38,39}

SOCIAL DETERMINANTS OF HEALTH

			Montgomery County Census Tracts (CT)						
Indicator	Measure	Year	CT 9201	CT 9202.01	CT 9202.02	CT 9203.01	CT 9203.02	CT 9204	CT 9205
Health-related Social needs	(%) Housing insecurity in the past 12 months among adults	2022	8.8	14.2	15.1	12.6	11.8	12.6	12.1
	(%) Lack of reliable transportation in the past 12 months among adults	2022	6.4	10	11.2	9.5	9	9.5	8.9
	(%) Lack of social and emotional support among adults	2022	20.7	25.3	24.4	24.2	23.2	24.4	22.5
	(%) Utility services shut-off threat in the past 12 months among adults	2022	6.6	10.3	11.7	9.2	8.7	9.4	9.3

^Above measures are data from CDC PLACES.²⁶

OBSERVATIONS

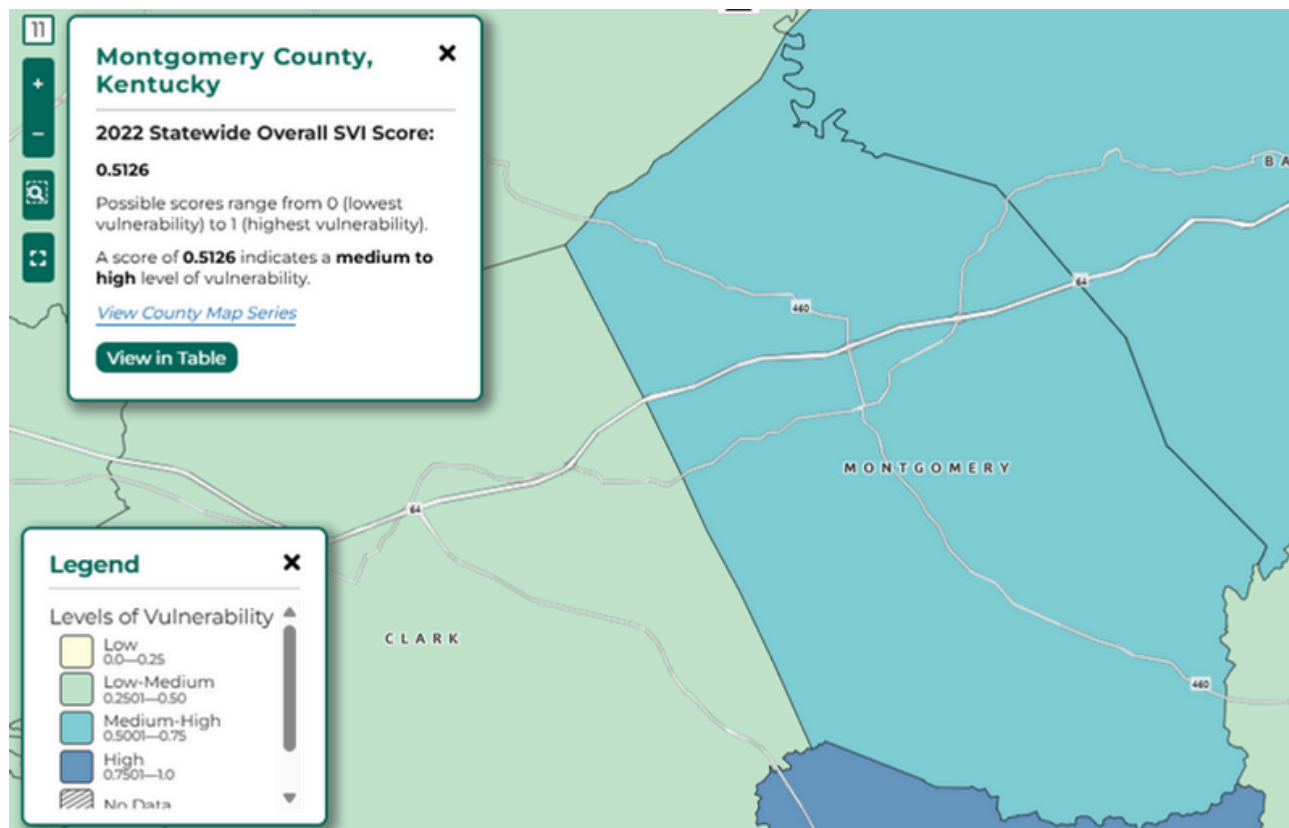
- CT9201 has the greatest number of green “scores” overall, indicating generally better health outcomes than other areas of the county.
- CT9202.02 has the greatest number of red “scores” overall, indicating generally poorer health outcomes than other areas of the county.
- CT9205 has the greatest level of income equality in the county, according to the Gini Index.

These “scores” can give us a starting point to investigate why the differences in health outcomes exist, such as the amount of accessible resources and/or quality of accessible resources in a particular area.

SOCIAL VULNERABILITY INDEX

SOCIAL VULNERABILITY INDEX

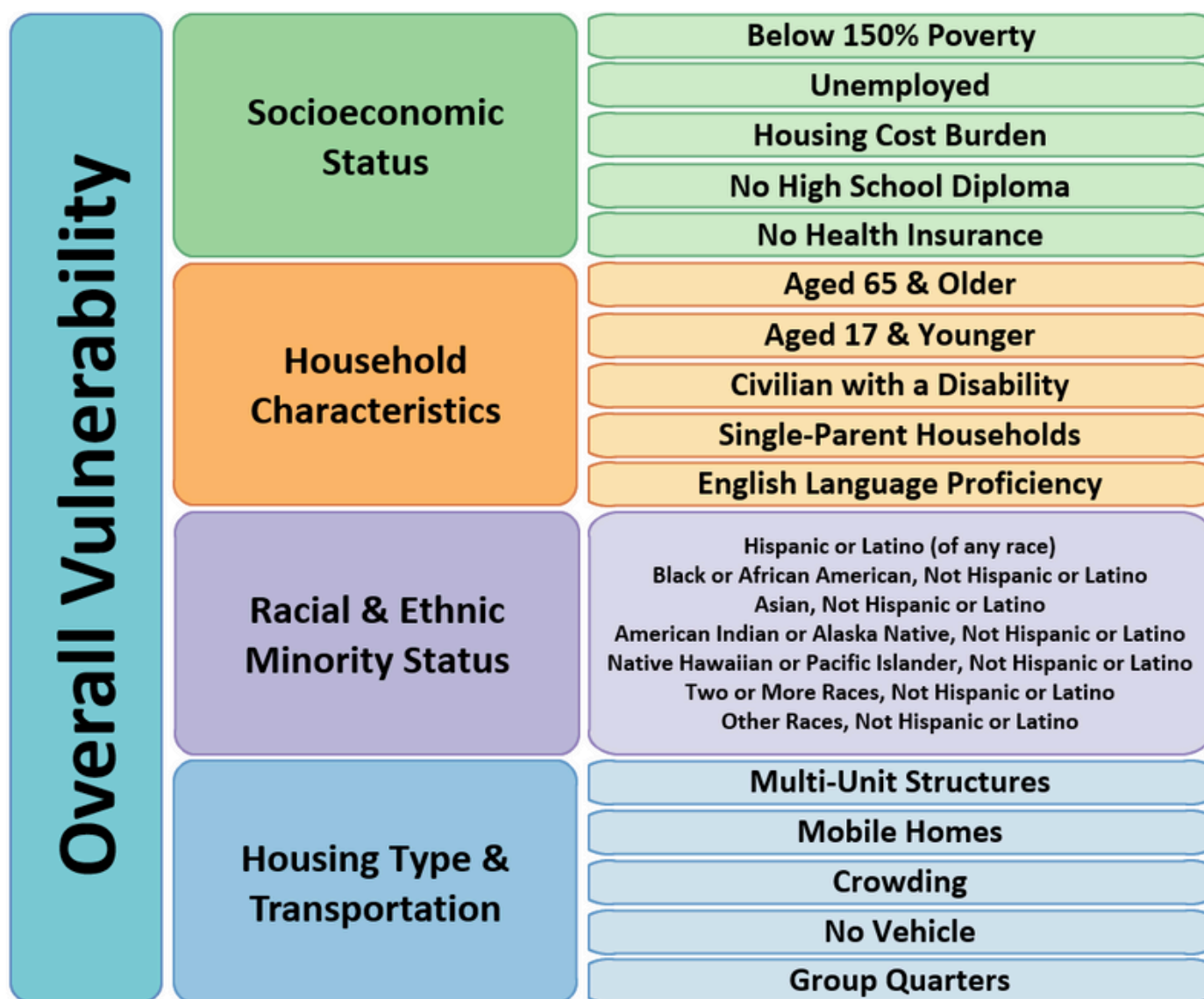
Social vulnerability refers to “the demographic and socioeconomic factors that contribute to communities being more adversely affected by public health emergencies and other external hazards and stressors that cause disease and injury.”⁴⁰ The Social Vulnerability Index (SVI), created by the CDC and Agency for Toxic Substances and Disease Registry (CDC/ATSDR) is a mapping tool used to “identify and quantify communities experiencing social vulnerability.”⁴⁰ The SVI is another tool that demonstrates how where you live affects your health in various ways. For public health, the SVI can be used to help communities better prepare for and respond to emergencies.⁴¹ It can also be used to help determine which health promotion initiatives public health workers should pursue in a community.⁴⁰ SVI scores range from 0 (lowest vulnerability) to 1 (highest vulnerability).⁴¹ Montgomery County’s overall vulnerability score is **0.5126**, which is considered a “**medium to high**” level of vulnerability.⁴¹



SOCIAL VULNERABILITY INDEX

SOCIAL VULNERABILITY INDEX VARIABLES

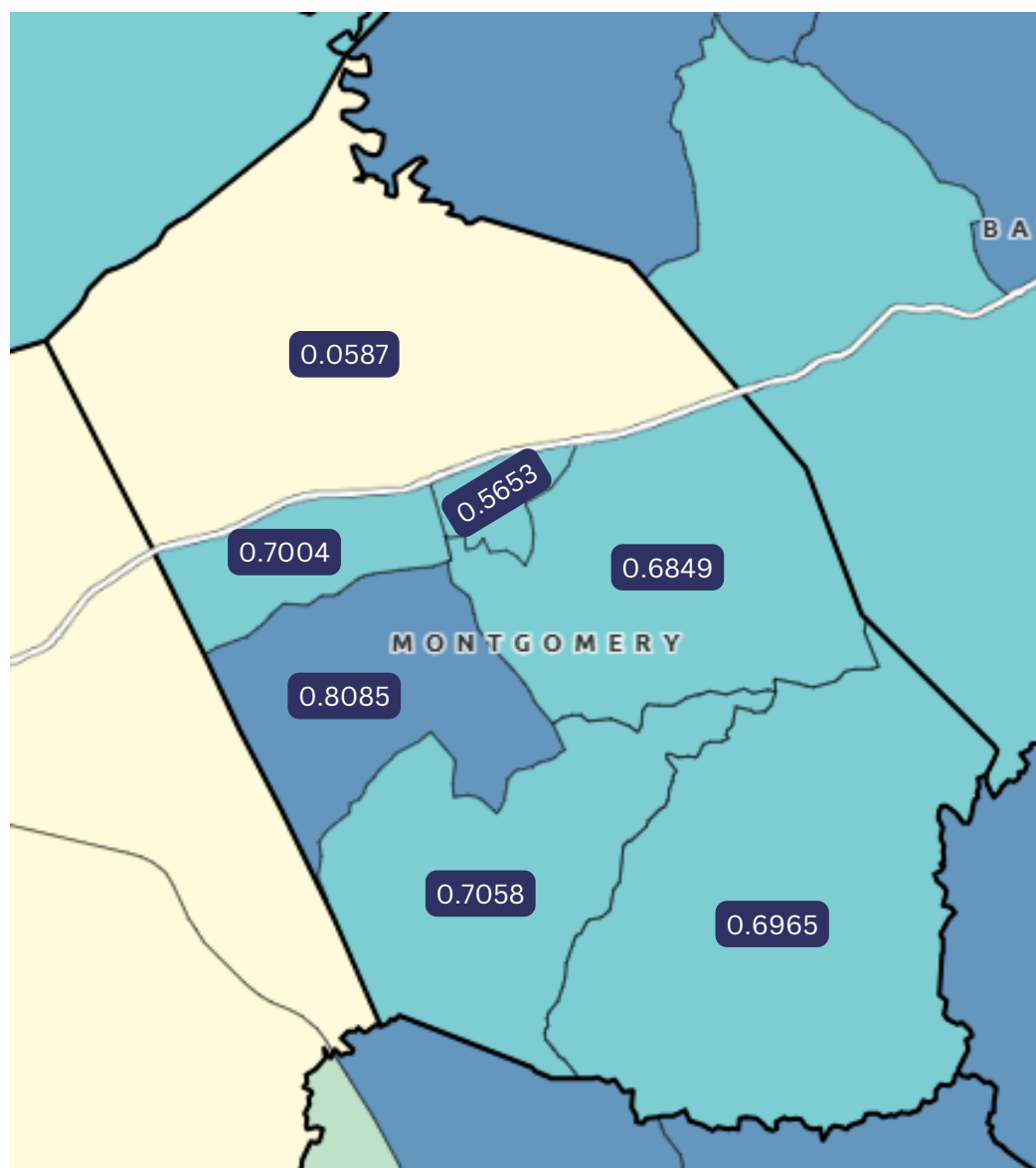
The current version of the SVI “uses 16 U.S. Census variables from the 5-year American Community Survey (ACS) to identify communities that may need support before, during, or after disasters. These variables are grouped into four themes that cover four major areas of social vulnerability and then combined into a single measure of overall social vulnerability.”⁴⁰ The graphic below shows what variables make up each theme and how each theme fits into the level of overall social vulnerability.



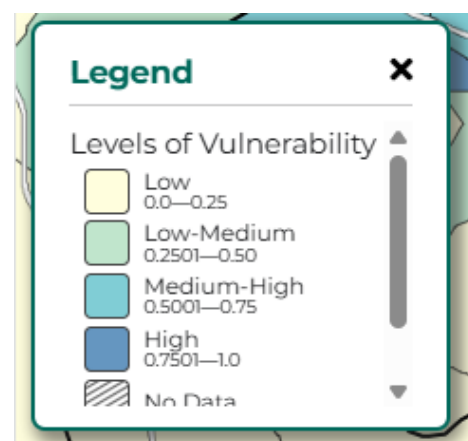
SOCIAL VULNERABILITY INDEX

MONTGOMERY COUNTY SVI MAPS

Similar to the CDC PLACES data, the SVI tool also breaks data down into county census tracts to provide a better visualization of how vulnerabilities can vary even within a single county. The following maps will show the overall vulnerability score and the vulnerability score for each underlying theme (socioeconomic status, household characteristics, racial and ethnic minority status, and housing type and transportation) for each of Montgomery County's 7 census tracts.



**Montgomery County
Overall Social
Vulnerability Index
Score**
by census tract



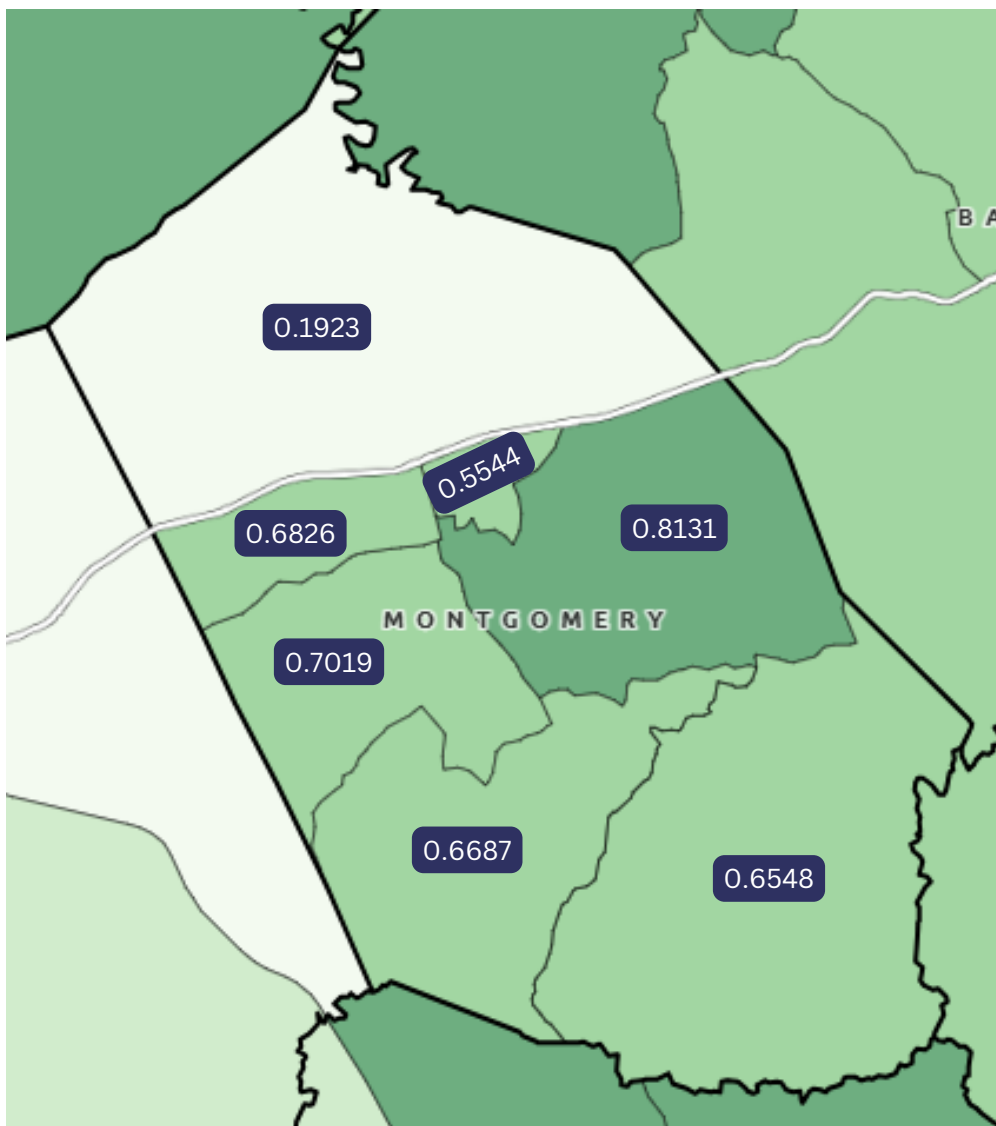
SOCIAL VULNERABILITY INDEX

SOCIOECONOMIC VULNERABILITY MAP

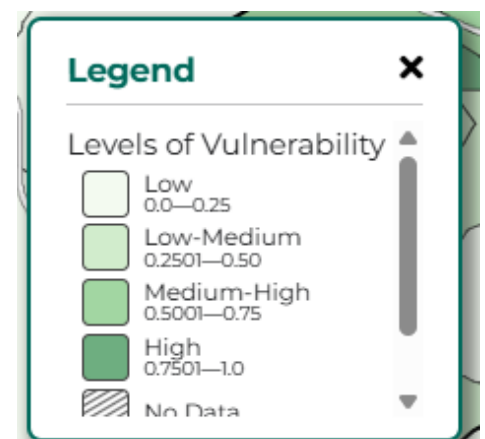
The variables included in the **Socioeconomic Vulnerability** score are the percent of the population in each census tract that:

- Are living below 150% poverty
- Are unemployed
- Are experiencing housing cost burden
- Do not have a high school diploma
- Do not have health insurance⁴¹

This map helps identify areas of the community that may have limited economic resources.



Montgomery County
Socioeconomic
Vulnerability Score
by census tract



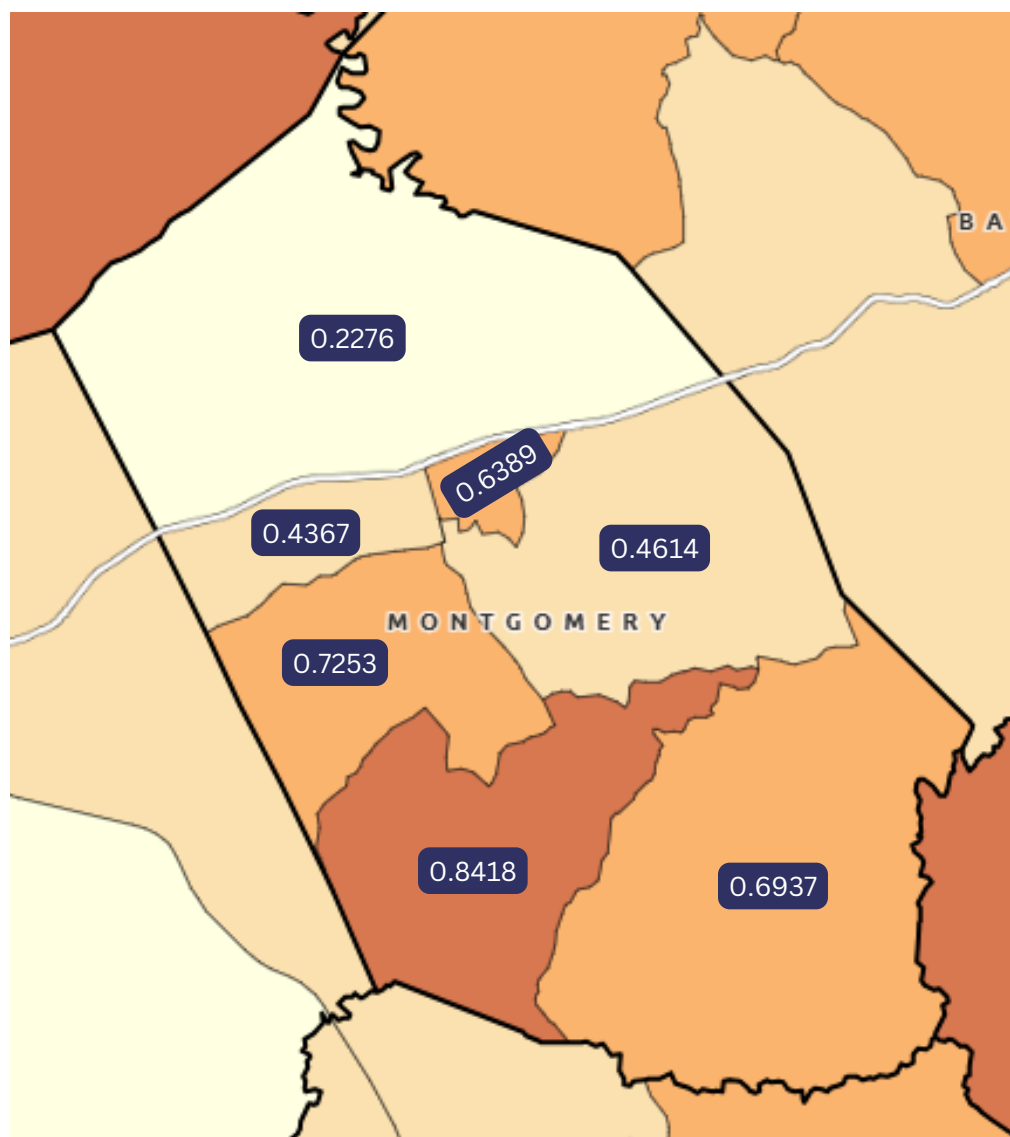
SOCIAL VULNERABILITY INDEX

HOUSEHOLD CHARACTERISTICS MAP

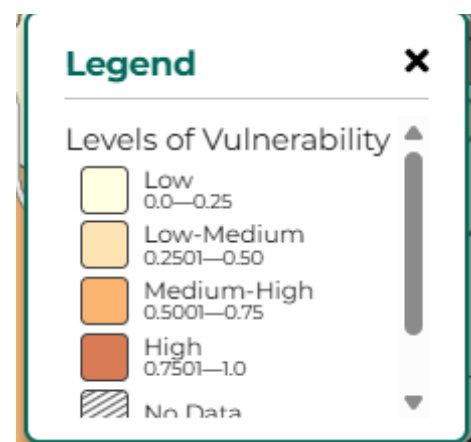
The variables included in the **Household Characteristics Vulnerability** score are:

- Percent of the population aged 65 and older
- Percent of the population aged 17 and younger
- Percent of the population who have a disability
- Number of single-parent households
- Percent of the population with English language proficiency⁴¹

This map helps identify the prevalence of vulnerable groups within households in each census tract, or those individuals/families who may need more support during a disaster or emergency.



Montgomery County
Household
Characteristics
Vulnerability Score
by census tract



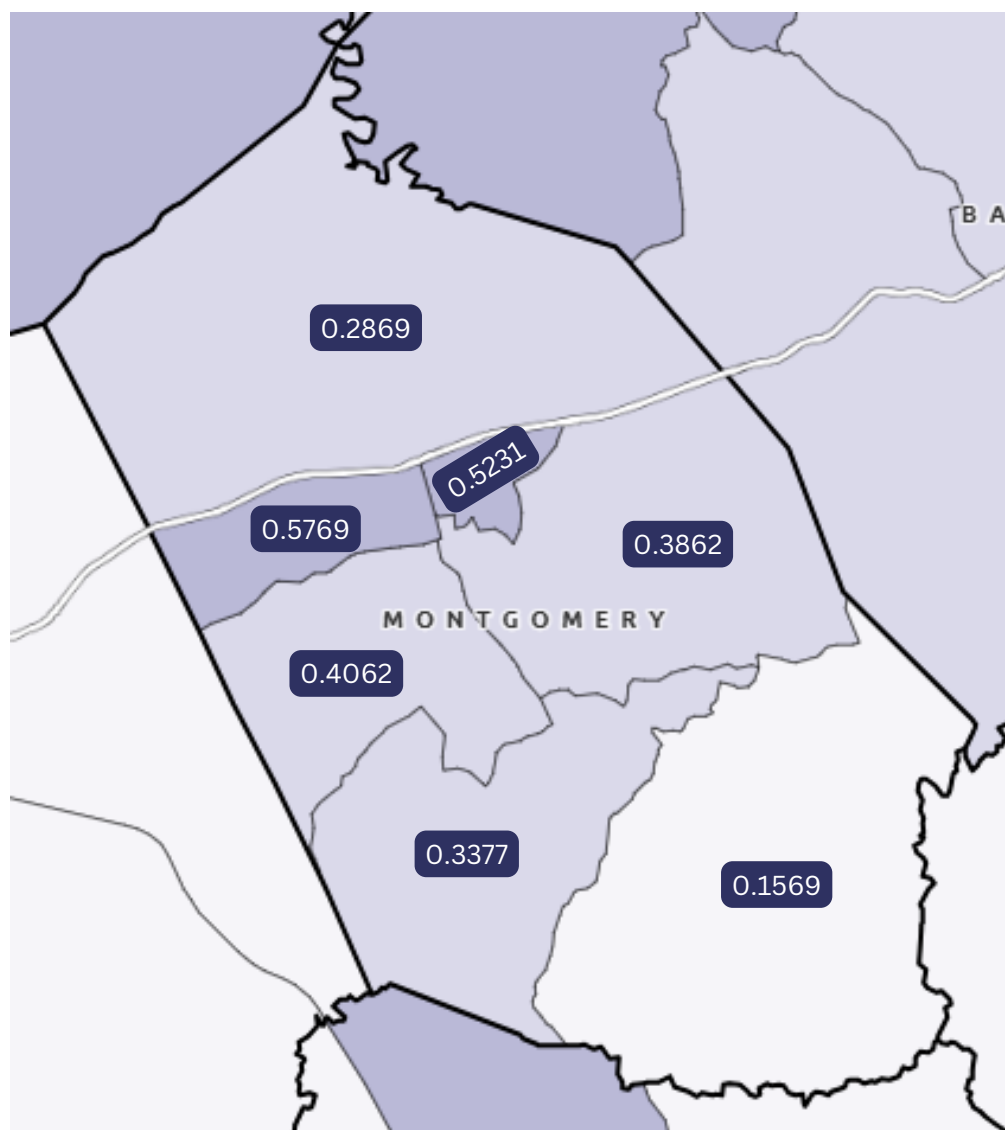
SOCIAL VULNERABILITY INDEX

RACIAL AND ETHNIC MINORITY STATUS MAP

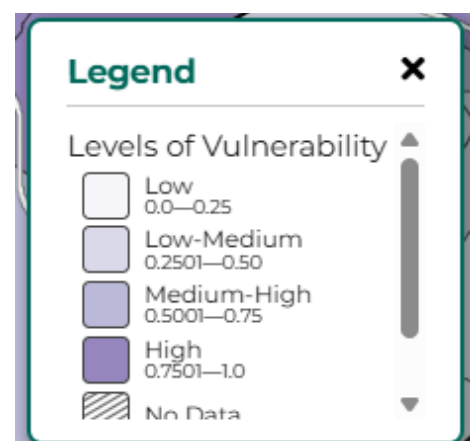
The variables included in the **Racial and Ethnic Minority Status Vulnerability** score are the percent of the population in each census tract that are:

- Hispanic or Latino (of any race)
- Black or African American, Not Hispanic or Latino
- Asian, Not Hispanic or Latino
- American Indian or Alaska Native, Not Hispanic or Latino
- Native Hawaiian or Pacific Islander, Not Hispanic or Latino
- Two or more races, Not Hispanic or Latino
- Other races, Not Hispanic or Latino⁴¹

This map helps identify areas of the community that may be at risk for disproportionately worse health outcomes during emergencies or disasters due to systemic inequities.



Montgomery County
Racial and Ethnic
Minority Status
Vulnerability Score
by census tract



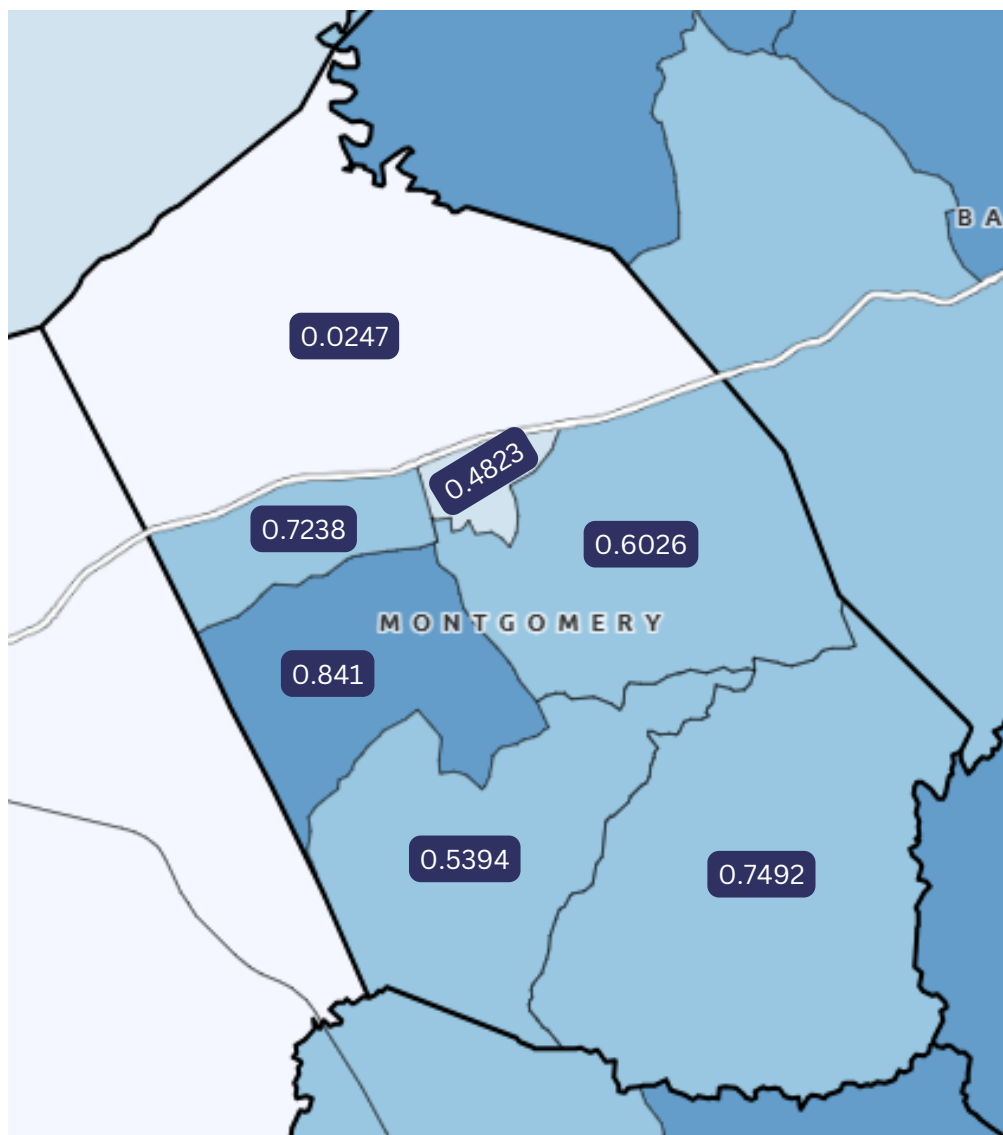
SOCIAL VULNERABILITY INDEX

HOUSING TYPE AND TRANSPORTATION MAP

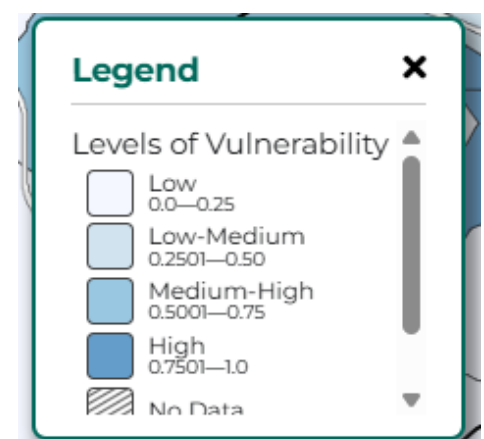
The variables included in the Housing Type and Transportation Vulnerability score are:

- Number of multi-unit structures
- Number of mobile homes
- Percentage of households experiencing crowding
- Percentage of households with no access to a vehicle
- Proportion of population living in group quarters (such as correctional facilities, dormitories, and nursing homes)⁴¹

This map helps us identify areas of the community that have populations that may be more vulnerable during a disaster or emergency due to their housing conditions or limited mobility.



Montgomery County
Housing Type and
Transportation
Vulnerability Score
by census tract





MONTGOMERY COUNTY HEALTH DEPARTMENT'S PHOTOVOICE PROJECT

PHOTOVOICE

WHAT IS PHOTOVOICE?

Photovoice is a method of using photography and discussion to create positive social change. Photovoice projects utilize a process where participants take photographs to showcase aspects of their community, environment, and experiences to share with others.

The main goals of Photovoice projects are to:

- Give participants a voice and allow them to share and reflect on their experiences and the conditions of their communities, both positive and negative
- Promote and encourage open discussions about the strengths and/or issues raised by the photos
- Influence or create positive social change by sharing the photos/experiences with the public and with policymakers



MCHD'S PHOTOVOICE PROJECT

The topic of our Photovoice project was Community Health. We collaborated with the University of Kentucky College of Public Health, which provided trained Photovoice facilitators. MCHD recruited participants via social media and word of mouth. In February 2025, over a four-week period, seven community members took photos and participated in weekly group discussion about strengths and challenges of community health in Montgomery County. At the end of the four weeks, the group reviewed their photos and discussions and determined which strengths and challenges were the most important and impactful.

PHOTOVOICE

STRENGTHS

Accessibility

- Making resources and information available to more people through community hubs:
 - Montgomery County Public Library
 - Gateway Regional Arts Center
 - DuBois Community Center
 - Sterling Community Food Coalition
- Mobile resources: Sterling Health Care patient transport van, Library Bookmobile
- Other community resources: Opioid Rescue Kits

Community Support and Connectedness

- Community Pride
- Entities and organizations that provide social/emotional support and community connectedness: Farmer's Market, Montgomery County Public Library, Gateway Regional Arts Center, DuBois Community Center, Local Parks, Faith-based organizations, Senior Citizens Center



CHALLENGES



Accessibility

- There are resources available, but they are not accessible to everyone or available at all times, and there is still need for more.
 - Barriers for disabled individuals
 - Some local parks do not have playground equipment that is accessible for children in wheelchairs or with other mobility issues
 - Park bathrooms and other places (such as the Fiscal Court Building where the Health Department is located, the Post Office, a lot of buildings/businesses downtown) do not have automatic door openers
 - There are mental health providers, but not enough to cover the community's level of need, and/or available providers are not affordable
 - We have available resources for homeless individuals, but they are not able to be open/accessible 24/7. Homeless individuals also utilize the local library in various ways, but the library is not set up to provide those resources and can only help in limited ways.



CHALLENGES

Infrastructure

- Intentional city planning would increase accessibility of our resources and make our community safer.
 - Lack of sidewalks/crosswalks: There are a lot of high-pedestrian traffic areas that do not have sidewalks, such as the intersections next to the 3 major grocery stores in town.
 - Public transportation: There are some types of transportation options available, such as MOCO Transit, but rides have to be scheduled in advance and the service is not always available or practical.
 - Housing: Housing costs continue to rise and are a major stressor for many people. Housing costs and limited housing options are also contributing to housing insecurity/homelessness in the community.





COMMUNITY HEALTH SURVEY

COMMUNITY HEALTH SURVEY

CREATING THE SURVEY

- In partnership with Sterling Health Care, we created the 2022 Community Health Survey by reviewing our previous Community Health Surveys and the Community Health Surveys of other local health departments across the state, along with consideration of what information would best help us understand the current health status of our community.
- There were English and Spanish versions of the survey available to complete.
- The survey was available online and as a paper version.
- Sterling Health Care also provided a monetary donation which allowed us to offer incentives for completion of the survey.

SHARING THE SURVEY AND GATHERING PARTICIPANTS

- We launched our 2022 Community Health Survey in June 2022 at Mt. Sterling's first First Friday event of 2022, and collected responses until September 30th, 2022.
- MCHD staff were on-site at various locations and events in the community from June 3rd to September 30th, 2022, to talk about the Community Health Survey. They shared the survey link and offered paper versions of the survey at over 20 locations/organizations/events, several of which we visited on multiple occasions.
- We posted flyers with QR codes to the survey in many locations/organizations across Montgomery County.
- We also shared the link to the online survey on our social media accounts multiple times throughout the period of June-September 2022.

IN TOTAL, WE HAD 1,405 PARTICIPANTS COMPLETE THE SURVEY.

COMMUNITY HEALTH SURVEY RESULTS

SURVEY PARTICIPANT DEMOGRAPHICS

Race/Ethnicity	
White/Caucasian	79.07%
Black or African-American	9.67%
Hispanic or Latino	3.48%
American Indian or Alaska Native	2.98%
Asian-American	2.56%
Middle Eastern or North African	0.42%
Native Hawaiian or Pacific Islander	0.35%
Other	1.28%

Gender	
Female	61.99%
Male	36.93%
Transgender man/female-to-male (FTM)	0.14%
Transgender woman/male-to-female (MTF)	0.42%
Genderqueer/gender non-conforming	0.28%
Other	0.21%

Sexual Orientation	
Heterosexual/Straight	93.59%
Bisexual/Pansexual	2.77%
Gay/Lesbian	1.49%
Prefer not to answer	1.99%
Other (Asexual)	0.07%

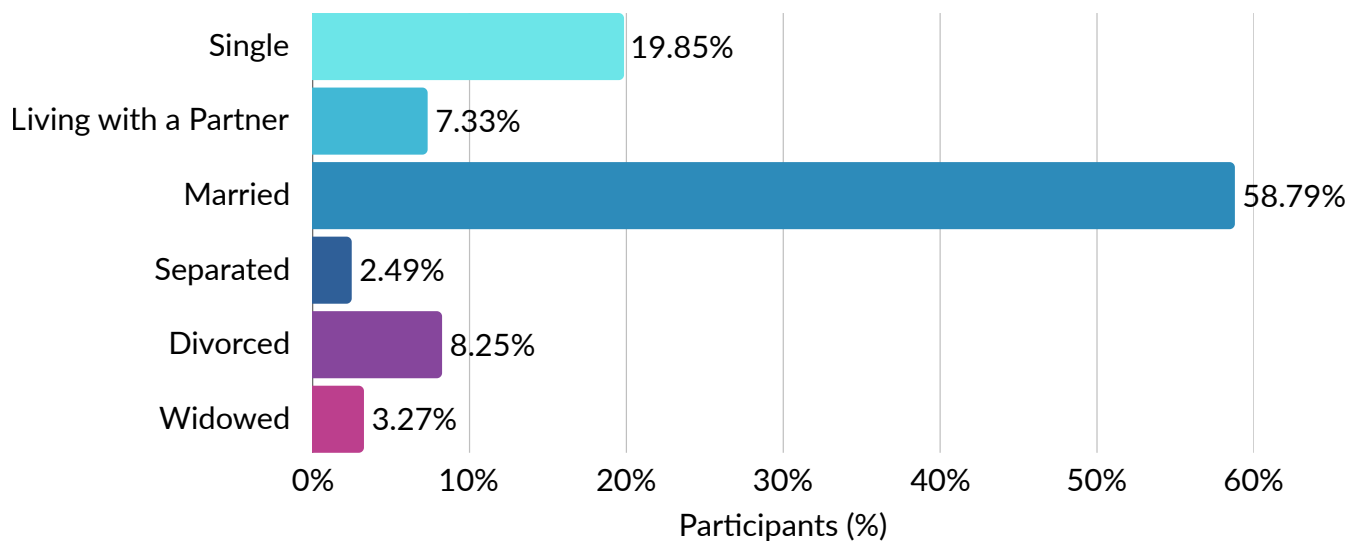
Age	
Under 18 years	1.20%
18 to 24 years	7.25%
25 to 34 years	33.45%
35 to 44 years	27.40%
45 to 54 years	12.45%
55 and above	18.57%

Zip Code	
40353	73.73%
40337	26.12%
Other	0.49%

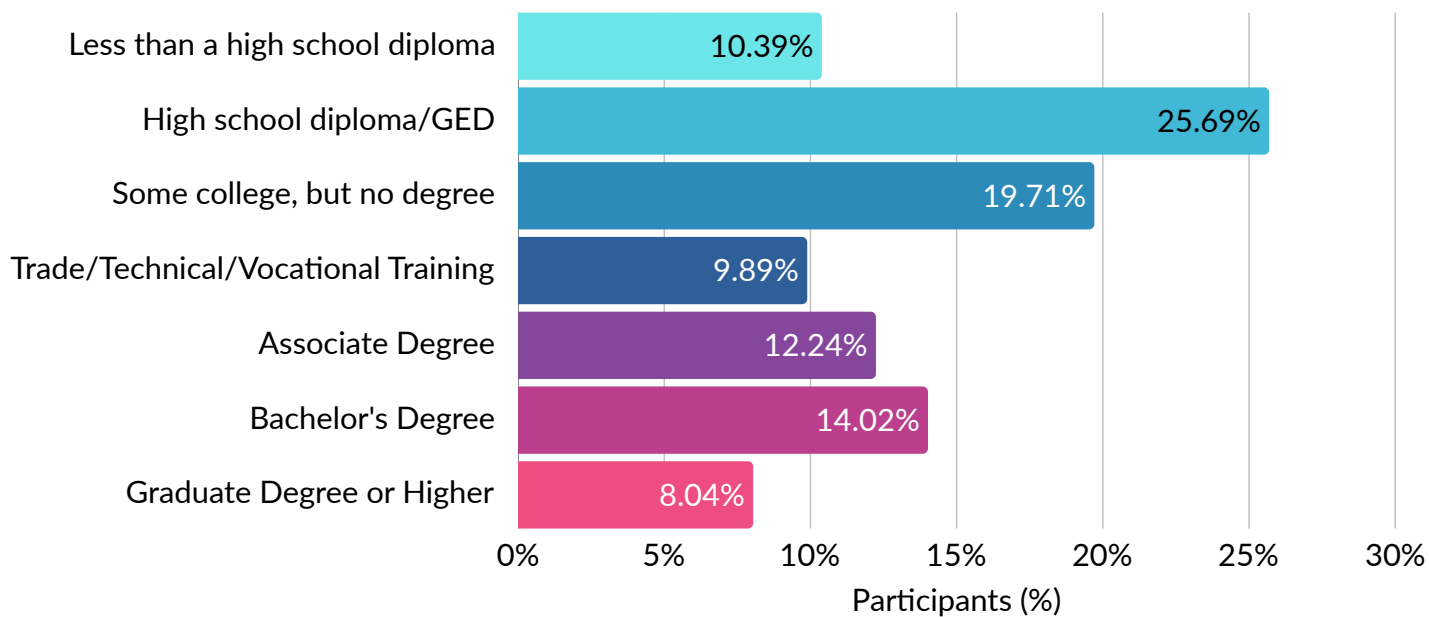
COMMUNITY HEALTH SURVEY RESULTS

DEMOGRAPHICS

What is your current marital status?



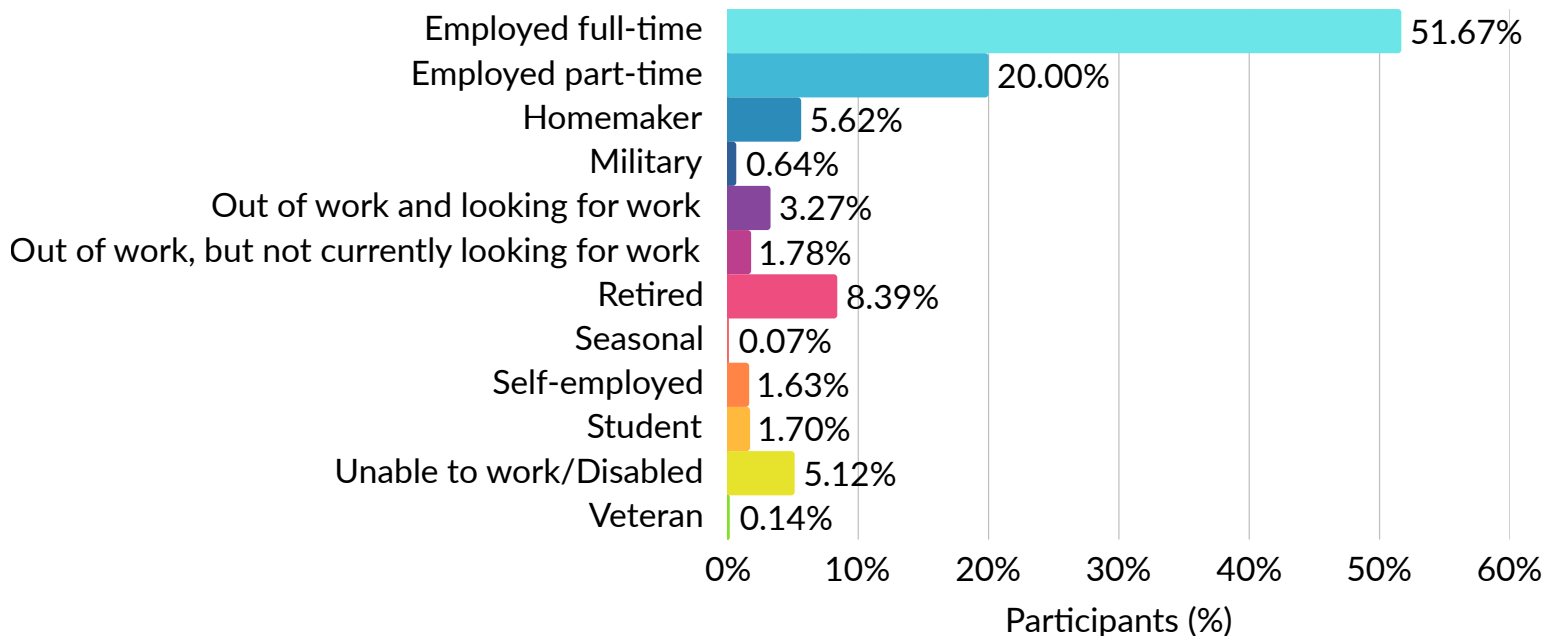
What is the highest degree of school you have completed?



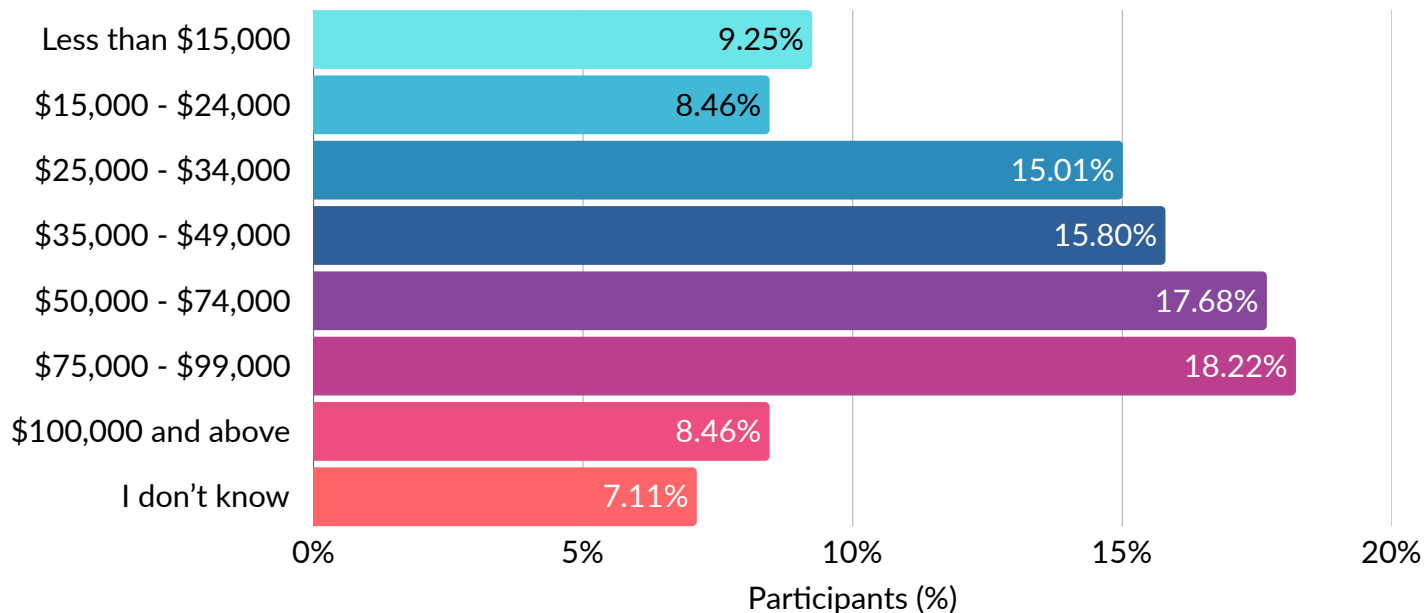
COMMUNITY HEALTH SURVEY RESULTS

DEMOGRAPHICS

What is your employment status?



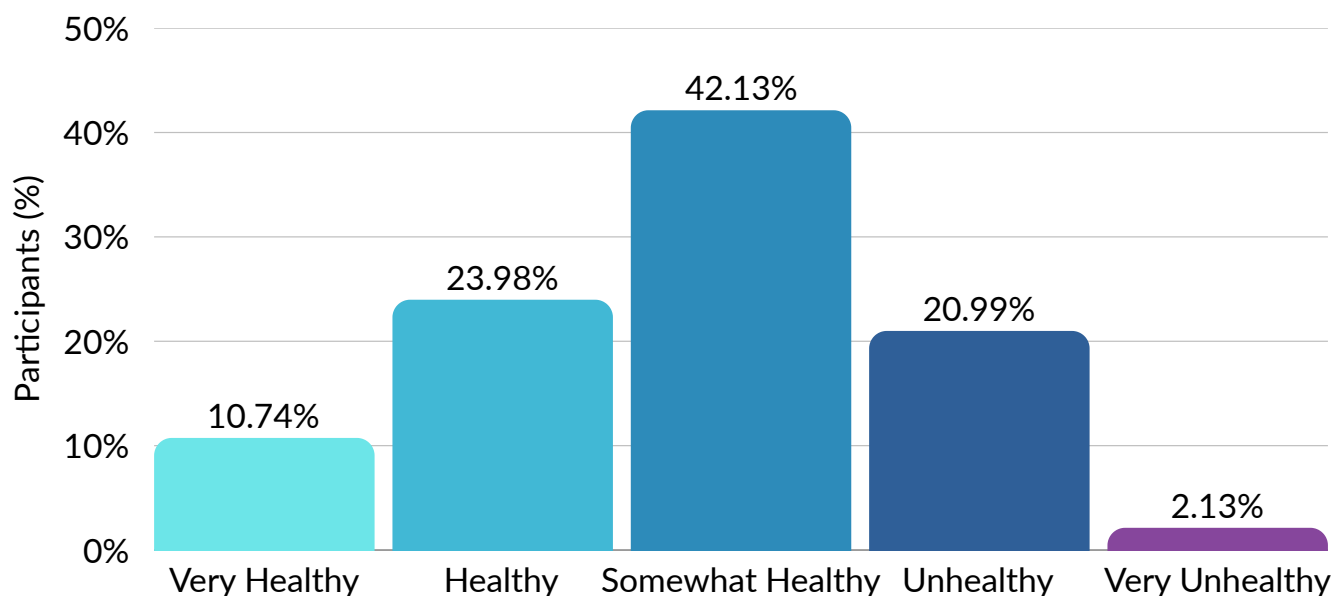
What is your total income from all sources in 2021?



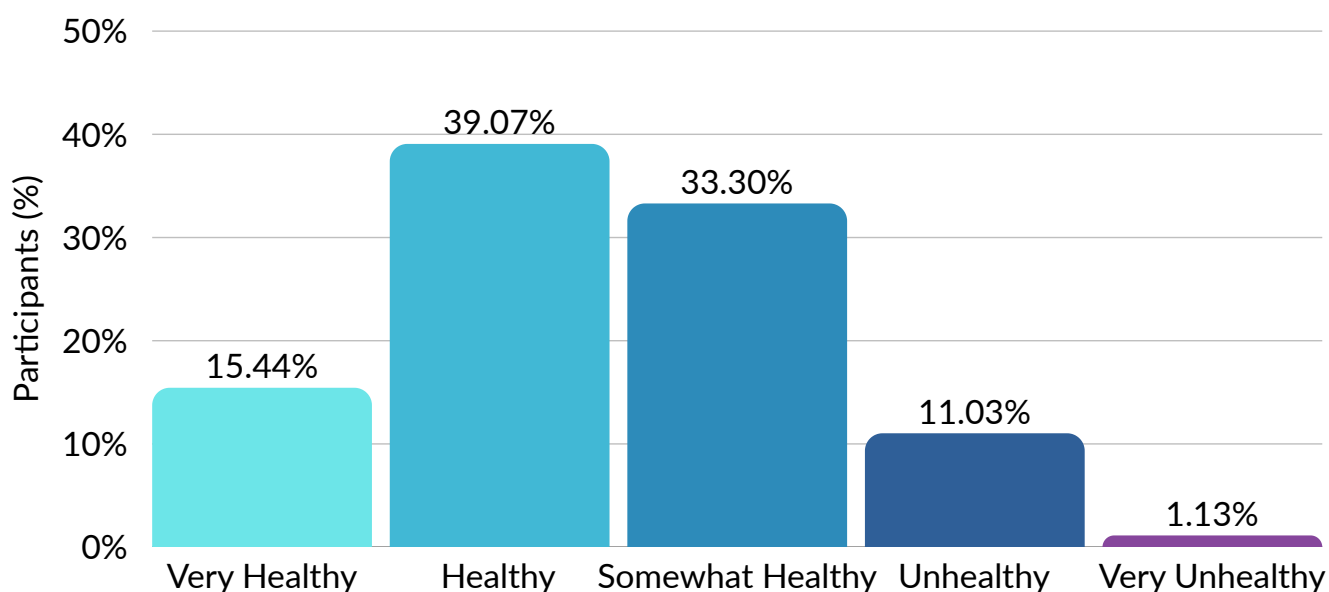
COMMUNITY HEALTH SURVEY RESULTS

RATING HEALTH STATUS

How healthy or unhealthy would you say our community is? Please think of “community” as the ZIP code in Montgomery County where you live.



How would you rate your own personal health?



COMMUNITY HEALTH SURVEY RESULTS

RATING HEALTH STATUS

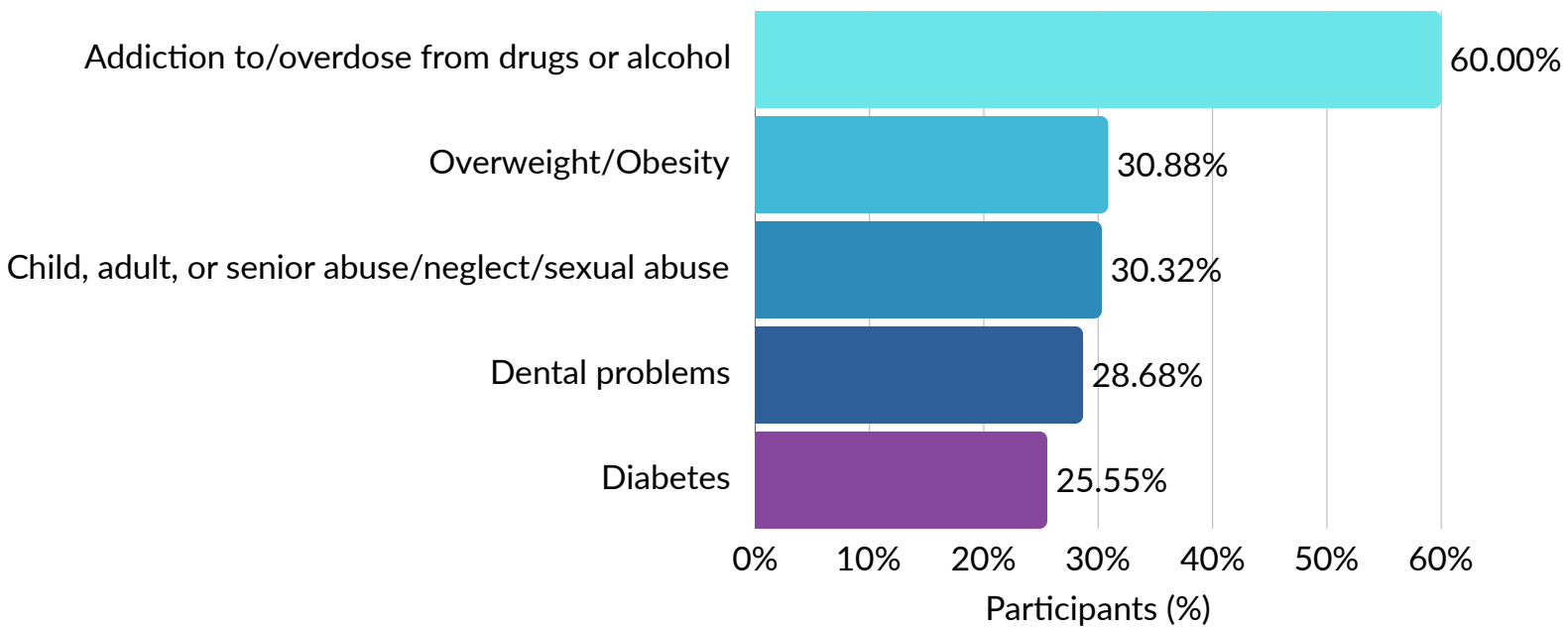
Which BEST describes you?

Generally, my mental health is good	53.59%
I sometimes struggle with my mental health but do not have a mental health diagnosis	22.84%
I often struggle with my mental health, but I do not have a mental health diagnosis	5.19%
I have a mental health diagnosis, but I am not currently in treatment/counseling	7.82%
I have a mental health diagnosis and I am currently being treated for it/in counseling	10.53%

COMMUNITY HEALTH SURVEY RESULTS

HEALTH PROBLEMS

What are the **five** most important health problems YOU think Montgomery County needs to address to make our community healthier?



The remaining response choices, as ranked by participants

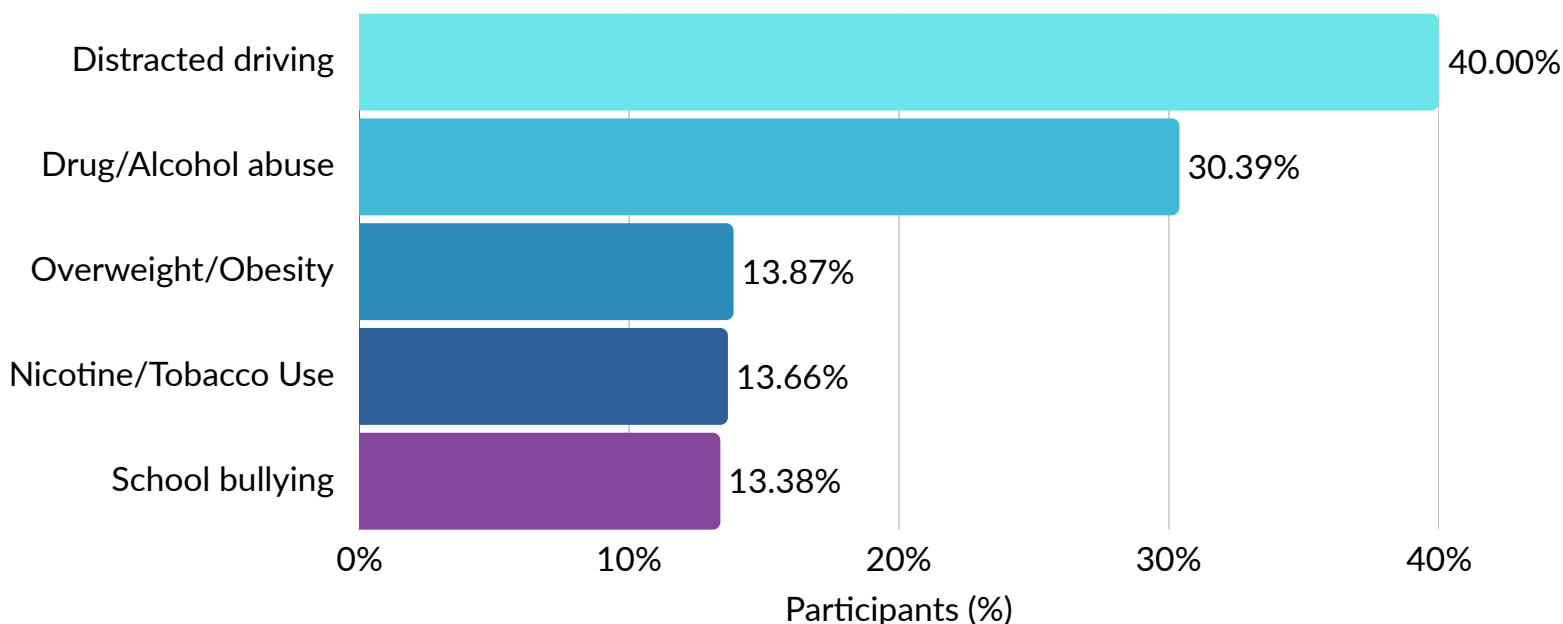
Cancers	23.77%
Heart Disease, Stroke, and/or High Blood Pressure	22.56%
Mental health problems	20.99%
Aging problems	19.35%
Diseases that affect the lungs	17.65%
Infectious diseases	13.87%
Chronic pain	13.73%
Developmental disabilities	12.66%

Self-harm	11.17%
Environmental concerns	9.46%
Sexually Transmitted Diseases	6.19%
Firearm-related injuries	4.19%
Infant death	3.55%
Motor vehicle crash injuries	3.48%
Farming-related injuries	2.20%
Other	0.92%

COMMUNITY HEALTH SURVEY RESULTS

HEALTH BEHAVIORS

What are the **five** most important behaviors that YOU think Montgomery County citizens need to work on to create an overall healthier community?



The remaining response choices, as ranked by participants

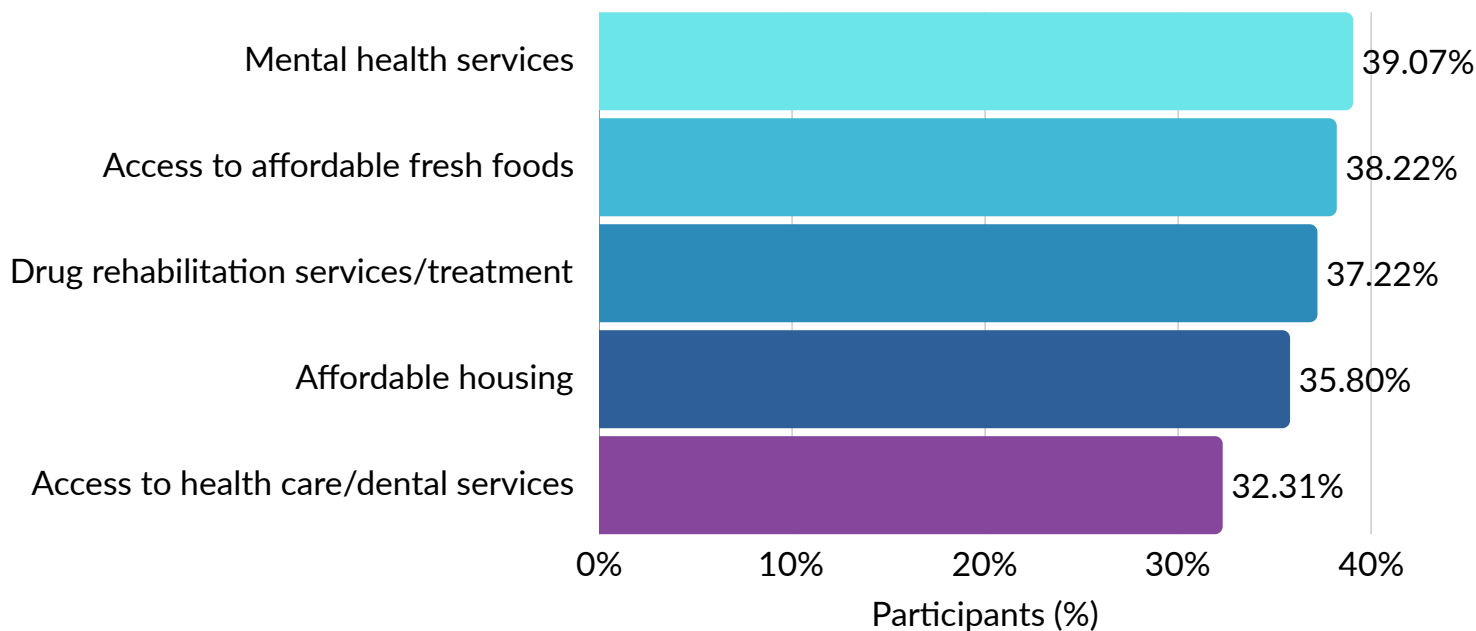
Lack of exercise	9.53%
Not getting adequate preventative health care	8.82%
Not having health insurance	8.32%
Poor eating habits	8.32%
Dropping out of school	5.26%
Racism	4.34%
Not using seat belts/child safety seats	4.19%
Hate crimes	4.12%
Not getting shots to prevent diseases	4.12%
Unlimited/not monitored screen time for youth	3.55%

Homicide	3.27%
Unsafe sex practices	3.27%
Not wearing helmets when riding a motorcycle or bicycle	3.13%
Not getting childhood vaccinations/shots	2.34%
Unsecured firearms	2.20%
Not having access to/using birth control	1.92%
Unintended pregnancy	1.63%
Other	0.07%

COMMUNITY HEALTH SURVEY RESULTS

HEALTH BEHAVIORS

What do YOU think are the **five** most important things needed to create a healthier Montgomery County?



The remaining response choices, as ranked by participants

After-hours medical clinics for adults and children	24.19%
Weight loss programs or services	20.99%
Childcare	20.64%
Services for homelessness	19.85%
Low crime/safe neighborhoods	18.29%
Harm reduction services	16.72%
Safe roads and walkways	16.22%
Clean environment	16.15%
Aging services	14.16%

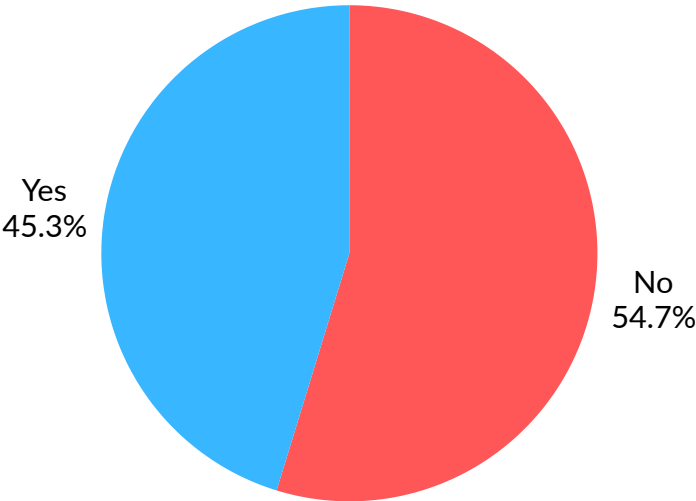
Home health care	14.02%
Strong public transportation system	11.60%
Community that is accessible to those with disabilities	11.53%
Access to public parks/walking paths	11.17%
Outpatient physical rehabilitation	8.75%
Other	0.99%

COMMUNITY HEALTH SURVEY RESULTS

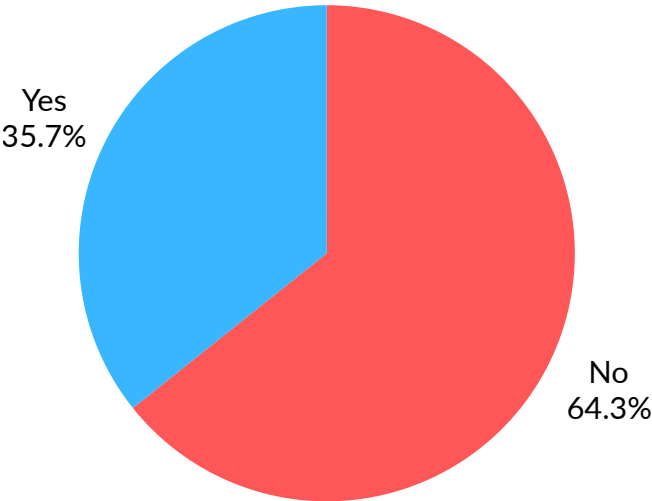
HEALTH BEHAVIORS - PREVENTIVE CARE

Preventive Care: In the past year, have you had any of the following?
All Ages

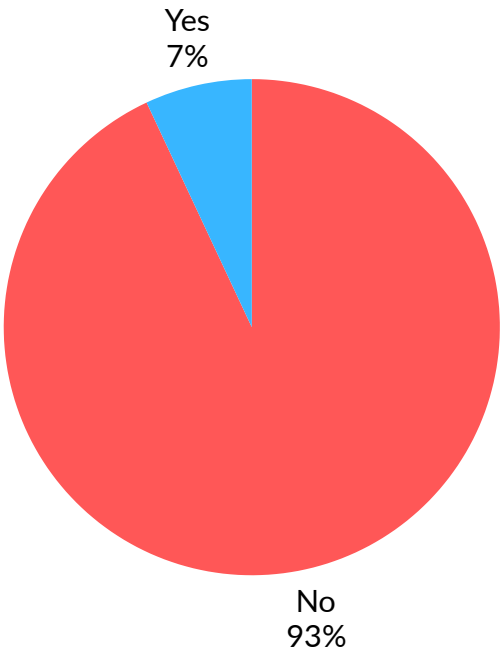
Blood Pressure, Diabetes, and
Cholesterol Test



Flu Shot



Hep A Shot



Test for HIV, Hepatitis B, or
Hepatitis C

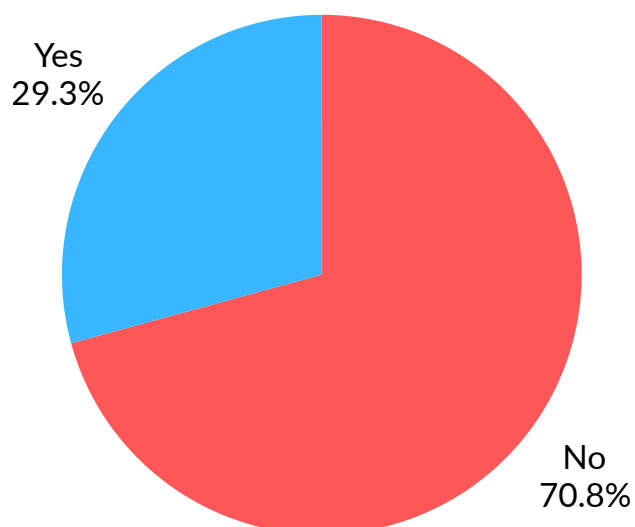


COMMUNITY HEALTH SURVEY RESULTS

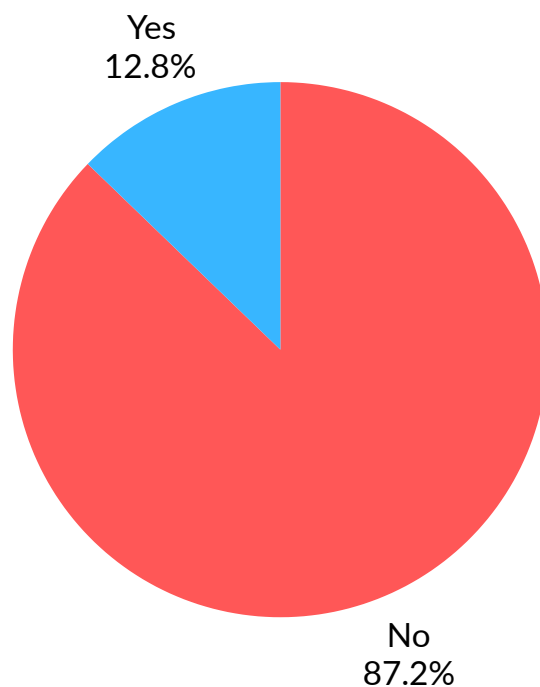
HEALTH BEHAVIORS - PREVENTIVE CARE

Preventive Care: In the past year, have you had any of the following?
18 Years and Older

Women (18years + older) only:
Pap Test/Pelvic Exam



STI Screening



COMMUNITY HEALTH SURVEY RESULTS

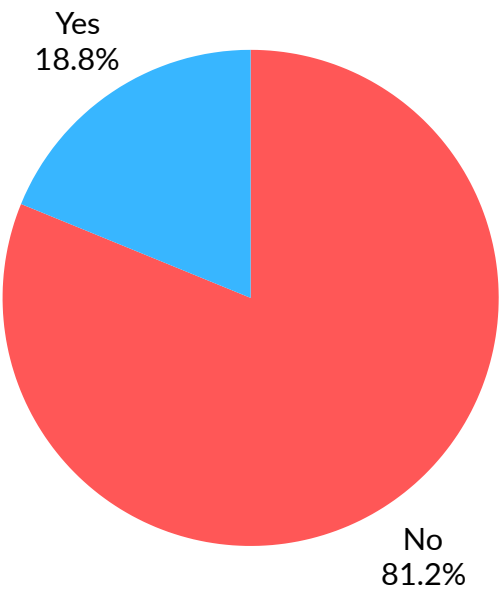
HEALTH BEHAVIORS - PREVENTIVE CARE

Preventive Care: In the past year, have you had any of the following?
45 Years and Older

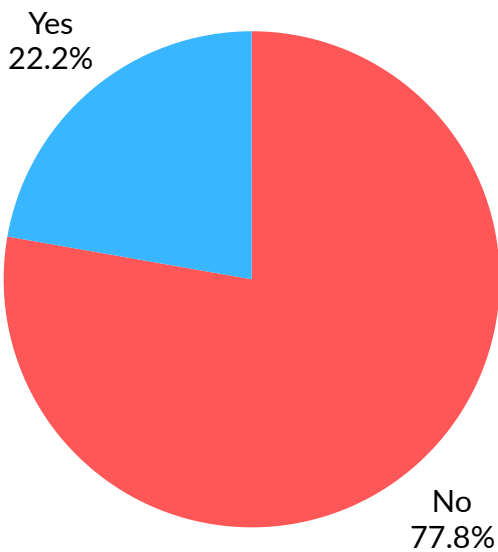
Women (45years + older) only:
Mammogram



Men (45years + older) only:
Prostate exam



Colonoscopy (45years + older)

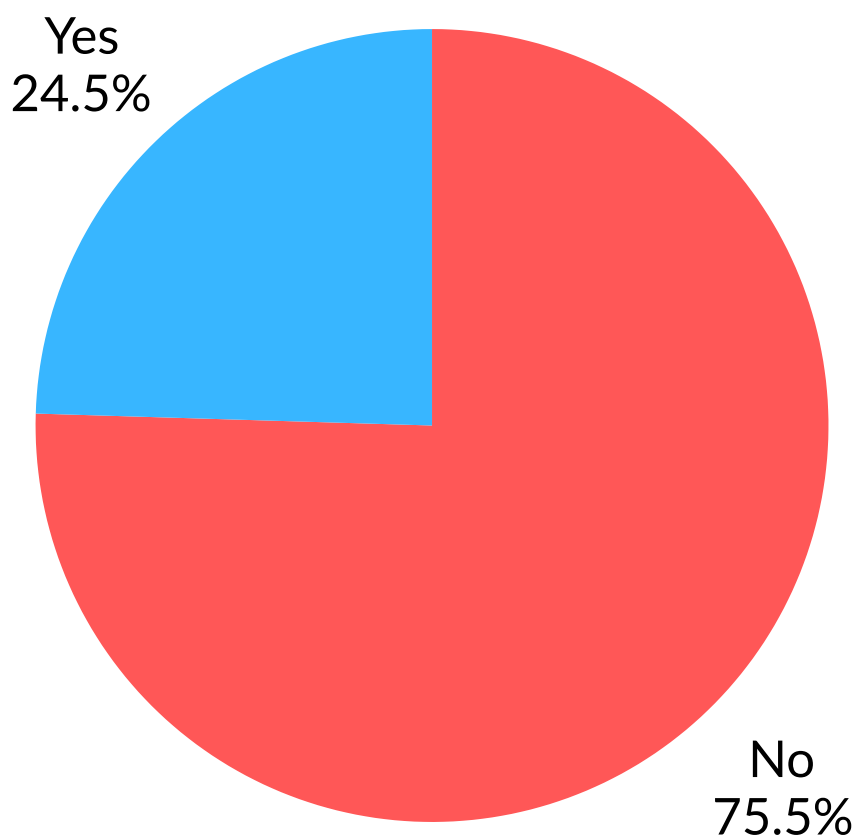


COMMUNITY HEALTH SURVEY RESULTS

HEALTH BEHAVIORS - PREVENTIVE CARE

Preventive Care: In the past year, have you had any of the following?
55 Years and Older

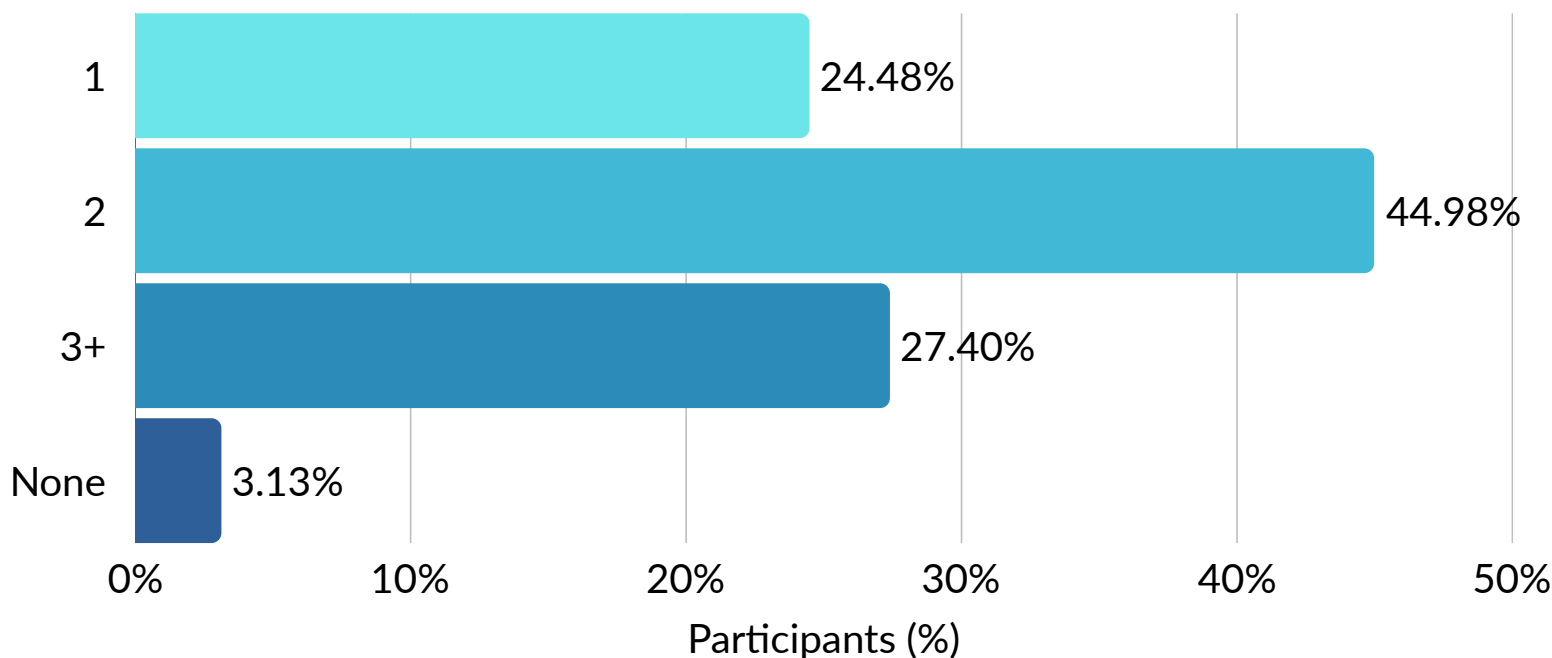
Pneumonia Shot (55years + older)



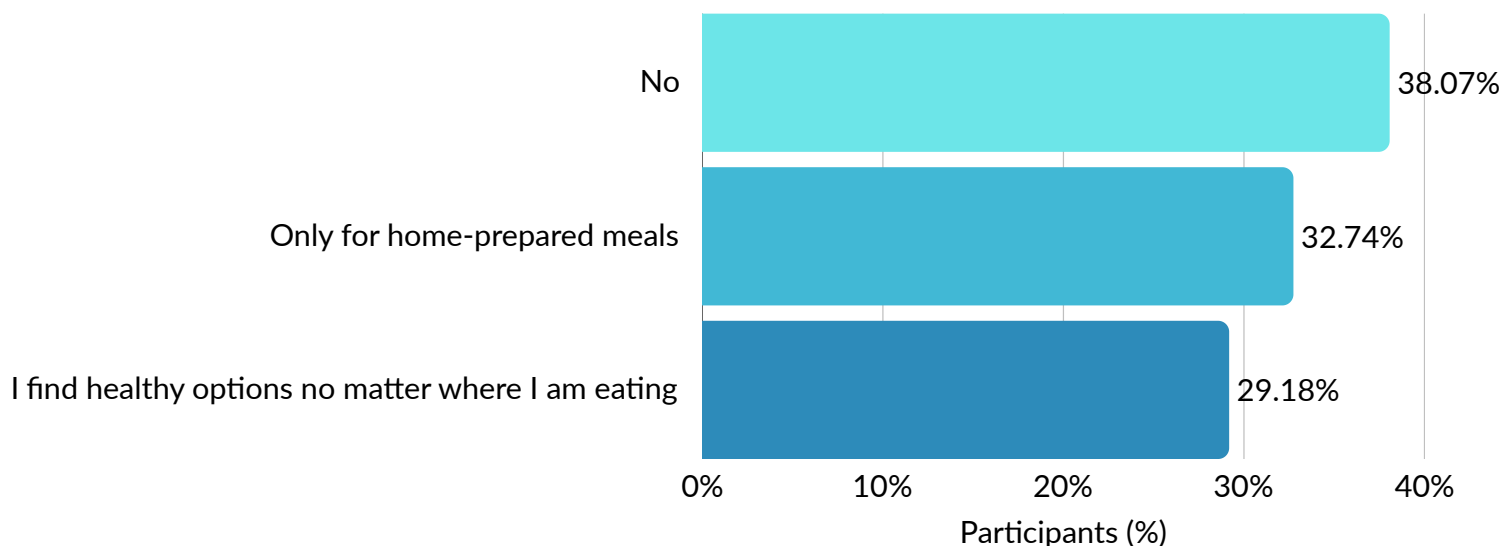
COMMUNITY HEALTH SURVEY RESULTS

SOCIAL DETERMINANTS OF HEALTH/HEALTH BEHAVIORS

How many meals do you typically prepare or cook at home each day?



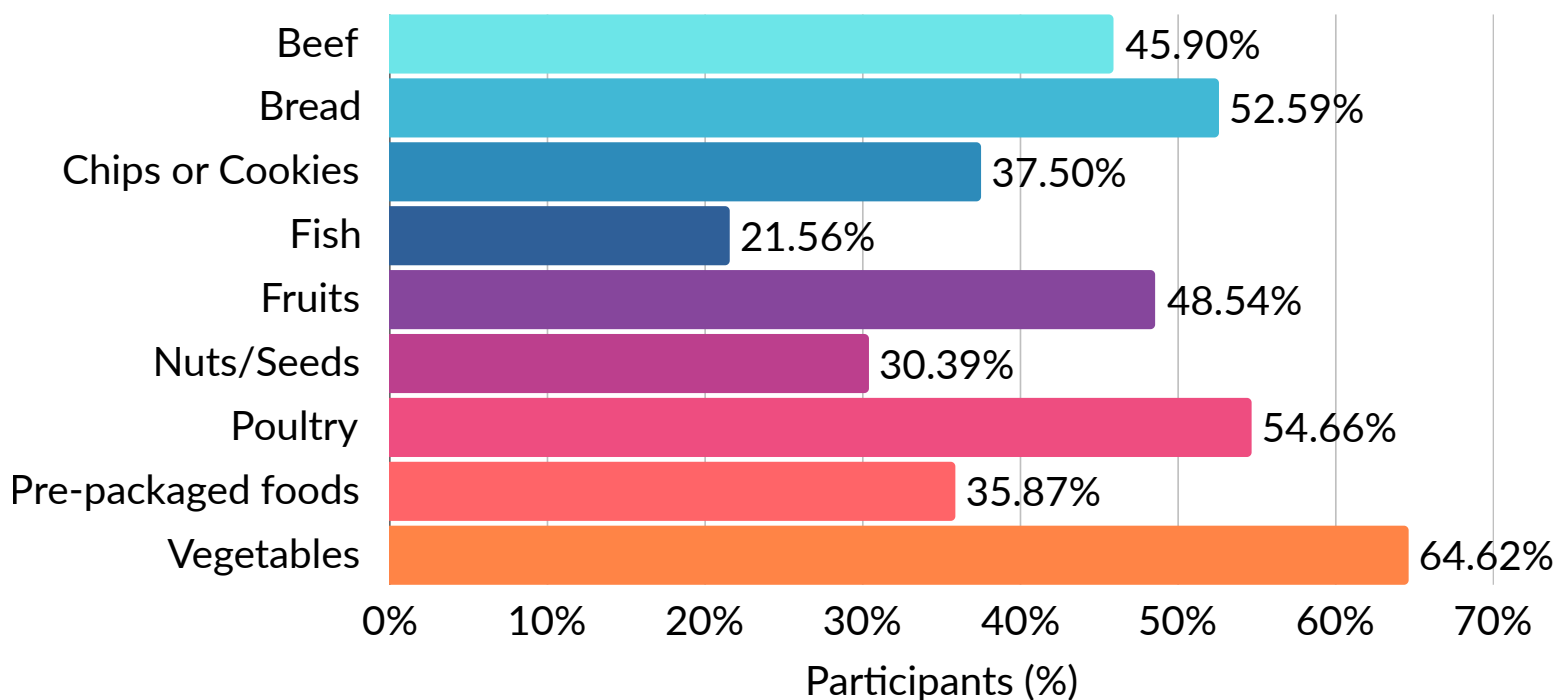
Do you feel you have access to fresh foods for healthier meal options at home and public food establishments?



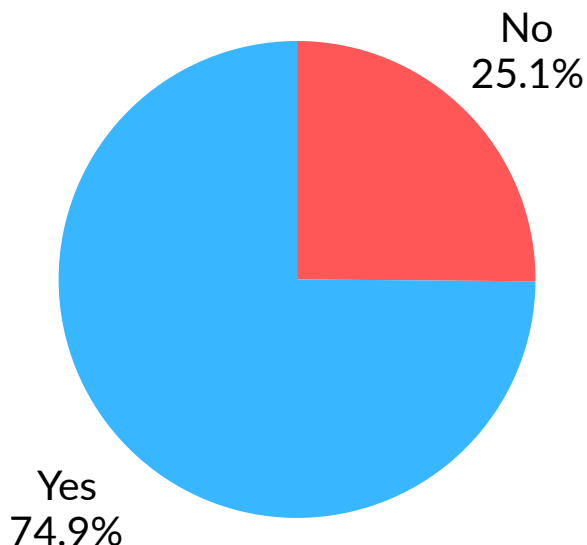
COMMUNITY HEALTH SURVEY RESULTS

SOCIAL DETERMINANTS OF HEALTH/HEALTH BEHAVIORS

Which of the following food groups do you eat daily?



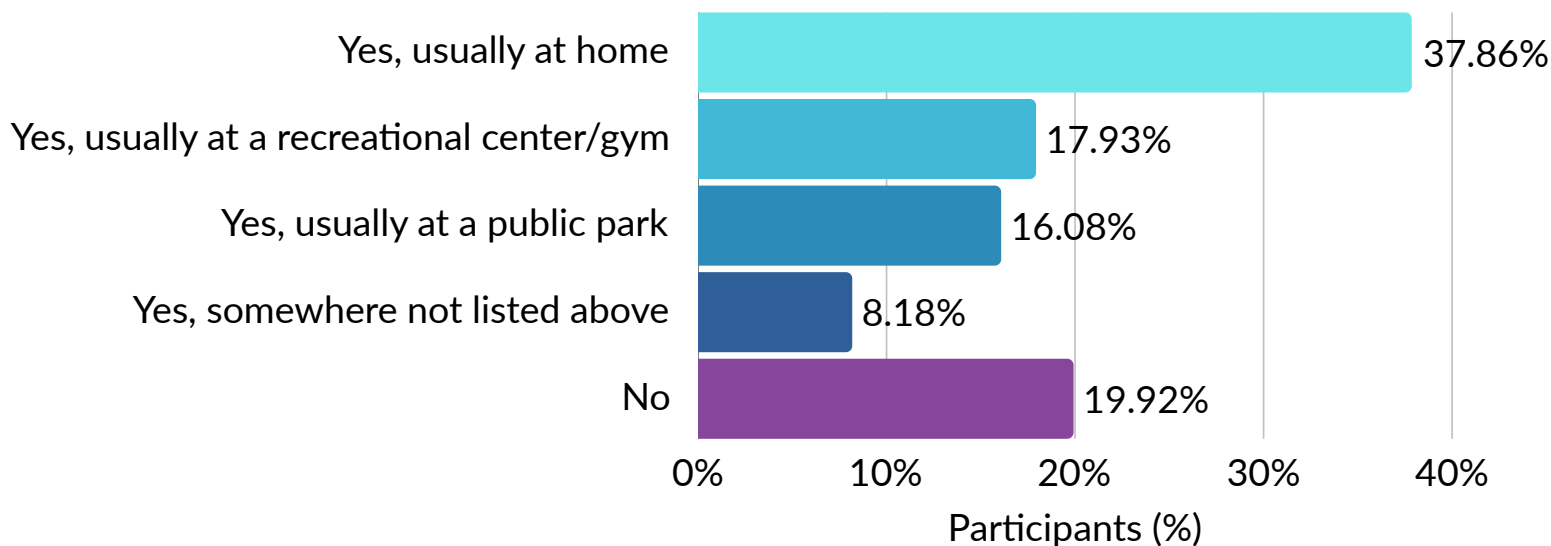
Do you utilize the farmers market for locally produced/sourced products and ingredients?



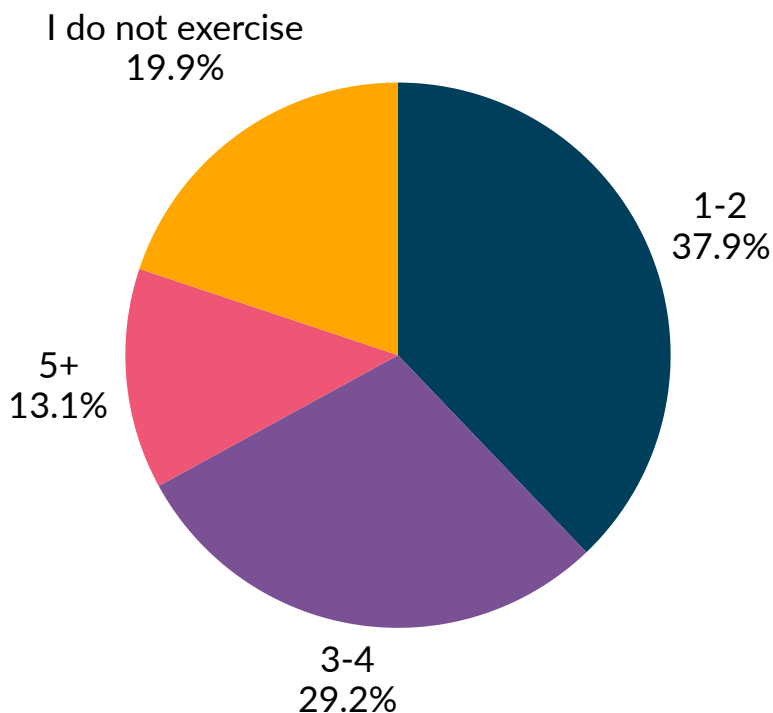
COMMUNITY HEALTH SURVEY RESULTS

SOCIAL DETERMINANTS OF HEALTH/HEALTH BEHAVIORS

Do you exercise?



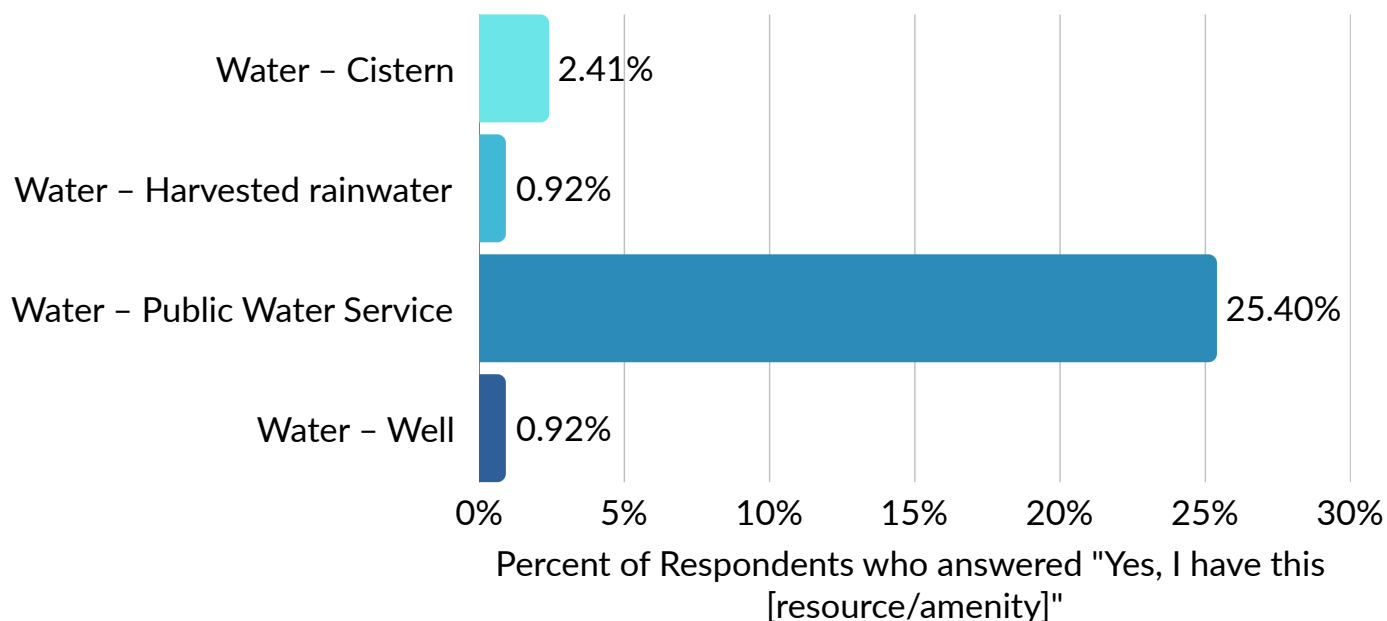
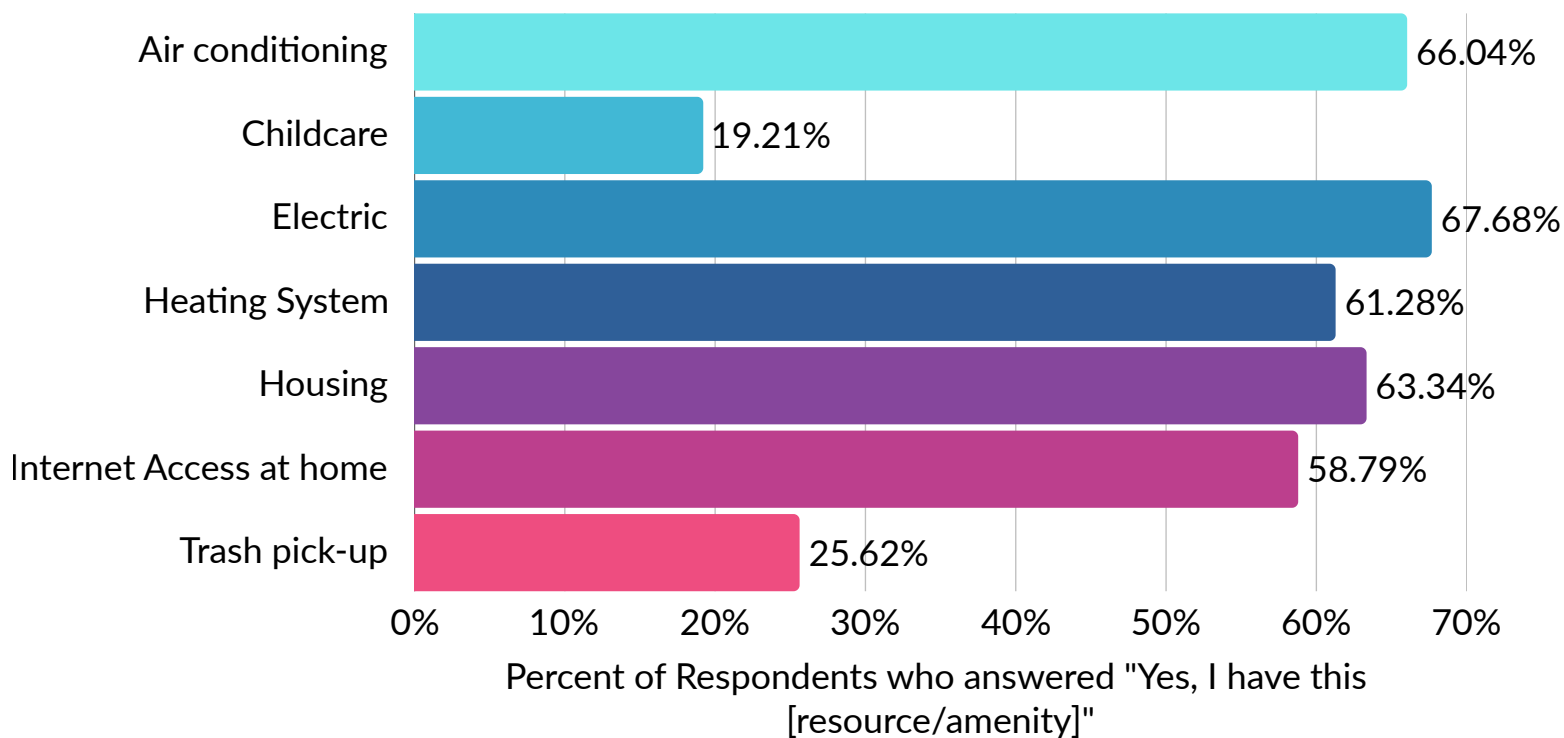
If yes, how many days a week?



COMMUNITY HEALTH SURVEY RESULTS

SOCIAL DETERMINANTS OF HEALTH

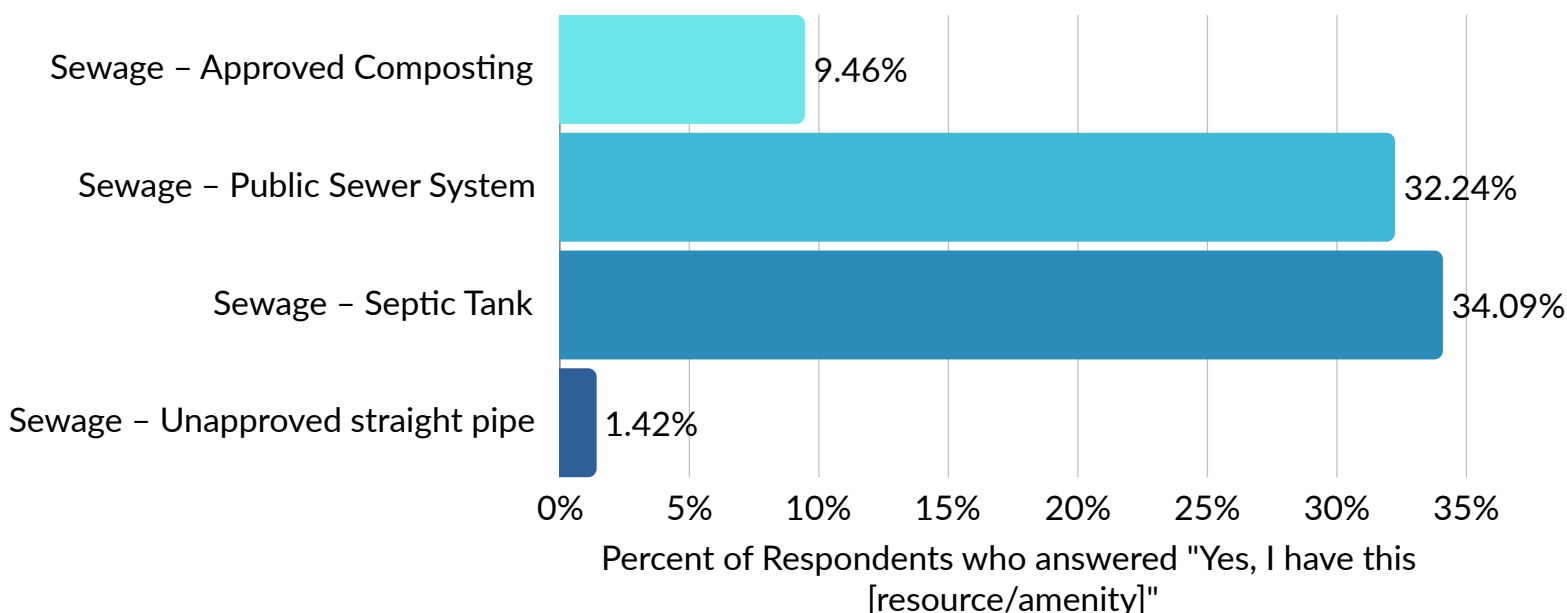
Do you currently have the following?



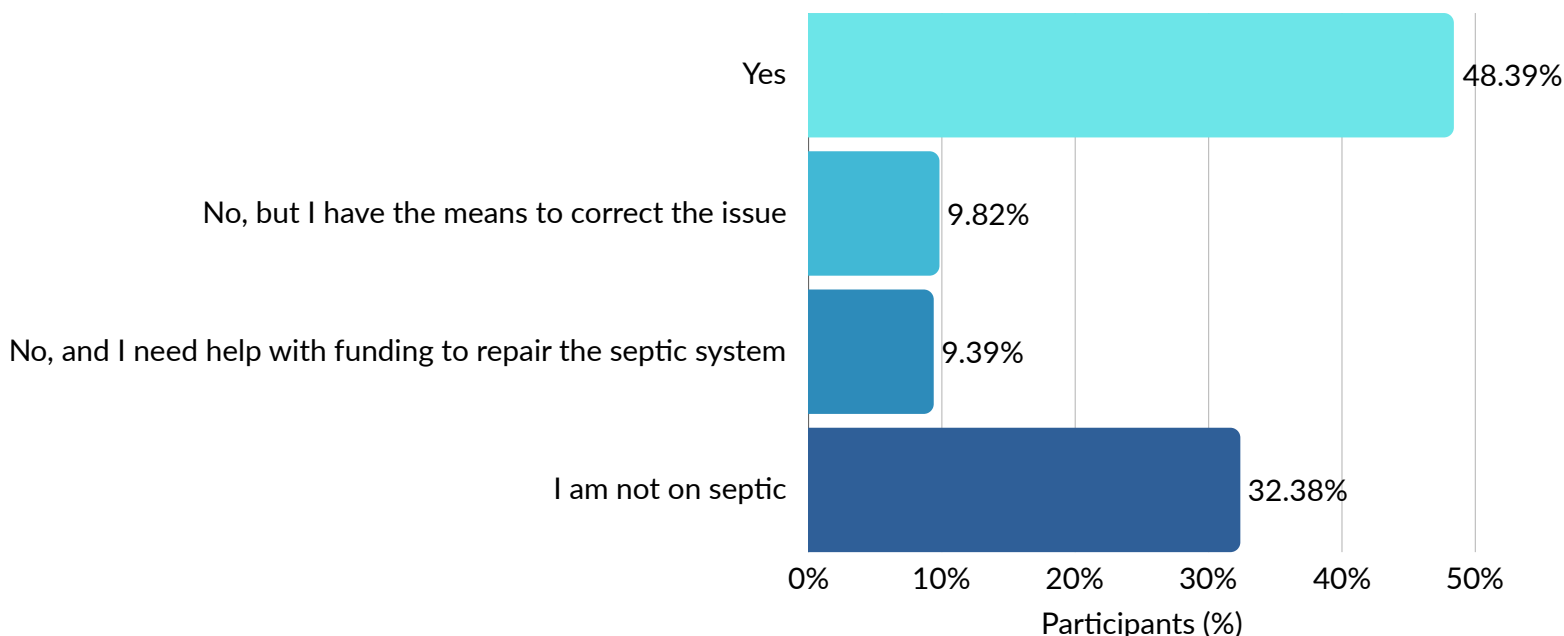
COMMUNITY HEALTH SURVEY RESULTS

SOCIAL DETERMINANTS OF HEALTH

Do you currently have the following?



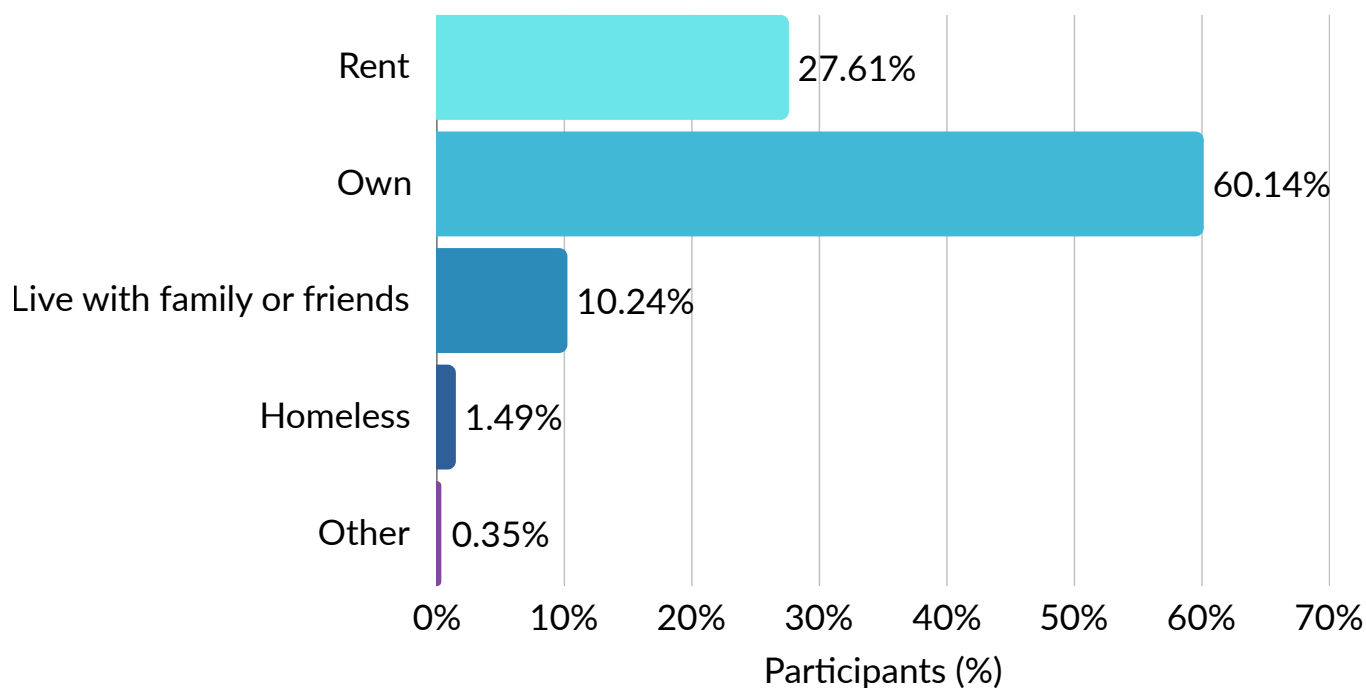
If you are on septic, do you feel that your system functions properly?



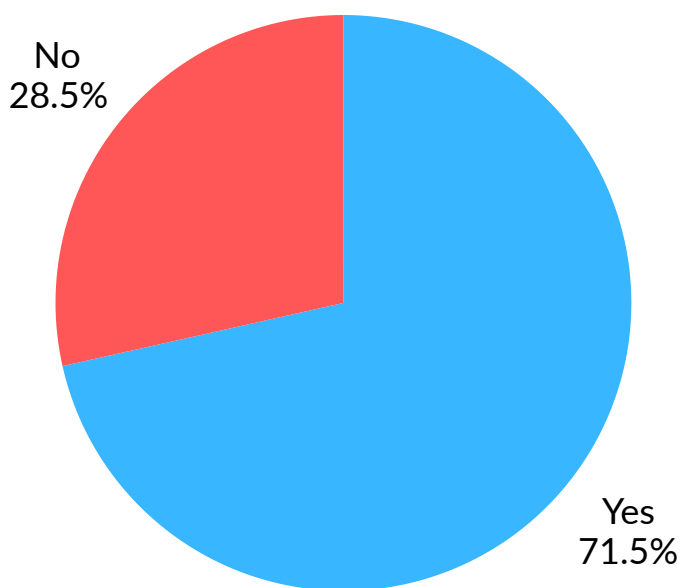
COMMUNITY HEALTH SURVEY RESULTS

SOCIAL DETERMINANTS OF HEALTH

What is your current living situation?



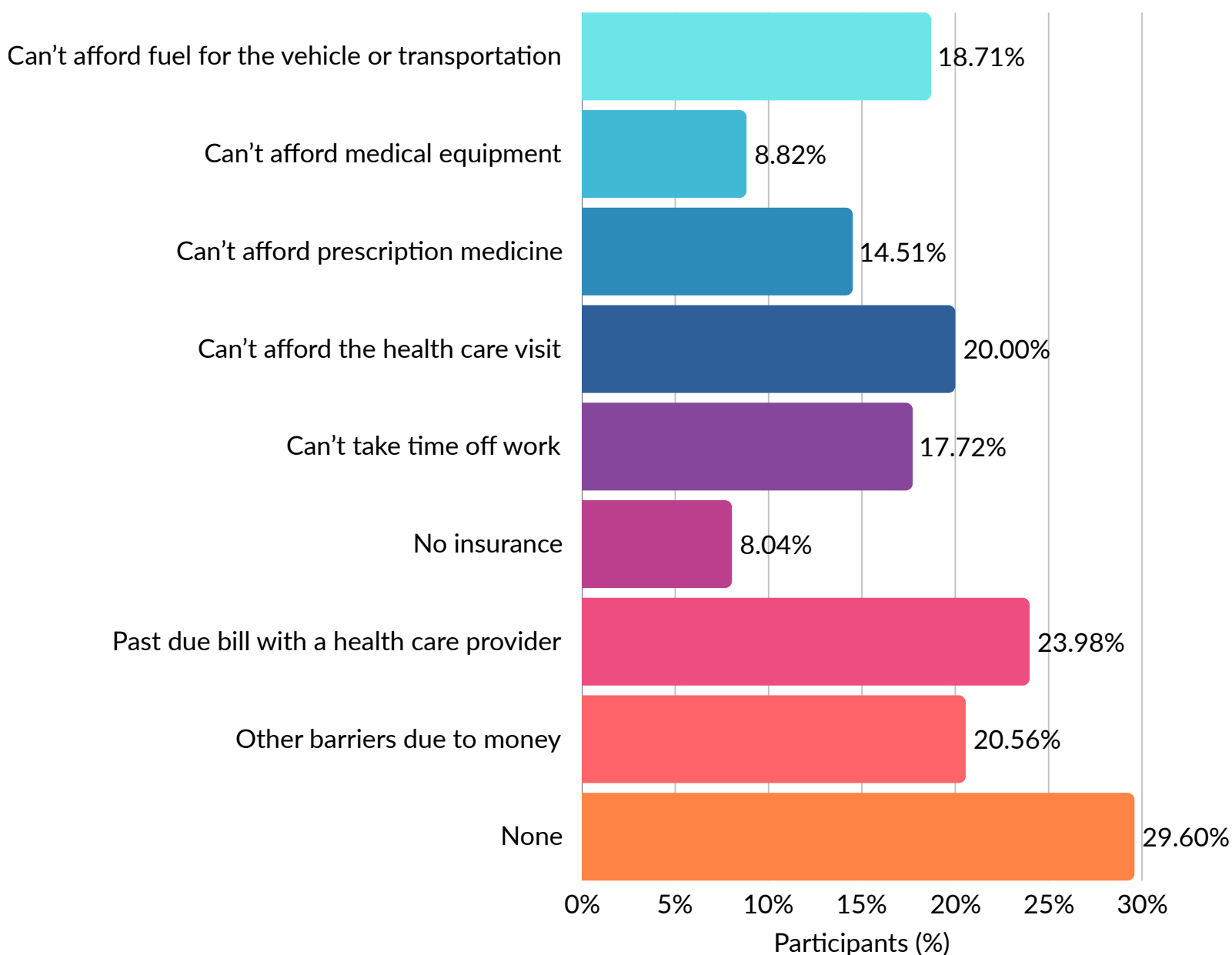
Do you own a vehicle?



COMMUNITY HEALTH SURVEY RESULTS

SOCIAL DETERMINANTS OF HEALTH - BARRIERS

In the past year, have you experienced any of the following **barriers related to money** when it comes to receiving health care when you needed it?



COMMUNITY HEALTH SURVEY RESULTS

SOCIAL DETERMINANTS OF HEALTH - BARRIERS

In the past year, have you experienced any of the following **barriers due to something other than money** when it comes to receiving health care when you needed it?

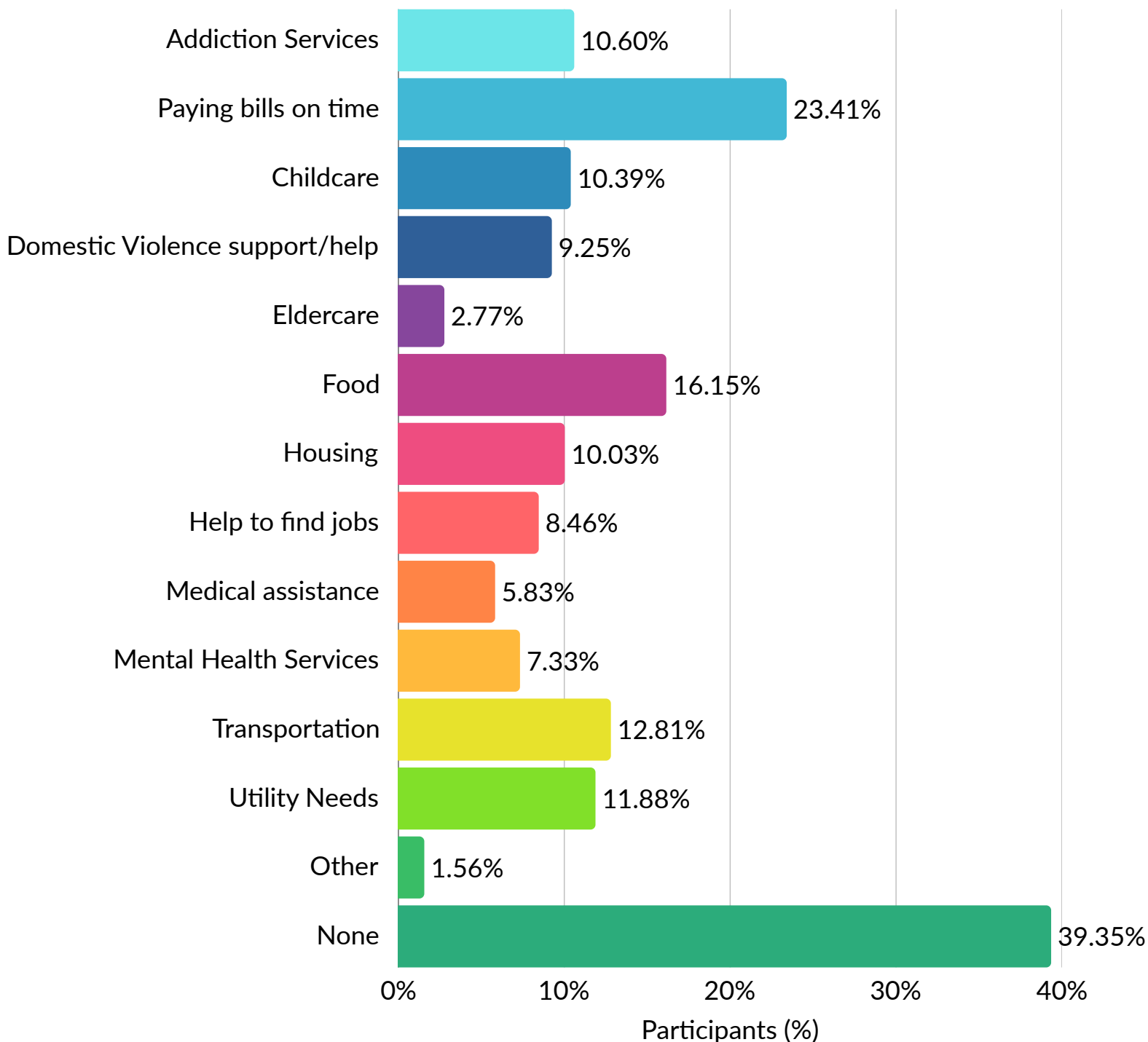
Responses in order, highest to lowest

None	36.86%
Waiting too long in the health care providers waiting room	16.65%
Not being able to get an appointment with my healthcare provider in a timely manner	13.45%
No one to watch my children	10.39%
Don't know where to go for help	9.75%
I don't feel comfortable telling a healthcare provider about my health problems	9.67%
Finding a healthcare provider who will accept my insurance	9.60%
Can't understand the information I'm given by the healthcare provider	9.46%
My healthcare provider does not treat me with respect	8.89%
Physical disability	8.89%
No transportation	8.82%
Other barriers due to something other than money	8.82%
Mental disability	8.46%
Difficulty reading instructions that my health care provider gives me	7.47%
Can't receive information about health in my preferred language	5.12%
Need help at home to follow medical instructions	4.62%

COMMUNITY HEALTH SURVEY RESULTS

SOCIAL DETERMINANTS OF HEALTH

In the past year, have you gone without any of the following for any reason?



COMMUNITY HEALTH SURVEY RESULTS

SUBSTANCE USE

Regarding substance abuse in Montgomery County, how would you rate the following substances in the county? If you know a user of the substance (including yourself), please mark the fourth box in addition to your rating.

Note: The numbers below are percentages (%)

	Not a Problem	Slight Problem	Major Problem	I know someone who uses this	I don't know
Alcohol	13.45	30.03	33.95	25.83	9.82
Cigarettes/Cigars	13.45	26.19	39.07	26.71	7.68
Cocaine	15.44	25.33	22.63	11.45	29.03
E-Cigarettes	15.23	24.98	37.43	22.06	11.60
Fentanyl	12.74	16.79	39.21	14.09	22.13
Huffing/Inhalants/Snorting	14.59	22.27	25.05	10.60	30.32
IV Drug Use	13.02	17.86	34.73	12.52	26.26
Marijuana	20.92	21.99	29.18	20.64	15.58
Meth	11.60	14.16	47.04	15.87	17.58
Prescription Drugs/Heroin	12.24	14.94	46.69	15.87	17.29
Smokeless Tobacco	17.15	24.48	27.47	20.14	19.21

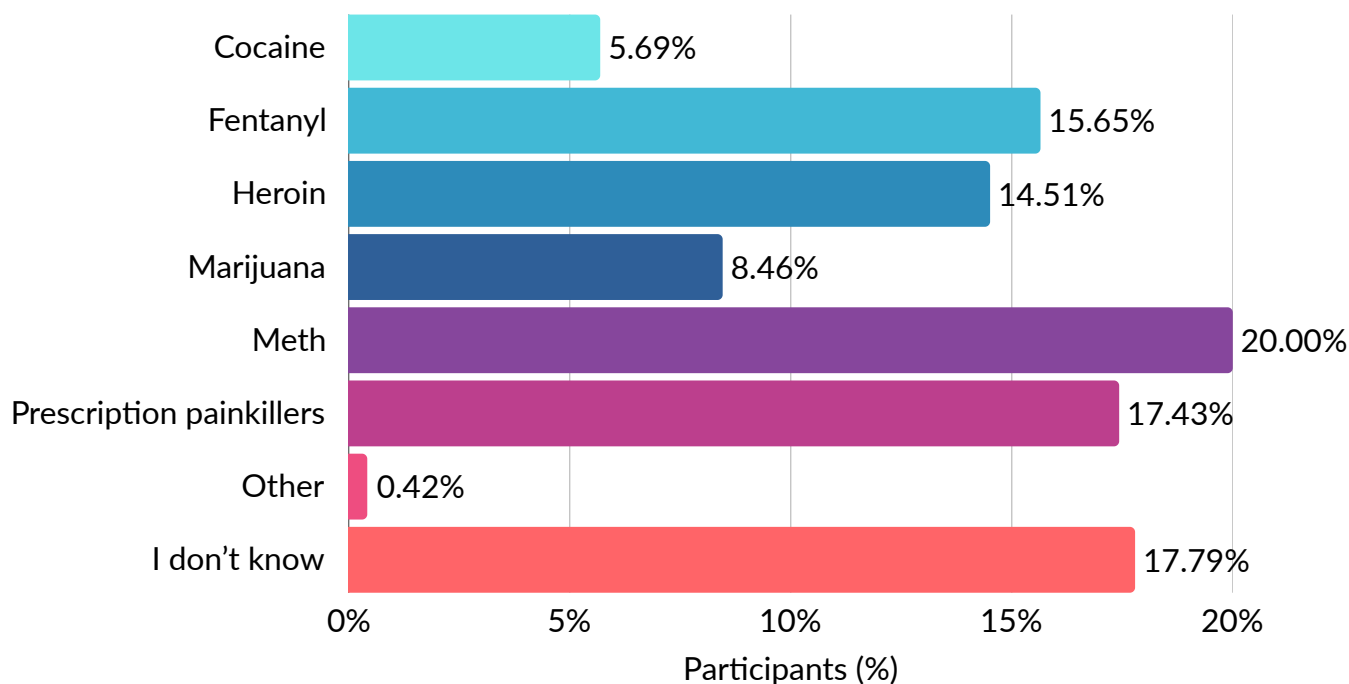
All substances were rated as a “major problem” as their highest response percentage, other than cocaine, which was rated a “slight problem” as its highest response percentage.

The top 3 substances rated as a “major problem” were: Prescription Drugs/Heroin, Meth, and Fentanyl.

COMMUNITY HEALTH SURVEY RESULTS

SUBSTANCE USE

Excluding alcohol and tobacco, which of the following is the biggest drug problem in Montgomery County?



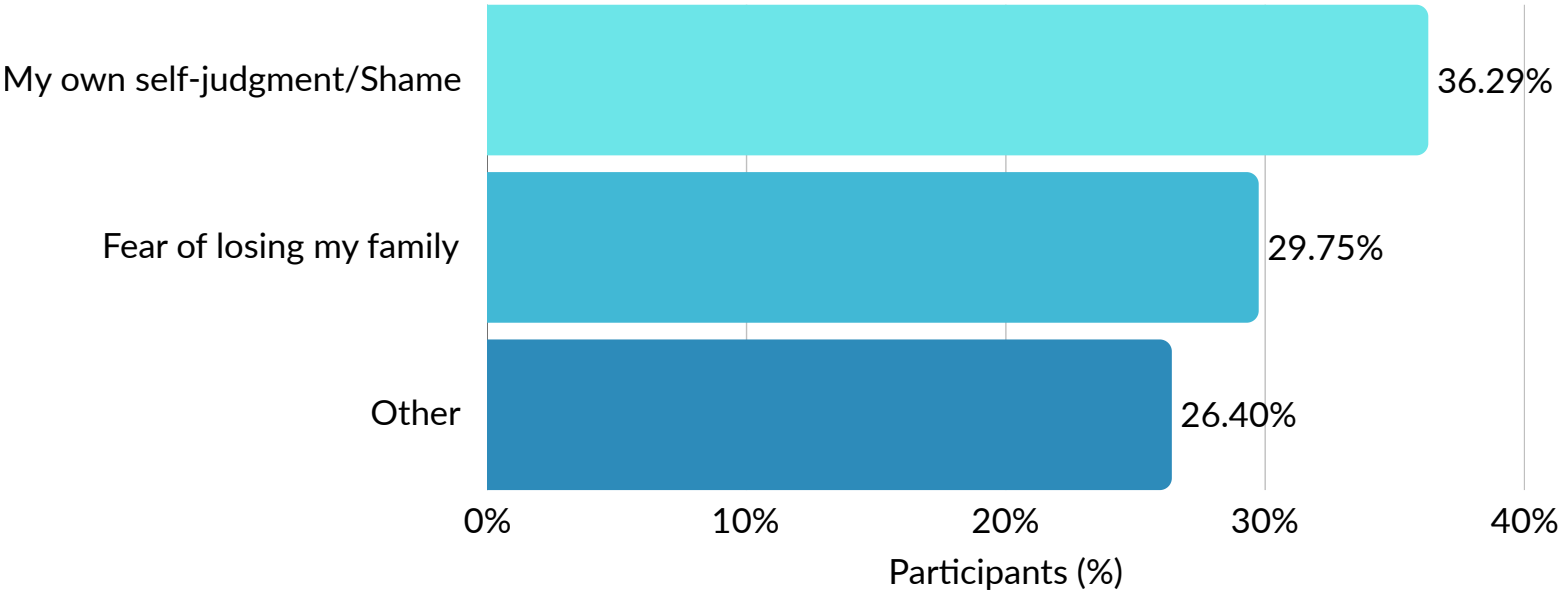
Excluding alcohol and tobacco, which of the following BEST describes you?

I do not use substances like cocaine, marijuana, heroin, meth, etc.	68.89%
I sometimes experiment with substances like cocaine, marijuana, heroin, meth, etc.	10.03%
I often use substances like cocaine, marijuana, heroin, meth, etc.	7.97%
I have a diagnosed substance abuse disorder, but I am not in treatment	8.75%
I have a diagnosed substance abuse disorder and I am currently in treatment for substance abuse	1.20%
I am in recovery from substance abuse	3.13%

COMMUNITY HEALTH SURVEY RESULTS

SUBSTANCE USE

What would be your **top three barriers** if you were to ever need treatment for substance abuse?



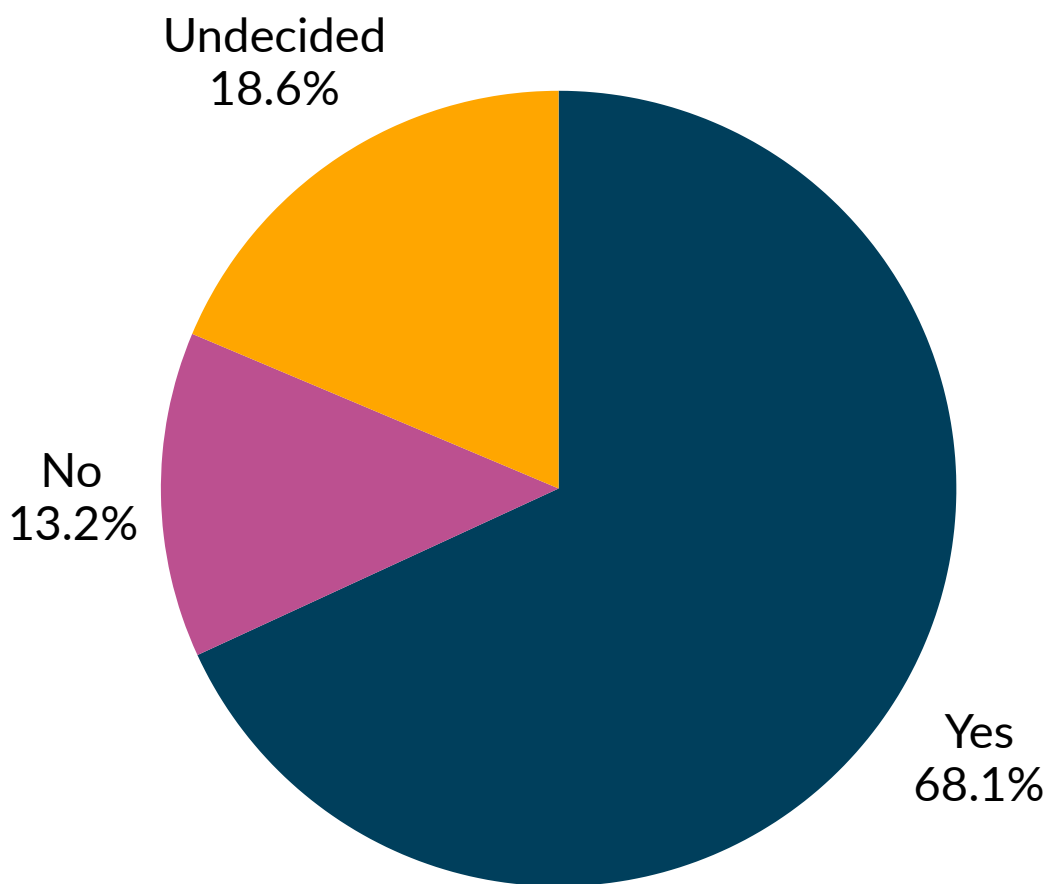
The remaining response choices, as ranked by participants

Fear of losing my job	26.26%
Fear of going to jail/prison	23.84%
Lack of privacy/confidentiality	23.62%
Other's judgment of me/Stigma	17.43%
Cost/Lack of health insurance	15.23%
Not knowing where to go for help	15.16%
Lack of treatment options	8.46%
Lack of transportation	7.33%
Childcare	6.97%

COMMUNITY HEALTH SURVEY RESULTS

SUBSTANCE USE

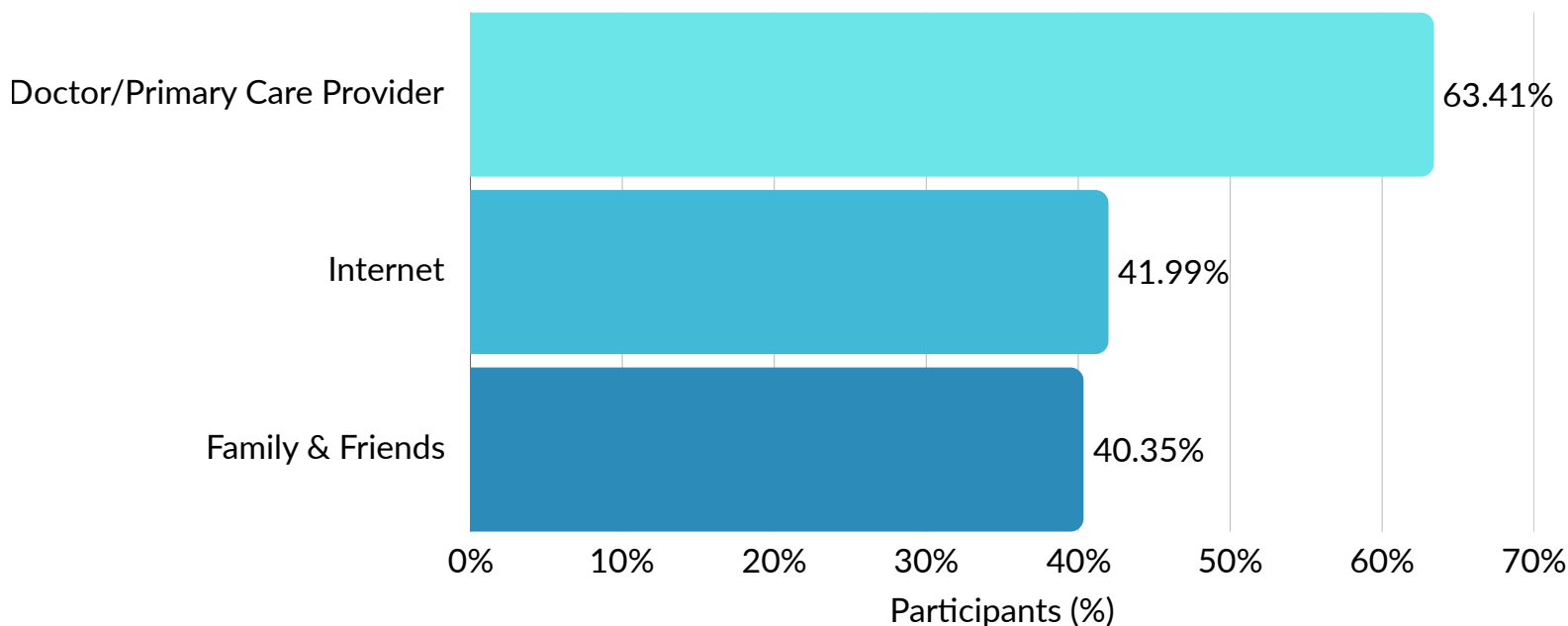
Do you think that Montgomery County needs a Syringe Exchange program for IV Drug Users? *This program could provide HIV/Hepatitis C testing and prevention supplies. Education regarding transmission, Narcan, Narcan training, wound care, proper syringe disposal, referrals to drug treatment, and other additional treatment options and free, clean syringes.*



COMMUNITY HEALTH SURVEY RESULTS

HEALTH INFORMATION

What are the **top three resources** YOU rely upon for health information?



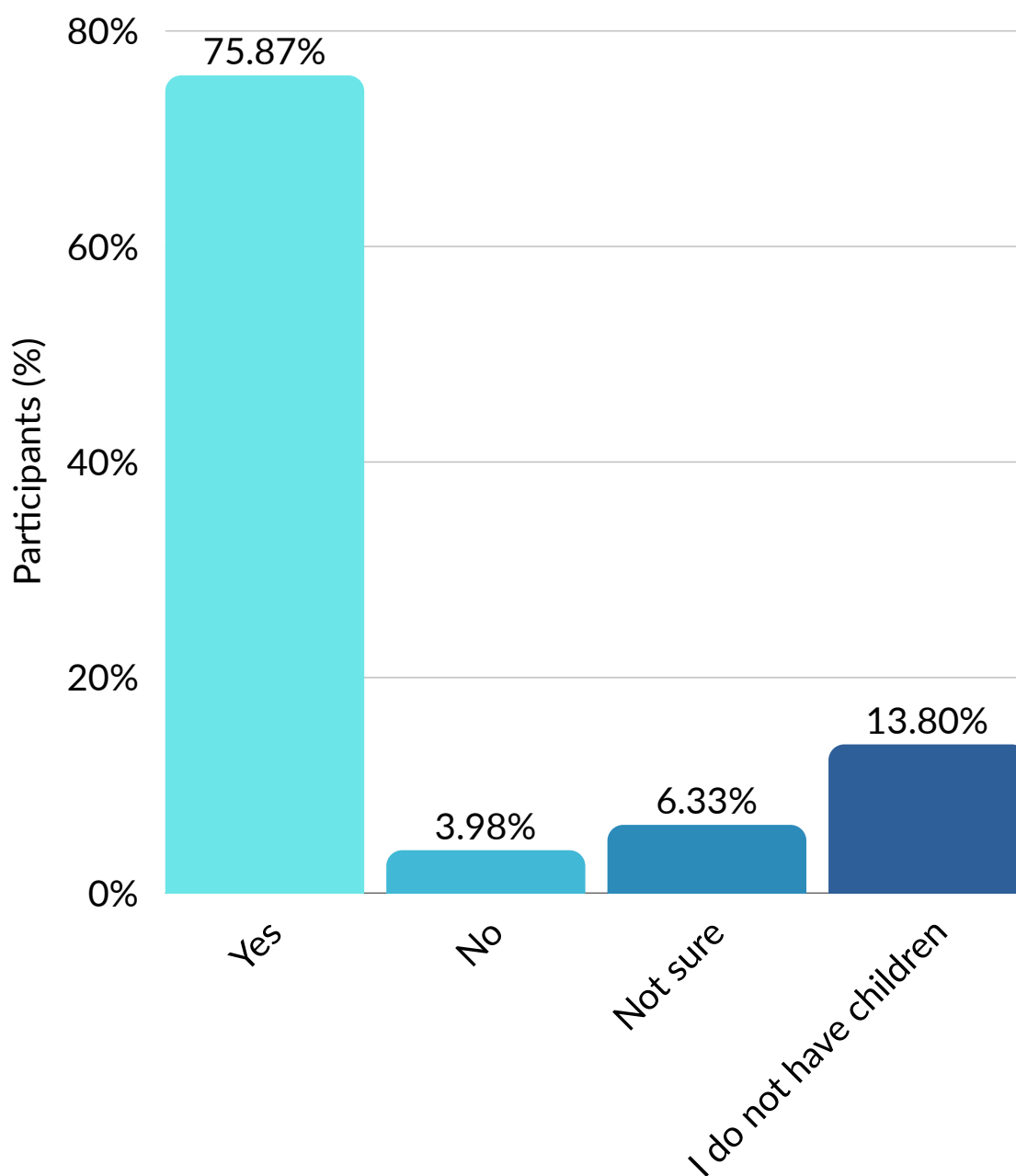
The remaining response choices, as ranked by participants

Montgomery County Health Department	38.50%
Hospital	24.12%
Media	23.84%
Community Education	22.98%
Health Department in another county	14.44%
Veterans Administration	10.88%
Other	2.34%

COMMUNITY HEALTH SURVEY RESULTS

HEALTH CARE OPTIONS

If your primary care provider/doctor is unavailable OR you have no health insurance, would you bring your child to the Montgomery County Health Department for a well-child/school physical?





COMMUNITY PARTNER ASSESSMENT

COMMUNITY PARTNER ASSESSMENT

WHAT IS THE COMMUNITY PARTNER ASSESSMENT?

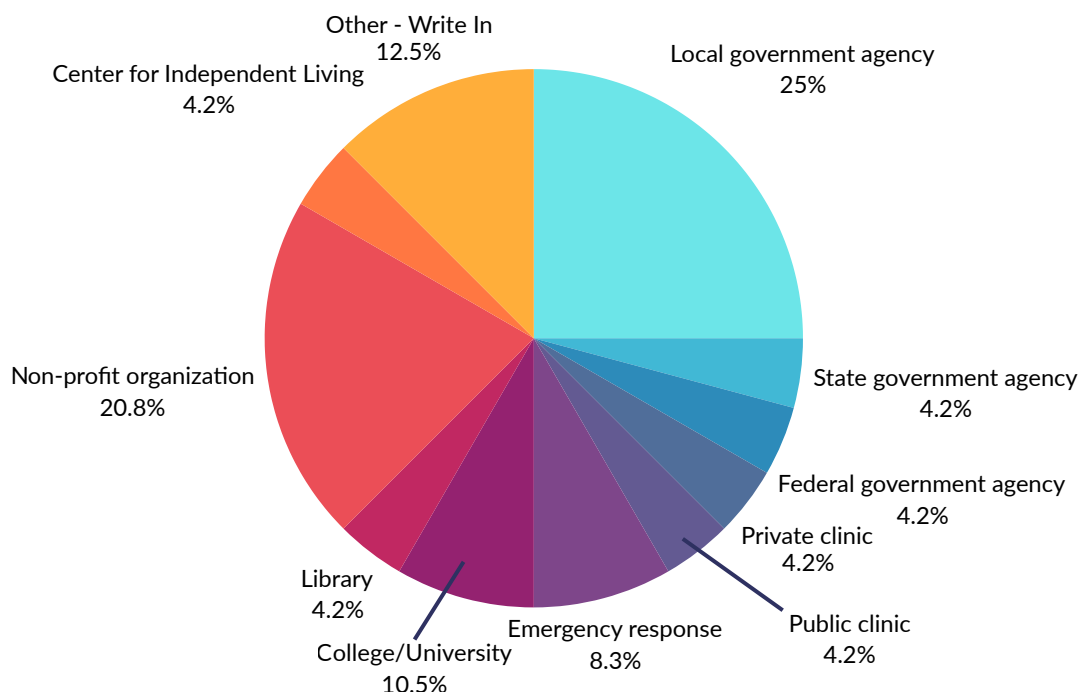
The Community Partner Assessment (CPA) is an assessment process that allows community partners involved in the CHA/CHIP process to critically look at:

- Their own individual systems, processes and capacities.
- Their collective capacity as a network/across all community partners to address health inequities.

This tool helps identify the range of actions that are currently being taken and could be taken moving forward to address health inequity at the individual to systemic and structural levels. It also helps us understand the organizations/resources in our community, what they do, whom they serve, and how they might impact community health improvement efforts.

COMMUNITY PARTNER ASSESSMENT RESULTS

We had 19 organizations respond to the CPA. 13 organizations completed the CPA in full, and 6 partially completed the CPA. Below is the breakdown of respondents by type of organization.



COMMUNITY PARTNER ASSESSMENT

COMMUNITY PARTNER ASSESSMENT RESULTS

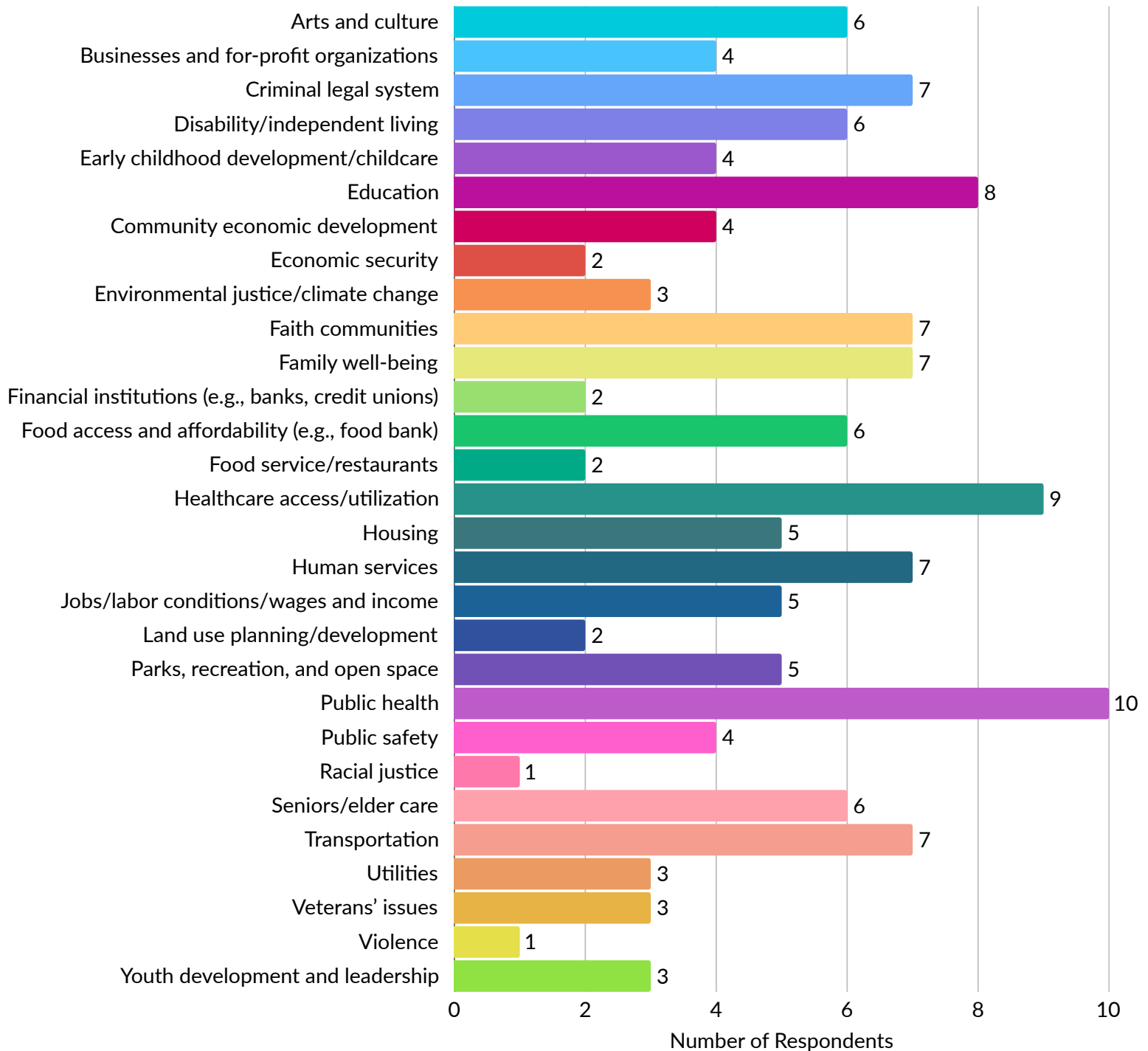
What **populations** does your organization serve?

Specific Populations Served	Number of Respondents
Black/African American	5
African	1
Native American/Indigenous Native	2
Latinx/Hispanic	5
Asian	1
Asian American	2
Caucasian	6
All races/ethnicities	13
People with disabilities	7
LGBTQIA+	4
Populations who speak English as a second language	12
All population groups	15

COMMUNITY PARTNER ASSESSMENT

COMMUNITY PARTNER ASSESSMENT RESULTS

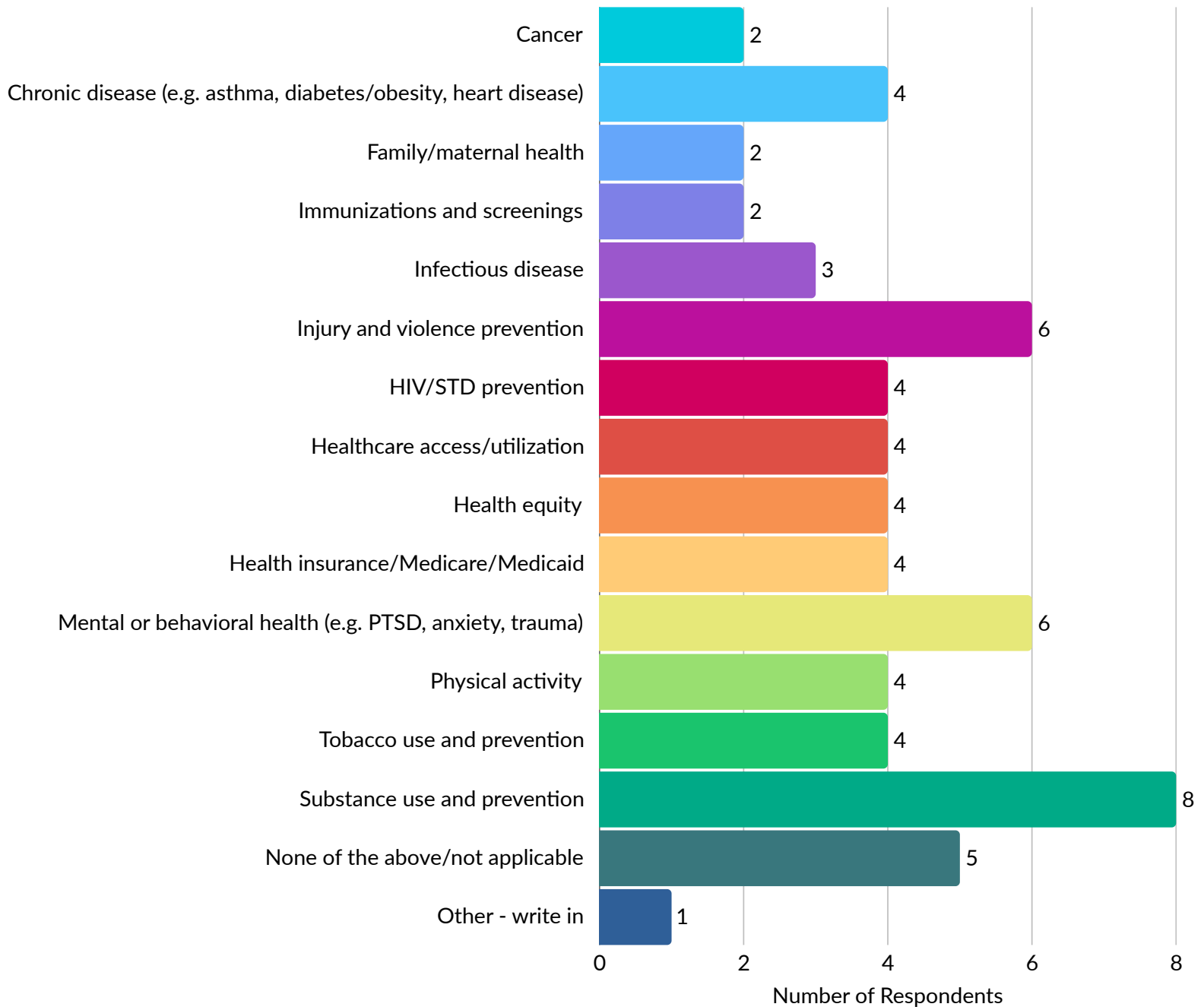
What **categories** does your organization work on/with?



COMMUNITY PARTNER ASSESSMENT

COMMUNITY PARTNER ASSESSMENT RESULTS

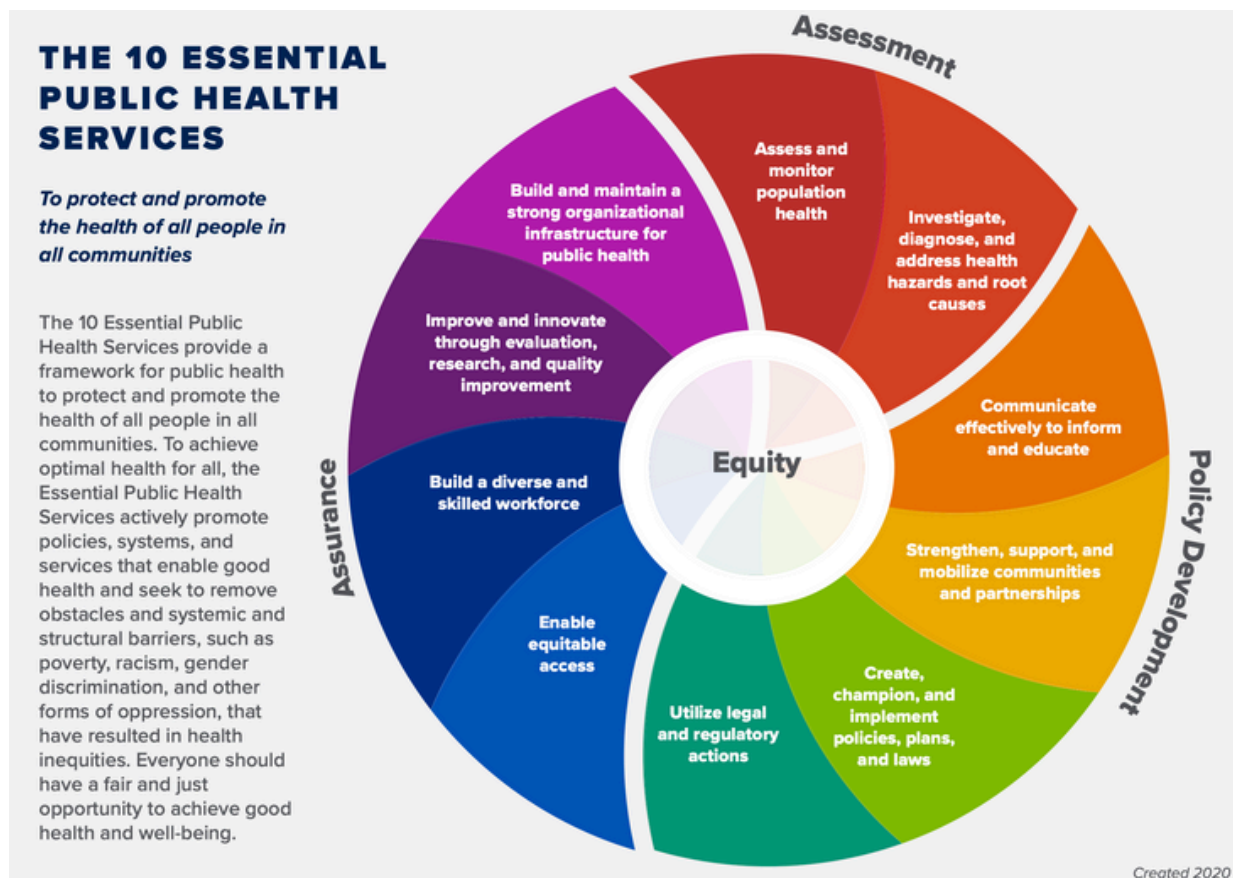
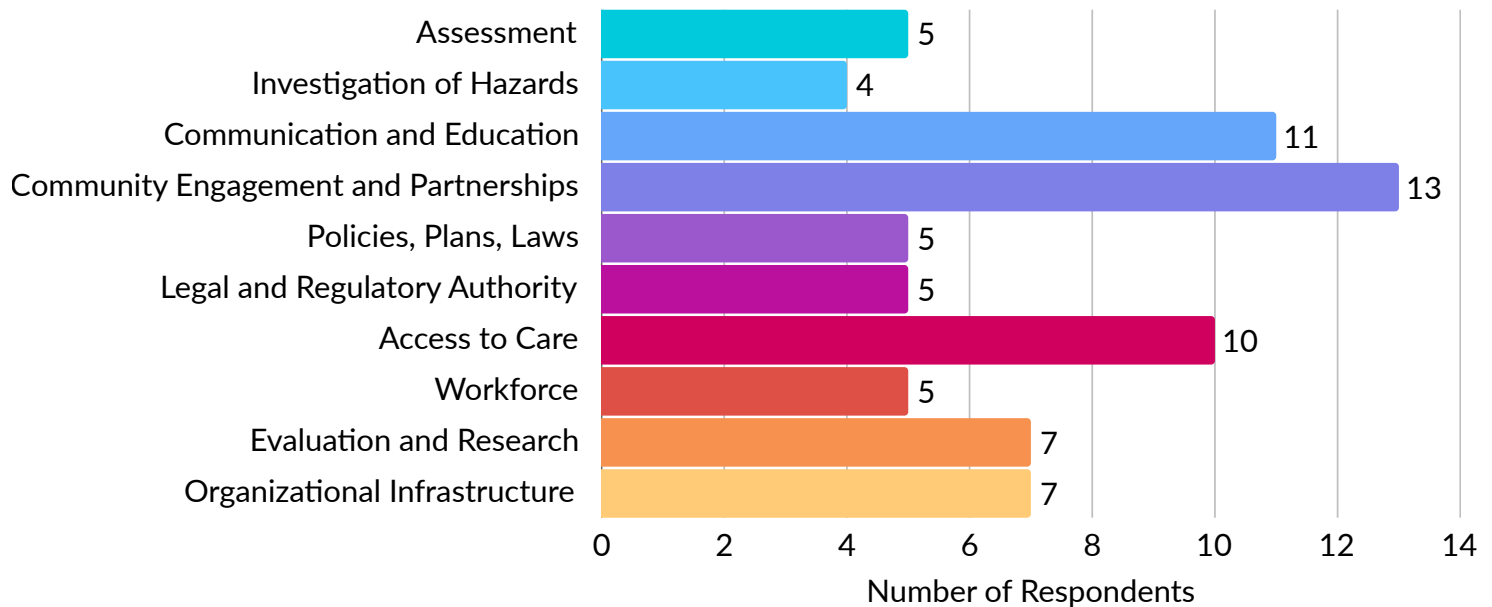
What **health topics** does your organization work on?



COMMUNITY PARTNER ASSESSMENT

COMMUNITY PARTNER ASSESSMENT RESULTS

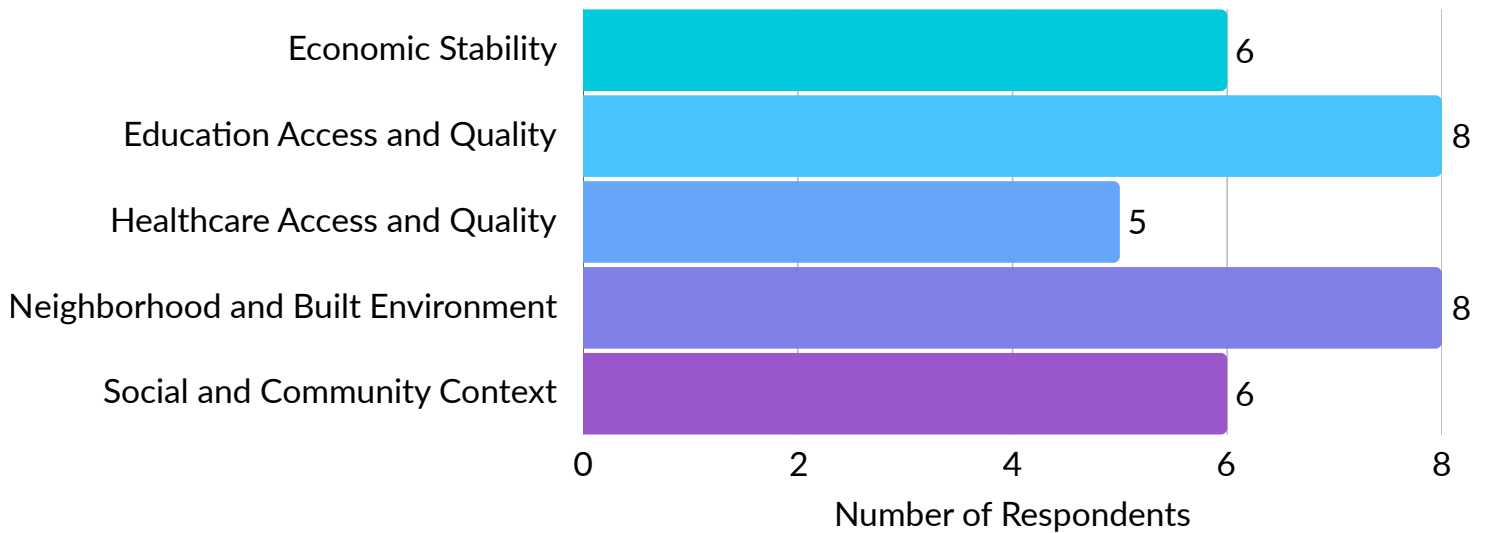
Which of the **10 Essential Public Health Services** does your organization contribute to?



COMMUNITY PARTNER ASSESSMENT

COMMUNITY PARTNER ASSESSMENT RESULTS

How many organizations reported having a strong focus on one or more of the **Social Determinants of Health** domains?



CONCLUSIONS

- A variety of organization types completed the CPA, showing us that we have a variety of available entities who provide public health resources/support in some capacity.
- Respondents reported serving many different populations, including at least one for every population asked about, which is encouraging.
- Respondents reported working on numerous categories and health topics, though the representation for some categories and health topics was low.
- Collectively, respondents are contributing to all 10 essential public health services and all 5 SDoH domains.
- Considering the total number of respondents (19), including those who only had partial survey completion, the representation and coverage displayed at this point is encouraging that the true levels of representation/coverage/engagement in the community may be higher for all measures examined.



MONTGOMERY COUNTY COMMUNITY RESOURCES LIST

COMMUNITY RESOURCES

RESOURCES IN MONTGOMERY COUNTY

Montgomery County has numerous resources available in our community that help address social determinants of health and health inequities in various ways. **The table below is not an exhaustive list.***

Resource Name	Description
Addiction Recovery Care (ARC)	Provides a variety of outpatient substance abuse treatment services, including therapy, peer support, and medically assisted treatment.
DuBois Community Center	Provides a community center space that is welcoming to all people. Hosts health fairs and other educational and recreational events and celebrations.
Early Learning Center, Montgomery County Public Schools	Provides educational experiences and activities to children younger than compulsory school age.
Farmer's Market	Provides a local outdoor market in a covered pavilion where local people sell their goods - vegetables, fruits, bread and other baked goods, art, other handmade goods, etc. There are WIC/Senior program vouchers that can be used to buy certain goods.
Gateway Children's Services	Provides treatment and emergency shelter programs to males and females ages 10-17.
Gateway Community Action	Provides community services such as housing programs and utility service assistance.
Gateway Regional Arts Center	Provides art shows, theater performances, concerts, and classes for children and adults.
MOCO Transit	Provides transportation services for destinations within Montgomery County, costs \$1.00 per ride and must be scheduled at least 48 hours in advance.
Montgomery County Department of Community-Based Services	Provides family support, child and adult protection, and Medicaid and food benefits.
Montgomery County Early Head Start and Head Start	Provides early childhood education to children from birth up to kindergarten age, and provides educational and other types of resources to families.

*If you would like us to include your organization in the next Community Health Assessment (CHA), please let us know. Contact information for CHA-related questions and comments is listed on page 91.

COMMUNITY RESOURCES (CONT.)

Resource Name	Description
Montgomery County Health Department	Provides vaccinations, pregnancy and STD testing, WIC, HANDS, community education, and environmental services.
Montgomery County Homeless Coalition	Operates a shelter that is open during extreme weather, provides free housing for one person/family for 6 months-1 year at a time, advocates for persons experiencing homelessness.
Montgomery County Post 22, American Legion Department of Kentucky	Provides benefits assistance to veterans and their families; helps with form completion.
Montgomery County Public Library (branches in Mt. Sterling and Camargo)	Provides library books/DVDs/audiobooks and informational resources, educational and informational programming, notary services, copy, printing, and faxing services, computers available for use, and public meeting spaces. Has a Bookmobile service which brings books, DVDs, and audiobooks available for checkout to neighborhoods, community locations, organizations, and private residences.
Montgomery County Public Schools	Provides pre-kindergarten through 12th grade education and provides a variety of assistance and resources to kids and their families.
Montgomery County Senior Center	Provides socialization, recreation, education, transportation, and meals to older adults.
Montgomery County, Kentucky Cooperative Extension Service	Provides information, education, classes, and events for the community - focused on agriculture and the environment.
Montgomery County, Kentucky Habitat for Humanity	Provides affordable homeownership and volunteer opportunities.
Mount Sterling Goodwill	Accepts and sells donated items to provide jobs and job training, and employment counseling.
Mount Sterling Housing Authority	Provides public housing to low-income families, the elderly, and those with disabilities.
Mount Sterling, Big Brothers Big Sisters of the Bluegrass	Provides guidance and serves as role models to youth from low-income/troubled homes, or those with disabilities.

*If you would like us to include your organization in the next Community Health Assessment (CHA), please let us know. Contact information for CHA-related questions and comments is listed on page 91.

COMMUNITY RESOURCES (CONT.)

Resource Name	Description
Mount Sterling, Kentucky Career Center	Provides job seeker assistance, unemployment insurance, veteran's services, and training.
Mount Sterling-Montgomery County Chamber of Commerce	Supports and advocates for the welfare of the community.
Mount Sterling-Regional Office, Kentucky Department of Veterans Affairs	Provides accredited veterans benefits assistance at no charge.
Mt. Sterling Montgomery County Parks and Recreation	Provides opportunities for all ages to spend time outside in a safe environment. Multiple local parks/playgrounds - Easy Walker Park, Botts Park, The Dog Park (Pribble Park), and Bypass Park. There is also the Aquatic Center.
New Song Counseling Center	Provides outpatient mental health services.
Numerous churches and other faith-based organizations	Provides faith-based support and resources to the community.
Numerous healthcare facilities	Provides a variety of healthcare services to the community.
Pathways Inc.	Provides a community-based center for mental health care, prevention and treatment of addictions, and services for individuals with developmental disabilities.
Shepherd's Shelter/Ross Rehab	Provides faith-based inpatient substance abuse treatment.
Sterling Community Food Coalition	Provides grocery items to those with an immediate need.
Sterling Health Care	Local Federally Qualified Health Center. Provides a variety of health care services (including general healthcare for adults and children, behavioral health, dental, vision, women's health, substance use treatment, pharmacy, and more) with a sliding scale fee.
Target4 (part of University of Kentucky College of Public Health)	Provides harm reduction services including HIV and Hepatitis C testing, facilitates Narcan trainings, gives out free safe sex supplies, and provides health education and outreach.

*If you would like us to include your organization in the next Community Health Assessment (CHA), please let us know. Contact information for CHA-related questions and comments is listed on page 91.

THANK YOU FOR READING!

**IF YOU HAVE ANY QUESTIONS OR
COMMENTS, OR WOULD LIKE TO
PARTICIPATE IN THE CHA/CHIP
PROCESS, PLEASE CONTACT:**

Cody Heise

Community Health Assessment and Accreditation Coordinator
Montgomery County Health Department

Email: DakotaD.Heise@MCHDKY.org

Phone: 859-498-3808

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APPENDICES

WHAT ARE THE SOCIAL DETERMINANTS OF HEALTH (SDOH)?

Social determinants of health are “conditions in the environments where people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks”⁹. SDoH are divided into 5 domains: economic stability, education access and quality, healthcare access and quality, neighborhood and built environment, and social and community context⁹. This CHA describes several SDoH measures for Montgomery County.

SDOH DOMAIN EXAMPLES

- **Economic stability**⁴⁹
 - Factors related to economic stability:
 - Stable income
 - Stable job
 - Presence of government programs that help people pay for food, housing, healthcare, and education
 - Employment programs and career counseling opportunities
 - Living in poverty
 - Cost for high-quality childcare
 - Housing costs
 - Examples of measures of economic stability:
 - Poverty rate
 - Median household income
 - Food insecurity rate
 - Housing costs as percent of income
 - Unemployment rate
- **Education access and quality**⁵⁰
 - Factors related to education access and quality:
 - Higher educational attainment

SDOH DOMAIN EXAMPLES (CONT.)

- Factors related to education access and quality (cont.):
 - Public school funding and resources
 - Presence of high-quality early childhood education programs
 - Availability of special education services and support
- Examples of measures of education access and quality:
 - High school graduation rate
 - Level of educational attainment
 - Standardized test scores
 - Student to teacher ratios
 - Literacy rate
- **Healthcare access and quality⁵¹**
 - Factors related to healthcare access and quality:
 - Health insurance coverage and cost
 - Number of health care providers in the community
 - Number of mental health care providers in the community
 - Opportunity to get routine check-ups and preventive care
 - Prices and insurance coverage of medications
 - Affordability of health care services
 - Availability of substance abuse treatment
 - Healthcare literacy and providers making sure patients understand their health information
 - Telehealth availability
 - Examples of measures of healthcare access and quality:
 - Percent of population that have health insurance
 - Percent of population that receive preventive care services
 - Percent of pregnant women who receive early, consistent, and adequate prenatal care
 - Ratio of population to primary care providers
 - Ratio of population to mental health providers

SDOH DOMAIN EXAMPLES (CONT.)

- **Neighborhood and built environment⁵²**
 - Factors related to neighborhood and built environment:
 - Air and water quality, noise pollution, secondhand smoke exposure
 - Walkability
 - Accessibility for people with disabilities
 - Proximity to grocery stores, healthcare facilities, schools
 - Crime
 - Transportation (personal vehicle, public transit)
 - Safe and adequate housing
 - Parks/green space
 - Examples of measures of neighborhood and built environment:
 - Air and water quality measures
 - Percent of people who smoke cigarettes
 - Crime rates
 - Statistics on motor vehicle accidents
 - Walkability score
- **Social and community context⁵³**
 - Factors related to social and community context:
 - Social support/social connections
 - Positive relationships, especially for children
 - Levels of discrimination, racism, violence
 - Trusted institutions - community centers, schools, libraries, places of worship, etc.
 - Voting in elections
 - Examples of measures of social and community context:
 - Rates of anxiety and depression
 - Percent of population who vote
 - Resource mapping of trusted institutions

APPENDIX B: 2022 COMMUNITY HEALTH SURVEY

MONTGOMERY COUNTY 2022 COMMUNITY HEALTH SURVEY

INTRODUCTION

The purpose of this survey is to get your (as an individual) opinion about community health and safety issues in Montgomery County. The Montgomery County Healthy Communities Coalition, a community health committee, will use the results of this survey and other information to identify the most important problems which can be addressed through community action.

The information collected will be combined with information from other people taking part in the survey. You will not be personally identified in any written materials. Some combined results of this study may be published on MCHD's social media platforms, in the Advocate, and printed in health documents for community partners. No one will be personally identified; all information will be combined and looked at as a whole.

1. By continuing with the survey, you indicate that you understand the above information and are providing your consent to participate in the survey.

☐ Yes, I will continue.
☐ No, Thank you for your time.

2. Do you live in Montgomery County?

☐ Yes
☐ No

3. How healthy or unhealthy would you say our community is? Please think of "community" as the ZIP code in Montgomery County where you live.

Very Healthy

☐

Healthy

☐

Somewhat Healthy

☐

Unhealthy

☐

Very Unhealthy

☐

4. How would you rate your own personal health?

Very Healthy

☐

Healthy

☐

Somewhat Healthy

☐

Unhealthy

☐

Very Unhealthy

☐

5. Looking at the list below, what are the 5 most important health problems YOU think Montgomery County needs to address to make our community healthier?

☐ Addiction to/overdose from drugs or alcohol

☐ Diabetes

☐ Infectious diseases (TB, Hepatitis, Flu, COVID-19, etc.)

☐ Aging problems (Arthritis, hearing/vision loss, etc.)

☐ Diseases that affect the lungs (COPD, emphysema, asthma, etc.)

☐ Mental health problems (Anxiety, Bipolar Disorders, Depression, Schizophrenia, etc.)

☐ Cancers

☐ Environmental concerns (lead, pollution, air/water quality, secondhand smoke)

☐ Motor vehicle crash injuries

☐ Child, adult, or senior abuse/neglect/sexual abuse

☐ Farming-related injuries

☐ Overweight/obesity

☐ Chronic pain

☐ Firearm-related injuries

☐ Self-harm (Suicide)

☐ Dental problems (gum disease, tooth decay, tooth loss, etc.)

☐ Heart Disease, Stroke, and/or High Blood Pressure

☐ Sexually Transmitted Diseases (Chlamydia, Herpes, HIV/AIDS, Syphilis, etc.)

☐ Developmental disabilities (Autism spectrum disorders, Cerebral Palsy, Down Syndrome, etc.)

☐ Infant death

☐ Other (please specify) _____

APPENDIX B: 2022 COMMUNITY HEALTH SURVEY

6. Looking at the list below, what are the 5 most important risky behaviors that YOU think Montgomery County citizens need to work on to create an overall healthier community?

- | | | |
|---|---|---|
| ☐ Distracted Driving (texting, drinking) | ☐ Not getting childhood vaccinations/shots | ☐ Racism |
| ☐ Dropping out of school | ☐ Not getting shots to prevent diseases (Flu, Pneumonia, Shingles, Tetanus, COVID-19, etc.) | ☐ School bullying |
| ☐ Drug/Alcohol abuse | ☐ Not having access to/using birth control | ☐ Unintended Pregnancy |
| ☐ Hate Crimes | ☐ Not having health insurance | ☐ Unlimited/not monitored screen time for youth |
| ☐ Homicide (murder) | ☐ Not using seat belts/child safety seats | ☐ Unsafe sex practices |
| ☐ Lack of exercise | ☐ Not wearing helmets when riding a motorcycle or bicycle | ☐ Unsecured firearms |
| ☐ Nicotine/Tobacco Use (Cigarettes, Chewing Tobacco, E-Cigarettes, Vaping) | ☐ Overweight/Obesity | ☐ Other (please specify) _____ |
| ☐ Not getting adequate preventative health care (not going to routine doctor/dental appointments) | ☐ Poor eating habits | |

7. Looking at the list below, what do YOU think are the 5 most important things needed to create a healthier Montgomery County?

- | | | |
|--|--|---|
| ☐ Access to affordable fresh foods | ☐ Clean environment (clean air, water, soil, and streets) | ☐ Outpatient physical rehabilitation |
| ☐ Access to health care/dental services (having a family doctor) | ☐ Community is accessible to those with disabilities | ☐ Safe roads and walkways |
| ☐ Access to public parks/walking paths | ☐ Drug rehabilitation services/treatment | ☐ Services for homelessness |
| ☐ Affordable housing | ☐ Harm reduction services (overdose prevention, syringe exchange, disease prevention for drug users) | ☐ Strong public transportation system |
| ☐ After-hours medical clinics for adults and children | ☐ Home health care | ☐ Weight loss programs or services |
| ☐ Aging services | ☐ Low crime/safe neighborhoods | ☐ Other (please specify) _____ |
| ☐ Childcare (day or evening) | ☐ Mental health services | |

8. Looking at the list below, what are the top 3 resources YOU rely upon for health information?

- | | | |
|---|---|--|
| ☐ Community Education | ☐ Hospital | ☐ Veterans Administration (VA) |
| ☐ Doctor/Primary Care Provider | ☐ Internet (Google, WebMD) | ☐ Other |
| ☐ Family & Friends | ☐ Media (Newspaper, Radio, TV, News) | |
| ☐ Health Department in another county | ☐ Montgomery County Health Department (Facebook, Website, etc.) | |

APPENDIX B: 2022 COMMUNITY HEALTH SURVEY

9. Preventative Care: In the past year, have you had any of the following? Check all that apply

- | | | |
|--|--|---|
| ☐ Blood Pressure, Diabetes, and Cholesterol Test | ☐ Mammogram | ☐ Sexually Transmitted Infection Screening |
| ☐ Colonoscopy | ☐ Pap Test/Pelvic Exam | ☐ Test for HIV, Hepatitis B, or Hepatitis C |
| ☐ Flu Shot | ☐ Pneumonia Shot | ☐ None |
| ☐ Hep A Shot | ☐ Prostate Exam | |

10. If your primary care provider/doctor is unavailable OR you have no health insurance, would you bring your child to the Montgomery County Health Department for a well-child/school physical?

- ☐ Yes
☐ No
☐ Not sure
☐ I do not have children

11. Do you currently have the following? Check all that apply

- | | | |
|---|---|--|
| ☐ Air Conditioning | ☐ Sewage – Approved Composting | ☐ Water – Harvested Rainwater |
| ☐ Childcare | ☐ Sewage – Municipal Sewer (Public sewer service) | ☐ Water – Municipal Water (Public water service) |
| ☐ Electric | ☐ Sewage – Septic Tank | ☐ Water – Well |
| ☐ Heating System | ☐ Sewage – Unapproved straight pipe | ☐ None |
| ☐ Housing | ☐ Trash Pick-Up | |
| ☐ Internet Access at home | ☐ Water – Cistern | |

12. If you are on septic, do you feel that your system functions properly?

- ☐ Yes
☐ No, but I have the means to correct the issue
☐ No, and I need help with funding to repair the septic system
☐ I am not on septic

13. In the past year, have you experienced any of the following barriers related to money when it comes to receiving health care when you needed it? Check all that apply

- | | | |
|---|--|---|
| ☐ Can't afford fuel for the vehicle or transportation | ☐ Can't afford the health care visit | ☐ Past due bill with a health care provider |
| ☐ Can't afford medical equipment | ☐ Can't take time off work | ☐ Other barriers due to money |
| ☐ Can't afford prescription medicine | ☐ No insurance | ☐ None |

14. What is your current living situation?

- ☐ Rent
☐ Own
☐ Live with family or friends
☐ Homeless
☐ Other

15. Do you own a vehicle?

- ☐ Yes
☐ No

APPENDIX B: 2022 COMMUNITY HEALTH SURVEY

16. Which of the following food groups do you eat daily? Check all that apply

- | | | |
|---|----------------------------------|--|
| ☐ Beef | ☐ Vegetables | ☐ Nuts/Seeds |
| ☐ Poultry (Chicken, Turkey, etc.) | ☐ Fruits | ☐ Chips or Cookies |
| ☐ Fish | ☐ Bread | ☐ Pre-packaged foods |

17. How many meals do you typically prepare or cook at home each day?

- ☐ 1
☐ 2
☐ 3+
☐ None

18. Do you feel you have access to fresh foods for healthier meal options at home and public food establishments?

- ☐ No
☐ Only for home-prepared meals
☐ I find healthy options no matter where I am eating

19. Do you utilize the farmers market for locally produced/sourced products and ingredients?

- ☐ Yes
☐ No

20. Do you exercise?

- ☐ Yes, usually at home
☐ Yes, usually at a recreational center/gym
☐ Yes, usually at a public park
☐ Yes, somewhere not listed above
☐ No

21. If yes, how many days a week?

- ☐ 1-2
☐ 3-4
☐ 5+
☐ I do not exercise

22. In the past year, have you experienced any of the following barriers due to something other than money when it comes to receiving health care when you needed it? Check all that apply

- | | | |
|---|---|--|
| ☐ Can't receive information about health in my preferred language | ☐ Mental disability | ☐ Physical disability |
| ☐ Can't understand the information I'm given by the health care provider | ☐ My health care provider does not treat me with respect | ☐ Waiting too long in the healthcare provider's waiting room |
| ☐ Difficulty reading instructions that my health care provider gives me | ☐ Need help at home to follow medical instructions | ☐ Other barriers due to something other than money |
| ☐ Don't know where to go for help | ☐ No one to watch my children | ☐ None |
| ☐ Finding a healthcare provider who will accept my insurance | ☐ No transportation | |
| ☐ I don't feel comfortable telling a healthcare provider about my health problems | ☐ Not being able to get an appointment with my healthcare provider in a timely manner | |

APPENDIX B: 2022 COMMUNITY HEALTH SURVEY

23. In the past year, have you gone without any of the following for any reason? Check all that apply

- | | | |
|---|---|---|
| ☐ Addiction Services | ☐ Food | ☐ Transportation |
| ☐ Paying bills on time | ☐ Housing | ☐ Utility Needs (water, electricity) |
| ☐ Childcare | ☐ Help to find jobs | ☐ Other |
| ☐ Domestic Violence support/help | ☐ Medical Assistance | ☐ None |
| ☐ Eldercare | ☐ Mental Health Services | |

24. Regarding Substance Abuse in Montgomery County, how would you rate the following substances in the county? If you know a user of the substance (including yourself), please mark the fourth box in addition to your rating.

	Not a Problem	Slight Problem	Major Problem	I know someone who uses this	I don't know
Alcohol	☐	☐	☐	☐	☐
Cigarettes/Cigars	☐	☐	☐	☐	☐
Cocaine	☐	☐	☐	☐	☐
E-cigarettes	☐	☐	☐	☐	☐
Fentanyl	☐	☐	☐	☐	☐
Huffing/inhalants/Snorting	☐	☐	☐	☐	☐
IV Drug Use	☐	☐	☐	☐	☐
Marijuana	☐	☐	☐	☐	☐
Meth	☐	☐	☐	☐	☐
Prescription Drugs/Heroin	☐	☐	☐	☐	☐
Smokeless Tobacco	☐	☐	☐	☐	☐

25. Excluding alcohol and tobacco, which of the following BEST describes you?

- ☐ I do not use substances like cocaine, marijuana, heroin, meth, etc.
☐ I sometimes experiment with substances like cocaine, marijuana, heroin, meth, etc.
☐ I often use substances like cocaine, marijuana, heroin, meth, etc.
☐ I have a diagnosed substance abuse disorder, but I am not in treatment
☐ I have a diagnosed substance abuse disorder and I am currently in treatment for substance abuse
☐ I am in recovery for substance abuse

26. Excluding alcohol and tobacco, which of the following is the biggest drug problem in Montgomery County?

- ☐ Cocaine
☐ Fentanyl
☐ Heroin
☐ Marijuana
☐ Meth
☐ Prescription pain killers (hydrocodone, Vicodin, Oxycontin)
☐ Other
☐ I don't know

27. Which BEST describes you?

- ☐ Generally, my mental health is good
☐ I sometimes struggle with my mental health, but I do not have a mental health diagnosis
☐ I often struggle with my mental health, but I do not have a mental health diagnosis
☐ I have a mental health diagnosis (e.g., anxiety, depression, etc.) but I am not currently in treatment/counseling
☐ I have a mental health diagnosis (e.g., anxiety, depression, etc.) and I am currently being treated for it/in counseling

28. Looking at the list below, what would be your top 3 barriers if you were to ever need treatment for substance abuse?

- | | | |
|--|--|---|
| ☐ Fear of losing my family | ☐ My own self-judgment/Shame | ☐ Lack of privacy/confidentiality |
| ☐ Fear of losing my job | ☐ Cost/Lack of health insurance | ☐ Not knowing where to go for help |
| ☐ Fear of going to jail/prison | ☐ Lack of transportation | ☐ Childcare |
| ☐ Others' judgment of me/Stigma | ☐ Lack of treatment options | ☐ Other |

29. Do you think that Montgomery County needs a Syringe Exchange program for IV Drug Users? This program could provide HIV/Hepatitis C testing and prevention supplies, education regarding transmission, Narcan, Narcan training, wound care, proper syringe disposal, referrals to drug treatment, and other additional treatment options and free, clean, syringes.

- ☐ Yes
☐ No
☐ Undecided

APPENDIX B: 2022 COMMUNITY HEALTH SURVEY

DEMOGRAPHICS

30. What is your 5-digit zip code?

☐ 40353

☐ 40337

☐ Other (please specify) _____

31. What is your race/ethnicity? Check all that apply

☐ American Indian or Alaska Native

☐ Asian or Asian American

☐ Black or African American

☐ Hispanic or Latino

☐ Middle Eastern or North African

☐ Native Hawaiian

☐ Other Pacific Islander

☐ White

32. What age group would best describe you?

☐ Under 18

☐ 18-24

☐ 25-34

☐ 35-44

☐ 45-54

☐ 55 and above

33. Which of the following do you consider yourself to be?

☐ Female

☐ Male

☐ Transgender man/trans man/female-to-male (FTM)

☐ Transgender woman/trans woman/male-to-female (MTF)

☐ Genderqueer/gender non-conforming neither exclusively male nor female

☐ Other (please specify) _____

☐ Prefer not to answer

34. Which of the following do you consider yourself to be?

☐ Heterosexual/Straight

☐ Gay/Lesbian

☐ Bisexual/Pansexual

☐ Other (please specify) _____

☐ Prefer not to answer

35. What is your current marital status?

☐ Divorced

☐ Living with a Partner

☐ Married

☐ Separated

☐ Single

☐ Widowed

36. What is the highest degree or level of school you have completed?

☐ No schooling completed

☐ Some college, but no degree

☐ Bachelor's degree

☐ Less than a high school diploma

☐ Trade/Technical/Vocational Training

☐ Master's degree, professional degree, or Doctorate

☐ High School Diploma or GED

☐ Associate degree

37. What is your employment status?

☐ Employed full time

☐ Out of work and looking for work

☐ Self-employed

☐ Employed part-time

☐ Out of work, but not currently looking for work

☐ Student

☐ Homemaker

☐ Retired

☐ Unable to work/Disabled

☐ Military

☐ Seasonal

☐ Veteran

APPENDIX B: 2022 COMMUNITY HEALTH SURVEY

38. What was your total household income from all sources in 2021?

- | | | |
|---|---|---|
| ☐ Less than \$15,000 | ☐ \$35,000 - \$49,999 | ☐ \$100,000 and above |
| ☐ \$15,000 - \$24,999 | ☐ \$50,000 - \$74,999 | ☐ I Don't Know |
| ☐ \$25,000 - \$34,999 | ☐ \$75,000 - \$99,999 | |

39. Would you like to be entered into a drawing? Your survey responses will in no way be linked to your contact information. Drawing for prizes will take place at the end of the survey collection period (Winter 2022).

- ☐ Yes
☐ No

If yes, please provide us with your

- First name
- Working phone number OR email address

Thank you for taking the time to complete this community health survey. We are aiming to have results compiled and released in the Winter of 2022. If you would like more information about this community project or to learn how to obtain results, please contact the number below.

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